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Sex differences in the alcohol-mediated modulation of BLA network states

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1	Sex differences in the alcohol-mediated modulation of BLA network states
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Abstract

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- 2 Alcohol use, reported by 85% of adults in the United States, is highly comorbid with mood
- 3 disorders, like generalized anxiety disorder and major depression. The basolateral amygdala
- 4 (BLA) is an area of the brain that is heavily implicated in both mood disorders and alcohol use
- 5 disorder. Importantly, modulation of BLA network/oscillatory states via parvalbumin-positive
- 6 (PV) GABAergic interneurons has been shown to control the behavioral expression of fear and
- 7 anxiety. Further, PV interneurons express a high density of δ-subunit-containing GABA_A
- 8 receptors (GABA_ARs), which are sensitive to low concentrations of alcohol. Therefore, we
- 9 hypothesized that the effects of alcohol may modulate BLA network states that have been
- associated with fear and anxiety behaviors via δ -GABA_ARs on PV interneurons in the BLA.
- Given the impact of ovarian hormones on the expression of δ -GABA_ARs, we also examined the
- ability of alcohol to modulate local field potentials (LFPs) in the BLA from male and female
- 13 C57BL/6J and Gabrd mice after acute and repeated exposure to alcohol. Here, we demonstrate
- that acute and repeated alcohol can differentially modulate oscillatory states in male and female
- 15 C57BL/6J mice, a process which involves δ -GABA_ARs. This is the first study to demonstrate
- that alcohol is capable of altering network states implicated in both anxiety and alcohol use
- 17 disorders.

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Significance Statement

- 19 Alcohol use disorder and mood disorders are highly comorbid. The basolateral amygdala (BLA)
- 20 is implicated in both disorders, but the mechanisms contributing to their shared pathophysiology
- 21 remain uncertain. Here we demonstrate that acute and repeated alcohol exposure can alter

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2011; Agoglia and Herman, 2018).

22	network oscillations in the BLA which control the behavioral expression of fear and anxiety.
23	These data suggest that alcohol may directly influence network states associated with mood.
24	Further, we demonstrate sex differences in alcohol's ability to modulate BLA network states, an
25	effect involving $\delta\text{-}GABA_A$ receptors, which may contribute to sex differences in alcohol intake
26	and comorbid mood disorders. These data potentially point to a novel mechanism mediating the
27	effects of alcohol on affective states.
28 29	Keywords: alcohol use disorder; basolateral amygdala; local field potentials; network states; oscillations; sex differences; GABA; extrasynaptic receptors
30	
31	Introduction
32	Alcohol is the most widely used drug in the United States, with approximately 85% of adults
33	reporting alcohol use in their lifetime. Despite this high rate of use, only about 5% will go on to
34	develop an alcohol use disorder while most adults continue to drink without reaching this
35	diagnostic criterion (SAMHSA, 2020). The transition from first drink to alcohol dependence is
36	encouraged by both the positive and negative reinforcing effects of alcohol, each with
37	corresponding neurobiological frameworks (Gilpin and Koob, 2008). Comorbid mood disorders
38	such as major depression and anxiety disorders, contribute to the reinforcing effects of alcohol
39	by pushing individuals to drink to relieve tension in high stress or high anxiety situations
40	(Kushner et al., 2011). The basolateral amygdala (BLA) has been identified as a brain region

Accumulating evidence demonstrates a critical role for oscillatory states in the BLA in modulating fear and anxiety-like behaviors (Likhtik et al., 2013; Stujenske et al., 2014; Davis et

contributing to both alcohol use disorder and anxiety disorders (Silberman et al., 2009; Tye et al.,

45	al., 2017; Antonoudiou et al., 2021). However, the impact of alcohol on these network states has
46	not been explored. Network oscillations within and between brain areas represent a mechanism
47	for the transition between brain and behavioral states. Specifically, particular oscillation
48	frequencies within and between the BLA and mPFC are associated with either a fear (3-6 Hz) or
49	safety (6-12 Hz) state (Davis et al., 2017). This circuit, along with other regions like the
50	hippocampus, has also been shown to contribute to high and low anxiety states in mice (Likhtik
51	et al., 2013).
52	It is well established that the anxiolytic properties of alcohol can motivate consumption and
53	contribute to the high comorbidity of alcohol use disorders and mood disorders (Thomas et al.,
54	2003; Smith and Randall, 2012; Mason et al., 2018). However, it is unclear how alcohol impacts
55	network states underlying modulation of anxiety states. Here we examine the ability of acute,
56	low dose alcohol to modulate BLA network activity in alcohol naïve mice, using local field
57	potentials (LFPs) to measure network oscillations in the BLA in male and female C57BL/6J
58	mice during acute and repeated exposures to alcohol.
59	The generation of oscillations is thought to involve the ability of GABAergic interneurons,
60	particularly parvalbumin (PV) expressing interneurons, to synchronize populations of principal
61	neurons (Bartos et al., 2007; Sohal et al., 2009; Fuchs et al., 2017). Somatic-targeting, fast-
62	spiking PV interneurons exert powerful control over a large network of excitatory principal cells,
63	and as such, are capable of generating and synchronizing oscillations to orchestrate network
64	communication (Mcdonald, 1992; Bocchio and Capogna, 2014). There is a critical role for PV
65	interneurons in oscillation generation within the BLA both ex vivo and in vivo, where PV
66	interneurons can shift oscillatory frequencies and drive behavioral states (Antonoudiou et al.,
67	2021; Ozawa et al., 2020; Davis et al., 2017).

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68	PV interneurons in the BLA express a high density of extrasynaptic δ subunit-containing
69	GABA _A Rs, which are uniquely sensitive to alcohol and play a role in regulating both alcohol
70	consumption and anxiety-like behaviors, including anxiety associated with alcohol withdrawal
71	(Glykys et al., 2007; Melón et al., 2018; Antonoudiou et al., 2021). Tonic inhibition mediated by
72	$\delta\text{-}GABA_{A}Rs \text{ has been shown to control hippocampal oscillations (Mann and Mody, 2010;}$
73	Pavlov et al., 2014) and loss of the δ subunit in PV interneurons alters γ oscillations in the CA3
74	region of the hippocampus (Ferando and Mody, 2013, 2014). Given the evidence that PV
75	interneurons, which modulate oscillations in the BLA, have a high density of δ subunit
76	expression, we further hypothesized that alcohol acts through $\delta\text{-}GABA_ARs$ in the BLA to
77	modulate oscillations associated with the network communication of fear and anxiety. To test
78	this, we examined the ability of alcohol to alter oscillatory states in the BLA of male and female
79	Gabrd ^{-/-} mice. Our findings suggest that the ability of alcohol to modulate network states
80	involves δ subunit-containing $GABA_{A}Rs. \ We conclude that alcohol can modulate BLA$
81	oscillatory states in a sex-specific manner, a process which, in part, involves $\boldsymbol{\delta}$ subunit-
82	containing GABA _A Rs.
83	Materials and Methods
84	Animals
85	Adult male and female C57BL/6J mice, aged 8-12 weeks old, were purchased from The Jackson
86	Laboratory (stock #000664) and group housed in temperature and humidity-controlled housing

rooms on a 12-hour light-dark cycle (lights on at 7AM) with ad libitum food and water. Animals

were handled according to protocols and procedures approved by the Tufts University

Institutional Animal Care and Use Committee (IACUC). Female mice are maintained in an

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acyclic state without exposure to males. Global Gabra knockout mice were bred in house 90 (Mihalek et al., 1999, 2001). Mice were single housed and habituated to new cages for 24 hours 91 before the start of experiments. 92 93 Stereotaxic Surgery 94 All mice undergoing surgery were anesthetized with ketamine/xylazine (90 mg/kg and 5-10 95 mg/kg, respectively, i.p.) and treated with sustained release buprenorphine (0.5-1.0 mg/kg, s.c.). 96 A lengthwise incision was made to expose the skull and a unilateral craniotomy was performed 97 to lower a depth electrode (PFA-coated stainless-steel wire, A-M systems) into the BLA (AP -1.50 mm, ML 3.30 mm, DV -5 mm), affixed to a head mount (Pinnacle #8201) with stainless 98 99 steel screws as ground, reference, and frontal cortex EEG (AP ± 0.75 mm, ML ± 0.3 mm, DV -2.1 mm) electrodes. EMG wires were positioned in the neck muscles. 100 101 LFP Recordings LFP recordings were performed in male and female C57BL/6J and Gabrd in mice after a week of 102 recovery from implant surgery. LFP recordings were acquired using Lab Chart software (AD 103 Instruments) collected at 4 KHz and amplified 100X. Spectral analysis was performed in 104 105 MATLAB (Antonoudiou et al., 2021) using MatWAND (https://github.com/pantelisantonoudiou/MatWAND) which utilizes the fast Fourier transform 106 similar to previous reports (Kruse and Eckhorn, 1996; Frigo and Johnson, 1998; Pape et al., 107 108 1998; Freeman et al., 2000). Briefly, recordings were divided into 5 second overlapping

segments and the power spectral density for a range of frequencies was obtained (Oppenheim et

al., 1999). LFP power was quantified as power area.

111	Acute & Repeated Alcohol Exposure
112	Mice were habituated to new cages with ad libitum food and water for 24 hours before starting
113	the experimental paradigm. All injections were performed 2-3 hours into the light cycle (on at 7
114	AM) at the same time each day across all cohorts. A dose-response of four doses (0.5, 1.0, 1.5,
115	and 2.0 g/kg i.p.) was completed in a group of male C57BL/6J mice to determine the appropriate
116	dose to use in our experiments. The acute exposure consisted of a 60-minute baseline period
117	followed by a saline injection (0.9% NaCl i.p.) and a subsequent 1 g/kg ethanol injection (20%
118	v/v i.p.). The repeated exposure consisted of a 60-minute baseline period followed by an i.p.
119	injection of either saline or 1 g/kg ethanol (20% v/v) for five consecutive days. For the females,
120	the acute ethanol exposure was calculated from the first day of the repeated exposure paradigm.
121	Blood Ethanol Concentration (BEC) Measurements
122	Blood from the submandibular vein was collected from a separate cohort of male and female
123	C57BL/6J mice 15 minutes after exposure to alcohol (1 g/kg i.p.) on days 1, 2, and 5 of repeated
124	alcohol exposure. Blood was spun down at 1.8xg for 15 minutes at 4°C and serum was stored at -
125	80°C until BEC measurements were performed using the BioAssay Systems EnzyChrom Ethanol
126	Assay Kit (ECET-100) according to the manufacturing protocol. Measurements are reported in
127	mg/dl.
128	Immunohistochemistry
129	Immunohistochemistry was performed as previously reported (Melón et al., 2018) in a separate
130	cohort of C57BL/6J mice 30 minutes following repeated exposure to vehicle or alcohol for five
131	days. Mice were anesthetized with isoflurane, transcradially perfused with 0.9% saline and 4%

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paraformaldehyde (PFA), the brains were rapidly excised, fixed in 4% PFA overnight, and subsequently cryoprotected in 10% and 30% sucrose. The brains were then flash frozen using isopentane and stored at -80°C until cryosectioning. Free floating 40 µm coronal slices were costained for PV and δ using universal antigen retrieval buffer (R&D systems CTS015) and primary antibodies against δ-GABA_AR (1:100, Phosphosolutions 868A-GDN) and PV (1:1000, Sigma P3088) for 72 hours at 4°C. The slices were then incubated with a biotinylated goat antirabbit (1:1000, Vector Laboratories BA1000) and Alexa-Fluor 647 conjugated goat anti-mouse (1:200, ThermoFisher Scientific A28181) for two hours at room temperature and streptavidin conjugated Alexa-Fluor 488 (1:200, ThermoFisher Scientific S32354) for two hours at room temperature. Slices were mounted and cover slipped with antifade hard set mounting medium with DAPI (Vectashield H1500). Fluorescent labeling in the BLA was imaged on a Nikon A1R confocal microscope and z-stacks were acquired using a 20X objective. Camera settings were kept consistent across samples and cohorts. The images were analyzed using Image J software by outlining PV-positive interneurons using the ROI manager and measuring the integrated density of PV and δ expression on the outlined PV-positive interneurons. Each cell was considered its own data point within each animal. Statistical Analysis Data were analyzed using Prism 8 software (GraphPad) and MatWAND in MATLAB (Mathworks). To ensure a consistent time period for analysis across cohorts, we analyzed the first 40 minutes of baseline and the first 35 minutes of each injection period. Repeated measures two-way ANOVAs were performed to detect significance of frequency, treatment, sex, or

model was used if values were missing across days. A post-hoc Šídák's multiple comparisons test

genotype. A Greenhouse-Geisser correction was applied where necessary. A mixed effects

155	was performed to identify significant differences of specific frequency ranges. ANOVA results
156	are reported in Extended Data Table 1-1, 2-1, and 3-1. Multiple comparisons are reported in
157	Extended Data Table 1-2, 2-2, and 3-2. P values < than 0.05 were considered significant. All n
158	values for each treatment group are shown in the figure legends.
159	Results
160	Alcohol modulates BLA network states
161	To characterize the effect of acute alcohol on BLA oscillations in wild type mice, we recorded
162	LFPs in the BLA of C57BL/6J mice in response to either a vehicle (0.9% saline i.p.) or alcohol
163	(1 g/kg i.p.) injection (Figure 1A, B). We found that vehicle injections in male C57BL/6J mice
164	significantly decreased high θ power (6-12 Hz) ($p = 0.0117, 95\%$ C.I = [0.04658, 0.4029]), while
165	increasing the low γ (40-70 Hz) (p = 0.0027, 95% C.I = [-0.9799, -0.2066]), and high γ power
166	(80-120 Hz) $(p = 0.0103, 95\% \text{ C.I} = [-0.6491, -0.08079])$ as compared to baseline (Figure 1-
167	1A). However, we did not find any difference between the two vehicle injections, indicating
168	there was no sensitization or adaptation to the second injection. We have previously observed the
169	impact of vehicle injections on oscillatory states in the BLA (Antonoudiou et al., 2021), which
170	likely reflects the network response to the stress of the injection. Therefore, all results are
171	compared to the first vehicle injection within the treatment paradigm.
172	We performed a dose-response examining changes in network activity in response to four
173	different doses of alcohol (0.5, 1.0, 1.5, 2.0 g/kg i.p.; Figure 1-2). These experiments determined
174	that the 1.0 g/kg dose was capable of significantly altering relevant BLA network state
175	frequencies without producing lethargy or sedation in the mice (6-12 Hz: $p = 0.030$, 95% C.I =

[0.024, 0.450; Figure 1-2A-C). Therefore, we chose this concentration for our experiments

177	throughout this study. In response to alcohol treatment in male C57BL/6J mice, the power in the
178	β frequency range (15-30 Hz) is decreased compared to vehicle ($p = 0.034, 95\%$ C.I = [0.01033,
179	0.2925]; Figure 1C, E, G; Figure 1-1C). This indicates that alcohol can modulate specific
180	oscillatory frequencies within the BLA that are implicated both in addiction and mood disorders
181	(Jurado-Barba et al., 2020).
182	Alcohol modulates BLA network states in a sex-dependent manner
183	Because of the well documented sex differences in alcohol related behaviors (Melón et al., 2013;
184	Barkley-Levenson and Crabbe, 2015; Becker and Koob, 2016; Sneddon et al., 2019), we treated
185	female C57BL/6J to the same acute alcohol paradigm as described in males (Figure 1B). Similar
186	to the males, we did not find any significant differences between the two vehicle injections in the
187	vehicle/vehicle control experiments in females (Figure 1-1B). We did find that vehicle
188	significantly decreased high θ power as compared to baseline ($p = 0.0273, 95\%$ C.I = [0.2699,
189	0.4296]; Figure 1H), similar to what we observed in the males. Additionally, there was no
190	significant difference between the male and female C57BL/6J BLA LFP response to the vehicle
191	injection (figure not shown).
192	In response to acute alcohol exposure, we found that alcohol significantly decreased the γ band
193	power in female C57BL/6J mice as compared to vehicle ($p = 0.0014$, 95% C.I = [0.2955,
194	0.9441]; Figure 1D, F, H; Figure 1-1D), a unique signature from the males. Interestingly, this
195	reduction in γ power represents a blunting of the increase in power exhibited by the vehicle
196	injection (Figure 1F). Although alcohol decreased BLA power in different frequency bands in
197	males and females, there were no direct significant differences between groups (figure not

198	shown). Collectively, these data suggest that acute ethanol modulates the BLA network
199	differently in male and female mice.
200	Alcohol modulation of BLA network states involves δ subunit-containing GABA ₄ Rs
201	Previous literature has supported the role of δ -GABA _A Rs in mediating the effects of alcohol on
202	tonic inhibition, drinking and withdrawal behaviors (Wallner et al., 2003; Santhakumar et al.,
203	2007; Melón et al., 2018; Darnieder et al., 2019). Therefore, to test whether alcohol is mediating
204	its effects on BLA network states through $\delta\text{-}GABA_ARs,$ we repeated the same procedure in male
205	and female <i>Gabrd</i> ^{-/-} mice. We found that vehicle injections significantly increased BLA power at
206	low γ frequencies only in the vehicle/alcohol condition in male \textit{Gabrd}^{-1} mice as compared to
207	baseline ($p = 0.0121, 95\%$ C.I = [-1.062, -0.1299]; Figure 2A-B). In both $Gabrd^{-/-}$ males and
208	females, we did not find any significant difference between vehicle injections (Figure 2-1).
209	Unlike C57BL/6J males, acute alcohol significantly decreased the low γ band of $Gabrd^{-1}$ males
210	$(p = 0.020, 95\% \text{ C.I} = [0.07, 0.78]; \text{ Figure 2A-B}) \text{ and } Gabrd^{-1} \text{ females } (p = 0.0012, 95\% \text{ C.I} = 0.0012)$
211	[0.1731, 0.5352]; Figure 2C-D) as compared to vehicle. This effect was similar to, but not as
212	robust an effect, as in C57BL/6J females. However, direct comparisons between male C57BL/6J
213	and male $Gabrd^{-1}$ mice or between C57BL/6J females and $Gabrd^{-1}$ females did not detect
214	significant differences in the ability of alcohol to modulate oscillatory states (figure not shown).
215	Collectively, these data suggest that the loss of the GABA $_{A}R$ δ subunit impacts the network
216	effect of alcohol more profoundly in males and induces a similar network effect as observed in
217	C57BL/6J females.
218	Ability of repeated alcohol exposure to modulate BLA network states is dependent on δ subunit-
219	containing GABA _A Rs

220	Since we established that acute alcohol could modulate specific oscillatory frequencies in the
221	BLA, we were interested in how BLA LFPs changed over time in response to repeated doses of
222	alcohol. Male C57BL/6J and <i>Gabrd</i> ^{-/-} mice received vehicle (0.9% saline) or low dose (1 g/kg
223	i.p.) alcohol for five consecutive days (Figure 3A). We did not find significant effects of repeated
224	vehicle injections across days in either the male C57BL/6J or male <i>Gabrd</i> ^{-/-} mice (Figure 3-1A,
225	C).
226	Interestingly, in response to repeated alcohol treatment, we found a change in the baseline low γ
227	power from the first to last day (BASE2-BASE1) in male C57BL/6J mice ($p = 0.0252, 95\%$ C.I
228	= [0.03785, 0.6384]; Figure 3-2A), which may be an anticipatory change associated with
229	repeated alcohol administration. In response to alcohol treatment, we observed a significant
230	increase in low γ power from the first to last day of exposure (EtOH-BASE2) ($p = 0.0305, 95\%$
231	C.I = [-0.7087, -0.03272]; Figure 3C) along with an increase in BEC (first: 161.4 mg/dl, last:
232	189.8 mg/dl; $p < 0.0001$, 95% C.I = [-160.4, -95.81]; Figure 3A). In contrast, we did not observe
233	significant effects of repeated alcohol on baseline or treatment in male Gabrd imice (Figure 3D;
234	Figure 3-2C).
235	Direct comparison between male C57BL/6J and <i>Gabrd</i> ^{-/-} mice on the first day of alcohol
236	exposure does not reveal any significant changes within baseline (Figure 4-1A), but did find that
237	male C57BL/6J mice had significantly decreased high θ ($p = 0.0138, 95\%$ C.I = [-1.061, -
238	0.1088]) and β ($p = 0.0022, 95\%$ C.I = [-0.7193, -0.1659]) BLA power as compared to male
239	Gabrd ^{-/-} mice in response to alcohol exposure (Figure 4A). By the last day, there were significant
240	decreases within the baseline period specifically in the low ($p = 0.0343, 95\%$ C.I = [-0.9892, -
241	0.03576]) and high γ ($p = 0.0062, 95\%$ C.I = [-0.5908, -0.09553]) BLA power in male C57BL/6J
242	mice as compared to male <i>Gabrd</i> ^{-/-} mice (Figure 4-1B), again likely attributed to the role of the

243	$GABA_{A}R$ δ subunit in the anticipatory effects of repeated alcohol exposure. In response to
244	repeated alcohol administration, we observed a significant increase in the high $\boldsymbol{\gamma}$ frequency range
245	in male C57BL/6J mice compared to male $Gabrd^{-1}$ mice ($p = 0.0203, 95\%$ C.I = [0.02211,
246	0.2899]; Figure 4B). Overall, these results suggest a blunted impact of acute and repeated
247	alcohol exposure on BLA oscillatory states in mice lacking the GABA_R δ subunit. Further,
248	these data indicate a role for $\delta\text{-}GABA_ARs$ in adapting to alcohol exposure over time, as well as
249	anticipating alcohol treatment as shown by the changes in baseline in male C57BL/6J mice, but
250	not Gabrd - mice.
251	Sex differences in BLA network states in response to repeated alcohol exposure
252	Repeated alcohol exposure in female C57BL/6J and Gabrd ^{-/-} mice involved acute alcohol or
253	vehicle exposure on day one and the repeated alcohol exposure days two to five (Figure 3B). We
254	will be using their second day of exposure in our repeated alcohol comparisons, which were not
255	significantly different in female C57BL/6J mice (Figure 3-3A). Neither day one nor day two
256	were significantly different from day five in female <i>Gabrd</i> - mice (Figure 3-3B-C). Therefore,
257	we continued to use day two as the first day of repeated exposure in our analysis.
258	We did not observe significant effects of vehicle exposure across days in female C57BL/6J
259	(Figure 3-1B) or female <i>Gabrd</i> ^{-/-} mice (Figure 3-1D). Interestingly, unlike the males, we did not
260	observe any significant effect of repeated alcohol in C57BL/6J female and <i>Gabrd</i> ^{-/-} females
261	across days (Figure 3D, F; Figure 3-2B, D) despite an increase in BEC in female C57BL/6J mice
262	from the first to last day of exposure (first: 151.1 mg/dl, last: 257.3 mg/dl; $p = 0.0072$, 95% C.I

= [-166.0, -46.32; Figure 3B).

Direct comparison between C57BL/6J males and females did not reveal significant differences at
any frequency range within the baseline period (Figure 4-1C) or in the effect of alcohol from
baseline (Figure 4C) on the first day of exposure. However, by the last day, we found an increase
in high θ ($p = 0.0435$, 95% C.I = [0.01858, 1.216]) and a decrease in high γ power within the
baseline of males, but not in the females ($p = 0.0122, 95\%$ C.I = [-0.5198, -0.06395]; Figure 4-
1D). In response to repeated alcohol exposure, males exhibited a significantly reduced power in
the high θ frequency range in C57BL/6J males with no effect in females ($p = 0.0433, 95\%$ C.I =
[-1.085, -0.01596]; Figure 4D). There was no significant difference between male and female
BECs on day one or day five suggesting the same level of alcohol intoxication modulates BLA
LFPs differentially in the two sexes. Collectively, these data suggest that male C57BL/6J mice
are becoming more sensitive to the sedative effects of alcohol as demonstrated by the significant
effects of repeated alcohol administration on γ frequency ranges, an effect that involves the
GABA _A R δ subunit (Pian et al, 2008).
Repeated alcohol exposure alters δ expression on PV interneurons in the BLA
Alcohol exposure can change the expression of GABA _A R subunits (Liang et al., 2004; Olsen et
al., 2012; Lindemeyer et al., 2014; Follesa et al., 2015) and sex differences in GABA $\!$
subunit expression has been reported (Maguire et al., 2005). Changes in the expression of the
$GABA_{A}R\ \delta\ subunit,\ whether\ through\ genetic\ deletions\ or\ hormone\ fluctuations\ during$
pregnancy, can alter specific oscillation frequencies in the hippocampus (Ferando and Mody,
2013, 2015). Therefore, we hypothesized that altered expression of the GABA _A R δ subunit on
PV interneurons in the BLA may contribute to our observed sex differences in BLA network
states. Thus, we examined whether there were any potential sex differences in GABA_AR δ
subunit expression in the BLA or in δ expression associated with alcohol exposure. We observed

287 a higher δ expression on PV interneurons in naive female C57BL/6J mice (M = 1002542, SEM =45011) as compared to naive male C57BL/6J mice (M = 538252, SEM = 12440; t [424] = 10.39, 288 p < 0.0001; Figure 5B) with no change to PV immunoreactivity (female: M = 1464808, SEM =289 51507; male: M = 1448517, SEM = 97320; Figure 5A). Interestingly, vehicle treatment alone 290 reduced PV immunoreactivity in females compared to males (p < 0.0001, 95% C.I = [267746, 291 292 621366]; Figure 5D) and also reduced δ expression on PV neurons in females as compared to 293 males (p < 0.0001, 95% C.I = [35568, 126727]; Figure 5E). These data demonstrate baseline sex 294 differences in the expression and lability of GABA_AR δ expression on PV interneurons in the BLA. 295 Repeated alcohol treatment reduced PV immunoreactivity in males as compared to vehicle (p < 296 0.0001, 95% C.I = [147380, 518402]; Figure 5D). In contrast, repeated alcohol exposure in 297 females did not alter PV immunoreactivity but did significantly reduce GABAAR δ expression 298 299 on PV interneurons compared to vehicle (p = 0.0018, 95% C.I = [15583, 98517]; Figure 5E), an 300 effect that was not observed in males. Comparing males and females exposed to repeated alcohol, PV immunoreactivity (p = 0.0195, 301 95% C.I = [22163, 362911]; Figure 5D) and δ expression on PV interneurons are reduced in 302 303 females as compared to males (p < 0.0001, 95% C.I = [54848, 142689; Figure 5E). These data 304 implicate that changes in GABA_AR δ expression on PV interneurons may mediate sex differences and the response to repeated alcohol exposure. 305 306 Discussion 307 Network states have been shown to correlate with behavioral states and accumulating evidence 308 demonstrates that signature oscillatory states in the BLA are associated with fear and anxiety

states (Likhtik et al., 2013; Stujenske et al., 2014; Davis et al., 2017; Antonoudiou et al., 2021).
In fact, optogenetically driving specific oscillatory states influences the behavioral expression of
fear (Ozawa et al., 2020) and learned helplessness (Antonoudiou et al., 2021). However, limited
studies have examined the physiological, pathological, or pharmacological mechanisms
mediating transitions between network and behavioral states. Recent work has demonstrated that
chronic stress can perturb oscillations in the BLA and a clinically effective antidepressant
treatment can restore the "healthy" network state (Antonoudiou et al., 2021). Here, we examine
the impact of alcohol on BLA network states. Given the anxiolytic effects of alcohol, we posited
that alcohol may be capable of shifting the network state towards the anxiolytic state. We
demonstrate that acute alcohol exposure is capable of altering BLA network states and that there
are sex differences in the effect of alcohol on BLA network states, affecting different frequencies
in males and females. These data are the first to demonstrate that alcohol is capable of
modulating network states associated with affective states.
It has been demonstrated that PV interneurons are critical in orchestrating oscillatory states in the
BLA (Antonoudiou et al., 2021). PV interneurons in the BLA express a high density of δ -
GABA _A Rs, which have been suggested to be a target for low dose alcohol (Sundstrom-Poromaa
et al., 2002; Wallner et al., 2003; Hanchar et al., 2006; Santhakumar et al., 2007). However, the
actions of alcohol directly on these receptors remains somewhat controversial (Borghese et al.,
2006; Korpi et al., 2007). It is important to note that the majority of these studies focus solely on
principal neurons; GABAergic interneurons, on the other hand, have a unique receptor subunit
composition in which the δ subunit has been shown to partner with the $\alpha 1$ subunit, and have been
demonstrated to generate tonic GABAergic currents which are highly sensitive to low
concentrations of ethanol (Glykys et al., 2007). Thus, we proposed that the high expression of δ

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subunit-containing GABA_ARs on PV interneurons in the BLA may confer unique sensitivity to the effects of alcohol and, given the role of these interneurons in coordinating oscillations, may mediate the effects of alcohol on BLA network states. Here we demonstrate that δ -GABA_ARs influence the ability of alcohol to alter specific oscillatory states in the BLA, blunting the ability to shift network states. Specifically, we observed a reduction of β power from acute ethanol in male wild-type mice that was blunted in mice lacking δ-GABA_ARs (Figure 1, 2). Others have found reductions of β power in the nucleus accumbens shell during alcohol relapse related to reduced synchrony of the local network, suggesting this reduction we find in response to alcohol may also be from reduced synchrony (Hadar et al., 2016). This power detected in the β frequency may arise from the neighboring high θ oscillator, given the lack of a clear β peak (Figure 1-1C). Regardless, these data suggest that δ subunit-containing GABA_ARs are important players in mediating the effects of alcohol on oscillatory states related to mood/anxiety; although, it is also possible that other GABA_AR subtypes are involved. Previous studies demonstrated that δ has a specific role in lower frequencies as compared to higher frequencies (Antonoudiou et al., 2021), which may be true for the effects of alcohol as well. Further studies are required to investigate the impact of other $GABA_{\Lambda}R$ subtypes in mediating the ability of alcohol to modulate BLA network states given that previous studies have implicated other GABAAR subtypes, such as the γ 2 subunit, in anxiety-like behavior (Chandra et al., 2005) and alcohol withdrawal severity (Buck and Hood, 1998). It is also possible that alcohol's indirect effects on receptor expression, neurotransmitter availability, and other neuromodulators could account for the changes in BLA oscillations observed here (Morrow et al., 2001; Fleming et al., 2009; Olsen and Liang, 2017). For example, the effects of alcohol have been suggested to be mediated through the action of neuroactive steroids (Morrow et al., 2001; Finn et al., 2009; Finn and Jimenez, 2018) and given

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recent evidence that allopregnanolone can alter BLA network states (Antonoudiou et al., 2021), this may be an indirect mechanism whereby alcohol could modulate BLA network states. Arguing against this indirect mechanism is the evidence that alcohol exerts unique effects on BLA network states compared to allopregnanolone (Antonoudiou et al., 2021). Since expression of δ subunit-containing GABAARs have been shown to be sensitive to ovarian steroid hormone modulation and are implicated in sex differences in alcohol intake (Darnieder et al, 2019), we hypothesized that there may be sex differences in the ability of alcohol to modulate BLA network states through actions on these receptors. In fact, we do observe sex differences in the modulation of BLA network states by alcohol even though both male and female C57BL/6J mice reach similar BEC levels after alcohol exposure (Figure 3A, B). Interestingly, the loss of the GABA_AR δ subunit in males shifts the alcohol modulation of the BLA network state towards the signature that we observe for female C57BL/6J mice (Figure 1, 3) and we believe that the observed sex differences in the expression of δ subunit-containing GABA_ARs in the BLA (Figure 5) may underlie these differences. Further, there are well-documented sex differences in responses to alcohol, alcohol related anxiety-like behavior, and estrous-cycle dependent δ expression (Maguire et al., 2005; Rhodes et al., 2005; Barkley-Levenson and Crabbe, 2015), consistent with our observations of sex differences in the alcohol-induced modulation of network states. Additionally, sex differences have been reported in neural oscillations in major depressive disorder with oscillatory signatures of susceptibility (Thériault et al., 2021). Future studies are required to evaluate the relationship between the capacity of alcohol to modulate network states and voluntary alcohol consumption, the anxiolytic effects of alcohol, and the anxiogenic effects of alcohol withdrawal.

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To investigate whether the effect of alcohol on network states may be altered after repeated exposure, we treated mice with low dose alcohol for up to five days. Interestingly, we found that BLA network states changed before alcohol exposure. Given the evidence that the amygdala is involved in valence encoding and assignment, it is possible that network state changes before the alcohol exposure is reflective of the anticipation or expectation of the event, which has been demonstrated in a Pavlovian conditioning paradigm (Pignatelli and Beyeler, 2019; Tallot et al., 2020). We found robust effects of repeated alcohol exposure on the BLA LFP response of male C57BL/6J mice which was significantly different from the male Gabrd and female C57BL/6J mice. In fact, we found no differences in the extent of the effect of repeated alcohol on network states in female C57BL/6J or Gabra mice despite similar BEC levels between male and female C57BL/6J mice. It is possible that the change in BLA power in male C57BL/6J mice across repeated alcohol exposure is due to the increase in BEC rather than an adaptation to the injections. Indeed, our dose response data shows that higher doses of alcohol do have larger effects on BLA network states. Alcohol administration prominently affected γ band oscillations in the BLA, a network activity that has been associated with local network synchrony, affective learning and memory consolidation, (Bocchio et al., 2017; Antonodiou et al., 2021; Headley et al., 2021). Given the critical role of PV interneurons in the generation of BLA γ oscillations (Antonodiou et al., 2021; Headley et al., 2021), alcohol may directly modulate PV interneuron signaling. It's possible that reduction in tonic inhibition of PV interneurons in female and Gabra T ^{/-} mice makes PV interneurons more susceptible to the effects of acute ethanol leading to disruption in the generation of γ network oscillations in BLA. Since the downregulation of the δ subunit has been thought to confer tolerance to alcohol (Olsen and Liang, 2017), the reduction of δ subunit in female, but not male, C57BL/6J mice could

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explain the lack of effects on LFPs after repeated alcohol exposure. Further, GABAAR agonists and positive allosteric modulators, like neurosteroids which exert effects through the δ subunit, can block tolerance to the sedative effects of alcohol (Debatin and Barbosa, 2006; Barbosa and Morato, 2007). This could explain why alcohol does not change the BLA network in female C57BL/6J and Gabrd^{-/-} mice, who have reductions in δ-GABA_AR expression, after repeated administration like it does in male C57BL/6J mice. However, this study did not directly measure sensitization or tolerance to the effects of alcohol and future studies could link network and behavioral changes. Lastly, we found that δ expression on PV interneurons is increased in naive female C57BL/6J mice compared to males. Because we did not see any baseline differences in BLA network states between male and female C57BL/6J mice, this difference in expression may not impact BLA oscillations, but expression of δ in females does influence the response to alcohol exposure. The literature and recent findings demonstrate a strong role for PV interneurons in oscillation generation (Antonoudiou et al., 2021) giving support to the likely fact that alcohol's effects on PV interneurons are influencing the oscillations. However, due to the heterogeneity of the interneuron population in the BLA, it is possible other interneuron types, like somatostatin, cholecystokinin, or PKC-δ expressing cells may be involved in effecting oscillations (Klausberger et al., 2005). Furthermore, another major influence on BLA oscillations are other brain areas with strong network connections to the BLA, such as the medial prefrontal cortex (mPFC), which is heavily implicated in addiction (Goldstein and Volkow, 2011; Davis et al., 2017; Ozawa et al., 2020). Forced alcohol injections or alcohol induced aversion can cause stress to mice which may contribute to the observed effects (Eckardt et al., 1974). However, our experimental plan was

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designed to dissociate any stressful or unpleasant effects of the infusion from the effects of alcohol. Although we observed significant effects of vehicle injections on BLA LFP responses compared to baseline (Figure 1-1), we did not find any sensitization or tolerance to the injections in the acute alcohol experiment or across days in the repeated alcohol experiment (Figure 1-1, 2-1, 3-1), similar to what has been reported previously (Antonoudiou et al., 2021). Thus, we are confident that the observed effects of alcohol on BLA oscillatory states is due to the effects of alcohol rather than an aversive experience related to the route of administration. Further, our data suggest that the effects of alcohol may mitigate the stress-induced effects on the BLA network state. To our knowledge, this is the first demonstration that alcohol can modulate oscillations in the BLA, which have been implicated in governing behavioral states. Numerous studies have investigated the relationship of BLA network states to behavioral states; however, few studies have investigated mechanisms mediating transitions between BLA network states. The current study demonstrates that alcohol can induce a transition between network states associated with fear and anxiety, which may mediate the impact of alcohol on anxiety states. Future work is required to investigate how changes in the BLA relate to other connected areas implicated in alcohol use and anxiety, such as the central amygdala, mPFC, nucleus accumbens, BNST, and ventral striatum (Janak and Tye, 2015). Recordings of oscillations are stable over long periods of time and thus can be examined throughout the addiction cycle from intoxication to withdrawal to preoccupation in specific brain areas to understand how alcohol changes communication between these areas. Thus, this novel approach may demonstrate utility in understanding the trajectory from first exposure to alcohol dependence and the contribution of both the positive and negative reinforcing effects of alcohol.

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643	receptors at low concentrations known to affect humans. Proceedings of the National
644	Academy of Sciences 100:15218–15223.

Figure Legends

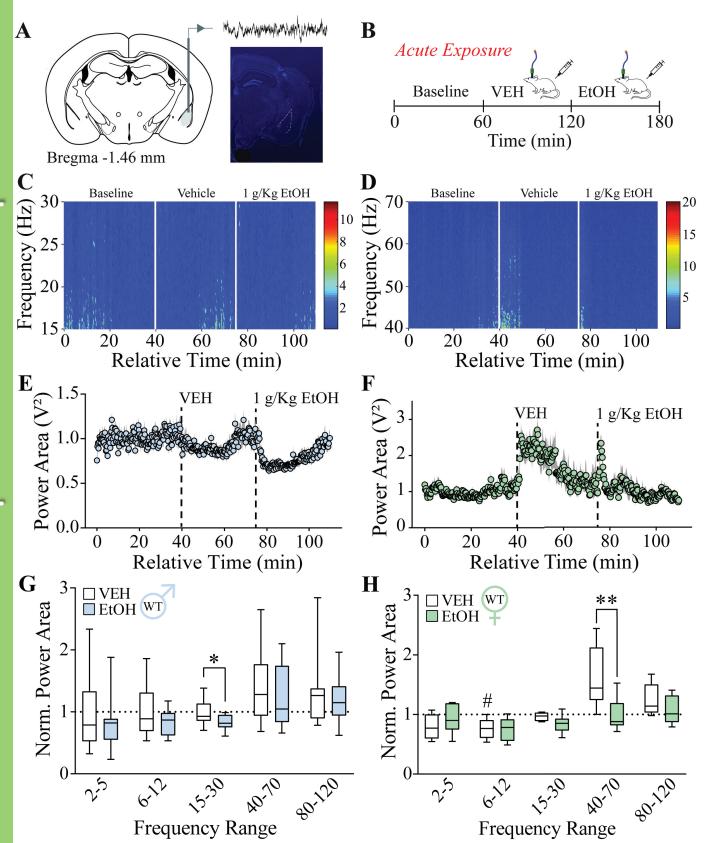
646	Figure 1. Acute alcohol alters BLA network activity differently in male and female C57BL/6J
647	mice. A Representative targeting of BLA LFP recordings. B, Acute alcohol exposure paradigm
648	consisted of LFP recordings during baseline (60 minutes), vehicle injection (0.9% saline i.p.; 60
649	minutes), and a treatment injection (0.9% saline or 1 g/kg alcohol i.p.; 60 minutes). This dose
650	was determined through a dose response (Figure 1-2). C, Representative male spectrogram of
651	normalized β power (15-30 Hz) and \mathbf{D} , representative female spectrogram of normalized γ power
652	(40-70 Hz) from acute alcohol exposure. E , Average normalized β power in males and F ,
653	average normalized γ power in females during acute injections of vehicle and alcohol (1 g/kg
654	i.p.; dose response shown in Figure 1-2). Dots represent the mean and the shaded region
655	represents SEM. G, Normalized power area for vehicle/alcohol acute exposure in males $(n = 11)$
656	and H , females $(n = 8)$. # $p < 0.05$ vs. baseline, * $p < 0.05$, ** $p < 0.01$ vs. vehicle. Acute vehicle
657	exposure does not alter BLA network activity in C57BL/6J mice (Extended Data Figure 1-1).
658	Summaries of ANOVA and multiple comparison tests can be found in Table 1-1 and 1-2.
659	Figure 1-1. Acute vehicle exposure does not alter BLA network activity in C57BL/6J mice. A,
660	Normalized power area for vehicle/vehicle acute exposure in male $(n = 13)$ and B , female $(n = 6)$
661	mice. C, Power spectral density of baseline, vehicle, and 1 g/kg alcohol injection over 0-80 Hz in
662	male and D , female mice. $\#p < 0.05$, $\#\#p < 0.01$ vs. baseline.
663	Figure 1-2. Effects of an alcohol dose response on BLA network states. A, Power area
664	difference of 2-5, 6-12, and 15-30 Hz frequency ranges across alcohol doses in male C57BL/6J
665	mice $(0.5 n = 8; 1.0 n = 8; 1.5 n = 4; 2.0 n = 7)$. Shaded region indicates doses that caused high

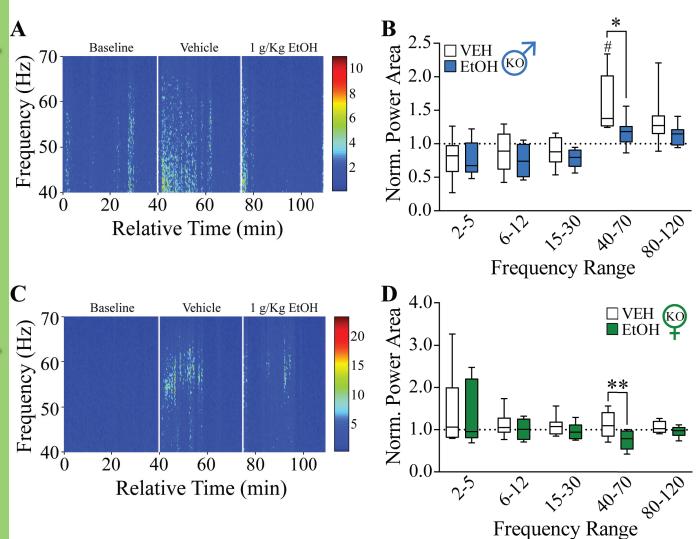
666	immobility in mice. Normalized power area for vehicle/alcohol exposure across doses for B , 2-5
667	Hz, C, 6-12 Hz, D, 15-30 Hz, E, 40-70 Hz, F 80-120 Hz. * $p < 0.05$, ** $p < 0.01$ vs. vehicle.
668	Figure 2. Acute alcohol produces similar effects in <i>Gabrd</i> ^{-/-} mice as female C57BL/6J mice. A ,
669	Representative male and \mathbf{C} , female spectrogram of normalized γ power from acute alcohol
670	exposure. B, Normalized power area for vehicle/alcohol acute exposure in male $(n = 9)$ and D,
671	female $Gabrd^{-/-}$ mice $(n = 8)$. # $p < 0.05$ vs. baseline, * $p < 0.05$, ** $p < 0.01$ vs. vehicle. Acute
672	vehicle exposure does not alter BLA network activity in Gabrd ^{-/-} mice (Extended Data Figure 2-
673	1). Summaries of ANOVA and multiple comparison tests can be found in Table 2-1 and 2-2.
674	Figure 2-1. Acute vehicle exposure does not alter BLA network activity in <i>Gabrd</i> ^{-/-} mice. A,
675	Normalized power area for vehicle/vehicle exposure in male $(n = 8)$ and B , female mice $(n = 7)$.
676	Figure 3. Repeated alcohol exposure exaggerates BLA network modulation in male C57BL/6J
677	mice. A, Experimental paradigm (left) of the repeated alcohol exposure procedure in male
678	C57BL/6J and Gabrd ^{-/-} mice of BLA LFP recordings during baseline (60 minutes) and vehicle or
679	alcohol injections (0.9% saline or 1 g/kg alcohol i.p.; 60 minutes) over five days. BEC
680	measurements (right) of male C57BL/6J mice ($n = 6$) taken 15 minutes after alcohol exposure (1
681	g/kg i.p.) on day one, two, and five of exposure. *** $p < 0.0001$. B, Repeated alcohol paradigm
682	(left) for female C57BL/6J and Gabrd mice which includes the acute alcohol exposure and the
683	repeated alcohol exposure as day two (first day) to five (last day). Justification for using day two
684	instead of day one is in Extended Data Figure 3-3. BEC measurements (right) of female
685	C57BL/6J mice ($n = 5$) taken 15 minutes after alcohol exposure (1 g/kg i.p.) on day one, two,
686	and five of exposure. C, Change in effect of alcohol on the first and last day of exposure in male
687	(first day $n = 8$; last day $n = 6$) and D , female (first day $n = 10$; last day $n = 8$) C57BL/6J mice

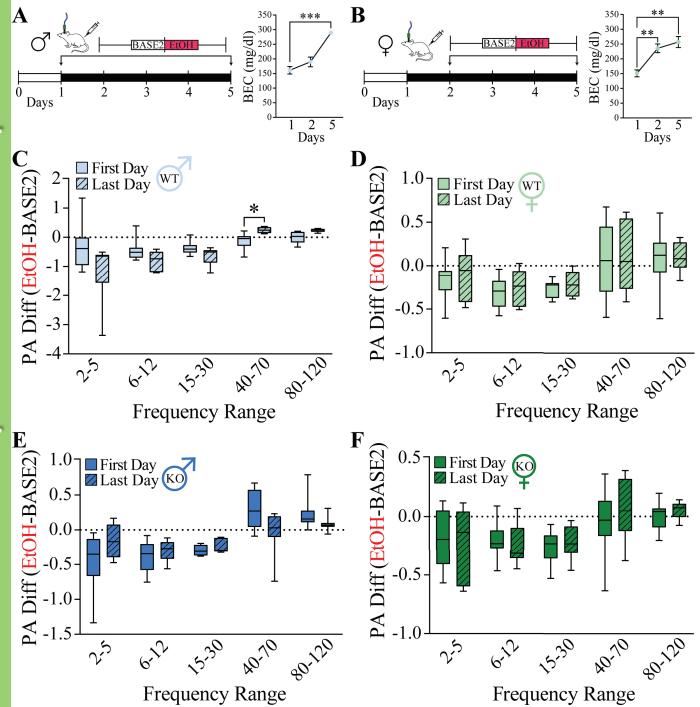
- and **E**, male (first day n = 8; last day n = 8) and **F**, female (first day n = 8; last day n = 7) $Gabrd^{-/-}$
- mice. *p < 0.05 vs first exposure. Repeated vehicle exposure does not change BLA network
- 690 activity (Extended Data Figure 3-1). Baseline network activity is modulated by repeated alcohol
- 691 in male C57BL/6J mice (Extended Data Figure 3-2). Summaries of ANOVA and multiple
- 692 comparison tests can be found in Table 3-1 and 3-2.
- 693 Figure 3-1. Repeated vehicle exposure does not change BLA network activity in C57BL6/J and
- 694 Gabrd^{-/-} mice. A, Power area difference between vehicle and baseline for the first and last day of
- 695 exposure in male (first day n = 4; last day n = 3) and **B**, female (first day n = 5; last day n = 6)
- 696 C57BL/6J mice and C, male (first day n = 4; last day n = 4) and D, female (first day n = 7; last
- 697 day n = 7) $Gabrd^{-/-}$ mice.
- 698 Figure 3-2. Repeated alcohol modulates baseline network activity in male C57BL/6J mice. A,
- 699 Change in baseline on the first and last day of alcohol exposure in male and B, female C57BL/6J
- mice and C, male and D, female $Gabrd^{-}$ mice. *p < 0.05.
- 701 Figure 3-3. Effects of acute alcohol on day one (acute) and day five do not differ in female
- 702 Gabrd^{-/-} mice. A, Normalized power area of alcohol injections during the acute alcohol injection
- 703 and day two in female C57BL/6J mice (n = 10). B, Normalized power area of alcohol injections
- during the acute alcohol injection and day two in female Gabrd. mice. **B**, Normalized power
- 705 area of alcohol injections during acute alcohol injection and day five in female Gabrd. mice.
- 706 ***p* < 0.01.
- 707 **Figure 4.** δ-GABA_AR and sex dependent effects of repeated alcohol on BLA network activity.
- 708 A, Comparison between male C57BL/6J and Gabra mice in the response to alcohol on the first
- and B, last day of exposure. C, Comparison between male and female C57BL/6J mice in the

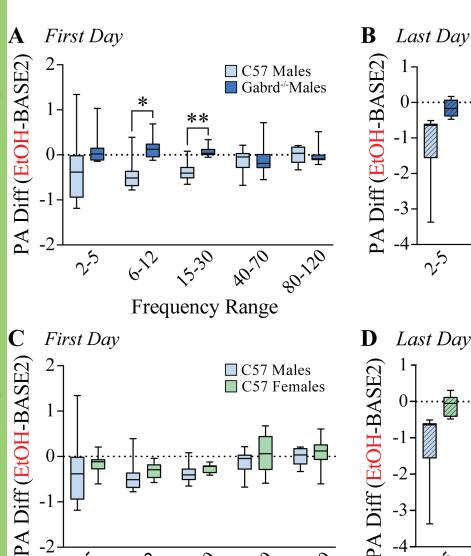
- response to alcohol on the first and **D**, the last day of exposure. *p < 0.05, **p < 0.01. Repeated
- 711 alcohol has δ-GABA_AR and sex dependent effects on baseline network activity (Extended Data
- 712 Figure 4-1).
- 713 Figure 4-1. δ-GABA_ARs and sex dependent effects of baseline network modulation after
- repeated alcohol. A, Comparison between male C57BL/6J and Gabrd^{-/-} mice in the change in
- baseline on the first and B, last day of exposure. C, Comparison between male and female
- 716 C57BL/6J mice in the change in baseline on the first and **D**₁ last day of exposure. *p < 0.05.
- 717 **Figure 5.** Repeated alcohol reduces δ-GABA_AR expression on PV interneurons in female
- 718 C57BL/6J mice. Integrated density of A, PV immunoreactivity and B, δ expression on PV
- 719 interneurons in naive male (cell n = 224, animal n = 4) and female (cell n = 202, animal n = 4)
- 720 C57BL/6J mice. C, Representative images from male and female C57BL/6J mice who received
- 721 repeated vehicle or alcohol. Integrated density of **D**, PV immunoreactivity and **E**, δ expression
- on PV interneurons in the BLA of male (vehicle: cell n = 112, animal n = 3; alcohol: cell n = 97,
- 723 animal n = 3) and female (vehicle: cell n = 117, animal n = 3; alcohol: cell n = 169, animal n = 3
- 724 3) C57BL/6J mice who received repeated vehicle or alcohol. *p < 0.05, **p < 0.01, ****p < 0.01
- 725 0.0001.
- 726 **Table 1-1.** Summary of ANOVA tests for acute alcohol experiments in C57BL/6J mice.
- 727 Table 1-2. Summary of multiple comparisons tests for acute alcohol experiments in C57BL/6J
- 728 mice.
- **Table 2-1.** Summary of ANOVA tests for acute alcohol experiments in *Gabrd*^{-/-} mice.

- **Table 2-2.** Summary of multiple comparisons tests for acute alcohol experiments in *Gabrd*
- 731 mice.
- **Table 3-1.** Summary of ANOVA tests for repeated alcohol experiments.
- **Table 3-2.** Summary of multiple comparisons tests for repeated alcohol experiments.









Frequency Range

