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Optogenetically-Induced Population Discharge Threshold as a Sensitive Measure of Network Excitability

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30

31 Abstract

32 Network excitability is governed by synaptic efficacy, intrinsic excitability, and the circuitry in which these factors
33 are expressed. The complex interplay between these factors determines how circuits function and, at the extreme, their
34 susceptibility to seizure. We have developed a sensitive, quantitative estimate of network excitability in freely behaving
35 mice using a novel optogenetic intensity-response procedure. Synchronous activation of deep sublayer CA1 pyramidal
36 cells produces abnormal network-wide epileptiform population discharges (PD) that are nearly indistinguishable from
37 spontaneously-occurring interictal spikes. By systematically varying light intensity, and therefore the magnitude of the
38 optogenetically-mediated current, we generated intensity-response curves using the probability of PD as the dependent
39 variable. Manipulations known to increase excitability, such as sub-convulsive doses (20 mg/kg) of the chemoconvulsant
40 pentylenetetrazol (PTZ), produced a leftward shift in the curve compared to baseline. The anti-epileptic drug
41 levetiracetam (40 mg/kg), in combination with PTZ, produced a rightward shift. Optogenetically-induced population
42 discharge threshold (oPDT) baselines were stable over time, suggesting the metric is appropriate for within-subject
43 experimental designs with multiple pharmacological manipulations.

44 Significance Statement

45 Abnormal excitability is associated with a number of neurological disorders, including epilepsy. Excitability can
46 be measured in single cells *in vitro*, but it is difficult to extrapolate from these values to the functional impact on the
47 associated network. Epileptiform population discharges are network-wide events that represent a distinct transition
48 from normal to abnormal functional modes. We developed a new method that uses light intensity-response curves to
49 precisely determine the threshold for this transition as a surrogate measure of network excitability.

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62 **Introduction**

63 Seizure thresholds are commonly used to determine excitability and seizure susceptibility in animal models of
64 epilepsy and to assess the effectiveness of therapeutic intervention (Spiegel, 1937; Ziskind et al., 1946; Swinyard et al.,
65 1952; Barton et al., 2001). However, seizures have lasting effects on the brain, including widespread changes in gene
66 expression (Altar et al., 2004), reduced seizure thresholds, and increased seizure severity (Racine, 1972a). This
67 complicates the interpretation of within-subject experiments and limits the ability to make multiple measurements over
68 time. Furthermore, excitability is dynamically modulated by ongoing brain activity and behavioral state, which
69 introduces significant variability, limiting the precision of acute threshold measurements. Single pulse electrical
70 stimulation, a technique used in humans undergoing intraoperative monitoring, provides a measure of network
71 excitability without inducing seizure (Matsumoto et al., 2017). However, this method is limited by the uncertainty of the
72 cells and pathways stimulated (Histed et al., 2009), and the ambiguity of amplitude based LFP measurements in relation
73 to underlying activity (Hales and Pockett, 2014; Herreras, 2016). Excitability and seizure susceptibility can also be
74 estimated by quantification of spontaneous seizures in models of epileptogenesis, but this approach is complicated by
75 the unpredictable occurrence of seizures, requiring constant video-EEG monitoring, prolonged drug administration, and
76 large numbers of animals (Löscher, 2011).

77 In order to obtain more precise and reliable measurements, we have developed a rigorous approach for
78 quantifying instantaneous network excitability, without inducing seizures, using single pulse light intensity-response
79 curves to determine population discharge thresholds. Optogenetically-induced population discharges (oPDs) are all-or-
80 none, network-wide events with waveforms and latencies similar to spontaneously-occurring interictal spikes (IIS). We
81 show that induced oPDs occur with a higher likelihood with increasing light intensity. By delivering a range of light
82 intensities with randomized presentation order and modeling oPD probability using logistic regression, we account for
83 short-term fluctuations in excitability and derive a new metric, the I50, defined as the intensity of light that produces an
84 oPD with a probability of 0.5. Using established pharmacologic modulators, we demonstrate that the I50 is sensitive to
85 shifts in excitability. The oPDT can be monitored over long timescales with high temporal resolution to fully capture the

86 dynamics of network excitability. Furthermore, because it does not involve the generation of after-discharges (ADs) or
87 seizures, the oPDT can be used as a measure of excitability in a range of normal and pathological conditions other than
88 epilepsy.

89 Using the same preparation, we show that repetitive stimulation with light of a sufficient intensity produces a
90 robust AD and kindling with daily ADs results in overt behavioral seizure. In the same animal, the optogenetic AD
91 threshold (oADT) and the oPDT are equivalent in terms of light intensity. The oADT, however, requires an additional
92 accumulating process involving multiple oPDs in a short period of time. Comparing the two metrics allows for separation
93 of the contribution of instantaneous excitability, and robustness to seizure, or susceptibility, features that are
94 inseparably intertwined in other measures of seizure threshold.

95 **Materials and Methods**

96 **Subjects.** Male Thy1-ChR2-YFP (founder line 18) transgenic mice (Arenkiel et al., 2007; Wang et al., 2007) (Stock #
97 007612, The Jackson Laboratory) were used for chronic optogenetic stimulation and recording (n = 35). Thy1 line 18
98 mice express wildtype ChR2 fused to EYFP in area CA1, subiculum, and layer 5 of cortex (Arenkiel et al., 2007). In area
99 CA1, expression is specific to excitatory pyramidal neurons and is concentrated in calbindin-negative cells in the deep
100 pyramidal cell sublayer (Dobbins et al., 2018). These mice can be bred as homozygotes, ensuring consistent expression
101 levels and patterns from animal to animal, a significant advantage for reproducibility. For this reason, they are used in a
102 number of optogenetics studies (Ting and Feng, 2013). Not all animals were used for all experiments; exact numbers are
103 reported throughout. All animal experiments were approved by the Institutional Animal Care and Use Committee
104 (IACUC) of Wake Forest University in agreement with National Institutes of Health and United States Department of
105 Agriculture guidelines.

106 **Chronic Implant.** Details of the implantation surgery and chronic recording array are described in a previous publication
107 (Klorig and Godwin, 2014). Briefly, Thy1 mice (age 2-9 months, mean 120 ± 9 days) were anesthetized with isoflurane
108 and placed in a stereotaxic device. All surgical procedures were performed under red light to avoid sustained activation
109 of ChR2. Metal ground screws were secured to the cranium bilaterally so that they were in contact with the

110 subarachnoid space posterior to the transverse sinus. A total of 8 tungsten microwires were implanted in a satellite
111 array in cortical, subcortical, and hippocampal locations: prefrontal cortex, (PFC, AP: 5.58, L: 0.37, DV: -1.81, in mm, from
112 the interaural plane), anterior medial thalamic nucleus (AMTh, AP: 2.86, L: 0.24, DV: -3.62), dentate gyrus (DG, AP: 1.50,
113 L: 1.39, DV: -1.61), hippocampus (CA3, AP: 1.34, L: 2.88, DV: -2.12), entorhinal cortex (Ent, AP: 0.19, L: 3.90, DV: -2.73,
114 angled 16° posterior), subiculum (sub, AP: 0.88, L: 1.02, DV: -1.43), and left CA1(AP: 1.00, L: -2.36, DV: -1.20). (Fig. 1A). A
115 magnetic rotary fiber connector with an attached microwire (optrode) was placed in intermediate CA1 near subiculum
116 (CA1a) (AP: 1.00, L: 2.36, DV: -1.20, from the interaural plane). The stimulation fiber was a multimodal fiber with a 200
117 μm diameter core and a numerical aperture of 0.39 (FT200UMT, ThorLabs). The recording electrode extended 0.5 mm
118 beyond the fiber tip. The optical fiber was situated 0.4 mm dorsal to the pyramidal cell layer and 0.3 mm dorsal to the
119 basal dendrites. The optrode was configured to minimize the photovoltaic effect (<0.02% LFP amplitude) by cutting the
120 electrode at an angle so that the exposed metal surface was not directly illuminated by the implanted fiber (Cardin et al.,
121 2010). Wild-type (n = 2) and post-mortem control (n = 4) recordings were used to confirm the absence of artifact. This
122 setup allowed for high quality recordings, free of movement artifacts, even during behavioral seizures.

123 **Light stimulation and recordings.** Mice were allowed to recover 1 week prior to recordings. Wideband (0.3-20kHz,
124 sampled at 40kHz) depth recordings were made using the SciWorks recording system (DataWave Technologies), AM-
125 3600 extracellular amplifiers (A-M Systems), and T8G100 headstage amplifiers (TBSI). Photostimulation was performed
126 with a fiber-coupled LED with peak emission at 470 nm (M470F3, ThorLabs). LED intensity was controlled using an LED
127 driver with analog modulation (LEDD1B, ThorLabs). Analog output pulses were generated within SciWorks and used to
128 control the LED driver. Light pulses were continually monitored with a silicon photodiode placed near the emitter. A
129 custom op-amp based current-to-voltage converter circuit was used to linearize the photodiode output and the resulting
130 signals were recorded along with the electrophysiology data. Two measures of light output are provided; the power
131 (mW) at the tip of the source fiber and an arbitrary linearized scale. Light power ranged from 0.43 – 4.15 mW at the
132 fiber tip corresponding to an irradiance of 0.2 – 1.96 mW/mm^2 at the recording site estimated using the empirically
133 derived model described in (Aravanis et al., 2007; Yizhar et al., 2011).

134 **Video and Behavioral Scoring.** Recording sessions were video recorded and an infrared LED synchronized to the
135 stimulus onset was placed in view of the video camera for precise temporal alignment between the video and the

136 recordings. Video was used for assessment of behavioral seizures using a modified Racine scale (Pinel and Rovner, 1978;
137 Racine, 1972b). Latencies to seizure stage relative to the onset of the stimulus and durations were also recorded.

138 **Histological Verification of Electrode Placement.** On completion of recording experiments, mice were anesthetized with
139 Euthasol (Virbac Animal Health), electrolytic lesions were performed at each electrode site (20 nA, 10 sec), then animals
140 were transcardially perfused with saline and 4% paraformaldehyde solution in PB. After removal and post-fixing, brains
141 were sectioned in 50 μm slices using a vibratome. The slices were then mounted on slides and stained using cresyl violet
142 (Nissl). Each slice was imaged using a light microscope and the stereotaxic coordinates of the implanted electrodes were
143 recorded. Animals were excluded from further analysis if electrodes utilized in those analyses were located outside of
144 the target areas (n = 5).

145 **Confocal Microscopy.** ChR2-eYFP expression in Thy1 mice was imaged in non-implanted animals. Confocal imaging was
146 performed on a Zeiss LSM 710 confocal microscope with 10X, 20X air and 60X water immersion objectives.

147 **Experimental Design and Statistical Analysis.** Data analysis was performed using custom scripts written in MATLAB
148 (MathWorks). The suite of stimulus presentation and analysis tools used to generate and calculate the oPD is available
149 on github (<https://github.com/neuroptics/optoDR>).

150 **Optogenetic Population Discharge (oPD) Intensity-Response Curve.** Single square pulses (10 ms) of light were delivered
151 at a range of intensities (20 levels, 0.43 - 4.15 mW at fiber tip, 0.2 – 1.96 mW/mm² at the recording site). Sixty
152 repetitions of each intensity were presented in randomly ordered blocks with a 1 s or 3 s interval between pulses. A
153 timing pulse was used to precisely align responses to the onset of the LED. For the population discharge curves, time-
154 locked evoked responses were extracted, the 2nd derivative calculated, and a sliding window (10 ms) was used to
155 calculate root-mean-square (RMS) power via convolution. The max RMS within a specified time window was calculated,
156 sorted by magnitude, and plotted for each channel over all stimulation levels. The channel with the sharpest transition
157 between sub-PD and PD was chosen and the threshold set (typically contralateral CA1, but occasionally DG or CA3 were
158 chosen). PD detection was verified visually. All subsequent analyses for a given animal were performed with the same
159 channel and threshold. The ratio of PD events per level was calculated to generate a probability curve. This curve was fit
160 by the Hodgkin and Huxley formulation of the Boltzmann distribution:

$$f(x) = \frac{1}{1 + e^{\left(\frac{a-x}{b}\right)}}$$

161 where a is the I50, and b is the slope (Hodgkin and Huxley, 1952), using nonlinear regression (least squares) in MATLAB.

162 The I50 value for each session was then used for further comparisons.

163 **Optogenetic After-Discharge Threshold (oADT) and Kindling Procedure.** oADTs were determined by presenting optical
 164 stimulation trains at 6.67 Hz (10 s duration, 4 ms pulse, 150 ms interval, 66 pulses), then increasing the intensity (with a
 165 2 min interval) until an AD was evoked (characterized by high amplitude, self-sustaining activity that persisted > 5 s after
 166 the stimulus ended). A modified optogenetic kindling procedure was used that allowed for estimation of oAD thresholds,
 167 involving repeated daily light stimulation at increasing intensity until an AD was evoked (with intensities identical to that
 168 performed on the first day), similar to established procedures (Bragin et al., 2002; Pinel et al., 1976). ADs were defined
 169 as sustained high-amplitude spike and poly-spike activity lasting at least 5s following termination of the stimulus. oAD
 170 durations were measured from the start of the stimulus to the last spike of the oAD. Only one oAD was evoked per 24
 171 hour period. This procedure was repeated each day for 15 days.

172 **Pharmacology.** All experiments utilized a within-subjects design. Treatments were compared to a pre-treatment
 173 baseline using repeated measures one-way ANOVA with Tukey's test for multiple comparisons. Saline controls were also
 174 performed and compared to pre-injection baselines.

175 **Statistics and Measures of Reliability.** Statistical testing was performed with MATLAB and Prism (GraphPad). All means
 176 are reported \pm SD, with 95% confidence intervals (CI) where appropriate. Data sets were tested for normality using the
 177 omnibus K^2 test (D'Agostino et al., 1990). Comparisons were performed using repeated measures one-way ANOVA with
 178 Tukey's test for multiple comparisons, paired t-tests, Fischer's exact test, or Wilcoxon matched pairs test where
 179 appropriate. Correlation coefficients were calculated using Pearson's or Spearman's method where appropriate. All
 180 reported statistics are labeled with the test used. Box and whisker plots have min-max whiskers, 25th to 75th percentile
 181 boxes, and the central line is the median. The probability of oAD given at least x oPDs was calculated using the formula:

182 $P(AD | \sum PD_i \geq x) = \frac{P(AD \cap \sum PD_i \geq x)}{P(\sum PD_i \geq x)}$. For assessment of oAD probability given oPD on a given stimulus pulse n, we used

183 the formula for conditional probability: $P(AD | PD_n) = \frac{P(AD \cap PD_n)}{P(PD_n)}$. For assessment of oPD_{I50} probabilities given the

184 results of previous trials we used the formula: $P(PD_{150}|PD_{n-back}) = \frac{P(PD_{150} \cap PD_{n-back})}{P(PD_{n-back})}$. Fisher's exact test was used to
185 compare proportions.

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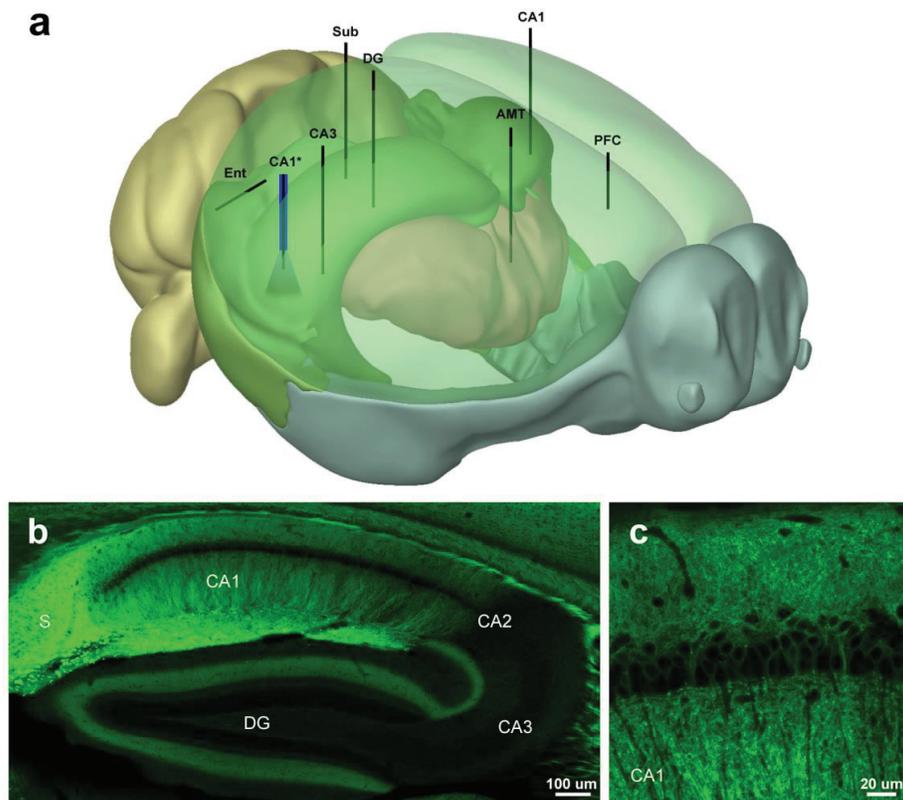
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188 **Results**

189 In order to explore network propagation of optogenetically induced seizures and PD activity, we developed a
190 multi-site satellite array system consisting of individually placed microwires in perihippocampal structures and an
191 optrode above CA1. Targets included prefrontal cortex (PFC), antero-medial thalamus (AMTh), entorhinal cortex (Ent),
192 dentate gyrus (DG), subiculum (Sub), hippocampal area CA3 (CA3), and area CA1 bilaterally (CA1-L and CA1-R) (**Fig. 1a**).

193 These recording sites provide coverage of areas demonstrated to be strongly activated by optogenetic stimulation of
194 CA1 using fMRI (Weitz et al., 2015). Our preparation yielded high quality chronic recordings of multiple interconnected
195 areas, allowing us to assess the impact of optogenetic stimulation on the network. By varying the intensity of light
196 stimulation, we measured AD thresholds using train stimuli (oADT), and the unitary population discharge threshold using
197 single pulses (oPDT). We present the results of the oADT experiments first in order to provide context for the oPDT, but
198 it should be noted that prior ADs, and/or behavioral seizures exposure, are not required to obtain oPDT measurements.

Figure 1 | Electrode placement and expression patterns in the Thy1-ChR2 (line 18) mouse. **(a)** Schematic showing the placement of the electrode array and optrode. **(b)** Distribution of ChR2-EYFP in the hippocampus of the Thy1 (line 18) mouse. Note high expression levels in CA1 and subiculum. 10x tiled confocal image. **(c)** ChR2-EYFP is expressed in deep pyramidal neurons in CA1 (Dobbins et al., 2018). 63x oil immersion confocal image. The 3D model was generated using Brain Explorer Software courtesy of the Allen Brain Institute (<http://mouse.brain-map.org/static/brainexplorer>).



199 **Measuring the oADT and opto-Kindling**

200 Optogenetic ADs and behavioral seizures were induced using rhythmic squarewave optical stimuli (6.67 Hz, 10
 201 ms pulse, 10 sec train). 6.67 Hz was the lowest frequency that reliably produced an oAD and the longer period (150ms)
 202 provided sufficient time between pulses to observe the propagation of induced activity throughout the network (**Fig.**
 203 **2b**). Stimulus trains were presented every 2 minutes at increasing light intensity until an oAD occurred (**Fig. 2a-c**).
 204 Subthreshold stimulation produced local activation at the stimulation site (CA1), but the evoked activity did not spread
 205 to downstream areas (**Fig. 2a**, top inset). The mean oAD threshold was 2.11 mW (SD 1.12, 95% CI [1.08- 3.15], $n=7$).

206 Our preparation is configured to stimulate CA1 with minimal damage by situating the optical fiber just above
 207 CA1 in visual cortex. In addition to strong expression in CA1, Thy1 mice also express Chr2 in layer 5 of cortex, raising the

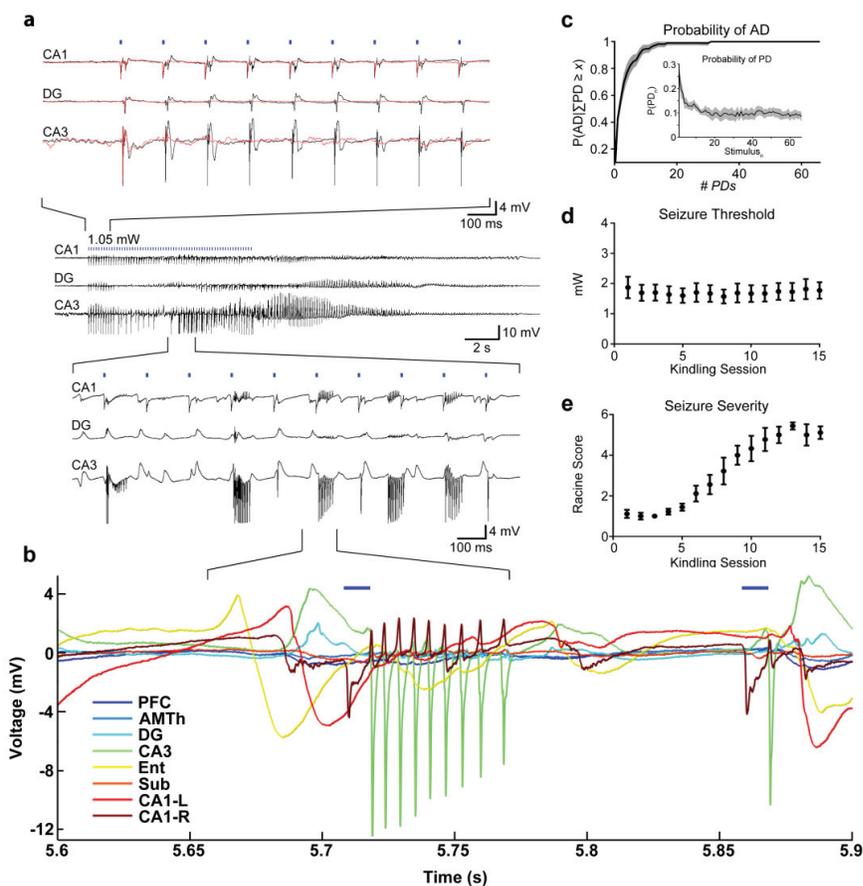


Figure 2 | Optogenetic train stimulation produces an AD. Kindling with daily oADs results in an overt behavioral seizure. (a) Representative example of an optically-evoked AD. Top Traces: Suprathreshold stimulation levels (for AD) produce network wide PDs (black traces). At subthreshold intensity levels, activation was observed only at the stimulation site (CA1-R), (red traces). Middle Traces: Zoomed out view of oAD. Bottom Traces: Pathological high frequency oscillations (pHFOs) during oAD induction. (b) oADs involve pHFOs across multiple sites with a non-zero phase lag. (c) The probability of AD given at least x PDs occurring during the stimulus train. Inset: The overall probability of a PD on each pulse of the train, including subthreshold stimuli. Probabilities were calculated for each animal and the mean is displayed with 95% CIs, n = 7 animals. (d) Seizure threshold remained stable throughout the kindling period. (e) Behavioral seizure severity increased with each AD and was correlated with stimulation number.

208 possibility that these cells were activated by light backscatter. To verify that CA1 is the relevant site of stimulation for
 209 seizure induction, we performed control experiments (n = 2) in which the fiber was placed superficially in cortex (0.5mm
 210 dorsal to the fiber location in the standard array). Much higher light intensities were required to induce ADs in these
 211 animals (16.58 mW and 27.86 mW using a fiber coupled laser), levels sufficient to produce suprathreshold activation of
 212 CA1 from this distance, suggesting that activation of cortex is not sufficient to generate ADs and that CA1 is the primary
 213 site of activation.

214 While suprathreshold stimulation produced network wide oPDs following each pulse, high-frequency high-
215 amplitude bursts, and oAD, occasionally the stimulation intensity just below threshold produced synchronous discharges
216 similar to oPDs on the first few pulses (**Fig. 2a**, red traces, top). Likely a result of ChR2 desensitization (Lin, 2010), the
217 probability of an oPD decreases with pulse number (**Fig. 2c** inset), allowing us to estimate the number of oPDs required
218 for an oAD. We found that the probability of oAD depends on the number of oPDs generated by the stimulus (**Fig. 2c**),
219 $P(\text{AD}) > 0.90$ for $x = 8$ oPDs and $P(\text{AD}) > 0.99$ for $x = 17$ oPDs ($n = 841$ stimulus trains). This suggests that the oAD is a result
220 of the accumulated effect of closely spaced oPDs, through some unknown mechanism possibly related to the
221 accumulation of extracellular potassium (de Curtis et al., 2018). oADs occurred during and immediately after stimulation
222 (**Fig. 2a-c**), rather than after a delay, as previously observed with optogenetic seizure induction in motor cortex
223 (Khoshkhoo et al., 2017). The mean oAD duration was 23.1 s (SD 4.84, 95% CIs [22.2, 24.0], $n = 105$ oADs).

224 Pathological high frequency oscillations (pHFOs, 80-500 Hz) have been detected preceding seizures in a number
225 of animal models and in intracranial recordings from humans with epilepsy (Bragin et al., 1999; Staba et al., 2002;
226 Zijlmans et al., 2012). In the majority (88%, $n = 105$ oADs) of optogenetically induced oADs, pHFOs occurred in CA3, DG,
227 and CA1 (**Fig. 2a and b**). A non-zero phase shift was observed between these areas, suggesting synaptic or ephaptic
228 transmission, rather than volume conduction (Shivacharan et al., 2019) (**Fig. 2b**). The mean latency from the start of the
229 stimulation to burst onset was 6.42 s (SD 2.75, 95% CI [5.87-6.97], $n = 97$ oADs). Epileptiform bursts ranged in frequency
230 from 150 to 400 Hz (6.6 to 2.5-ms intraburst intervals) and were detected in all animals tested (7/7). These bursts were
231 similar (in terms of amplitude and frequency) to patterns previously observed in perforant path-stimulated or kainate-
232 treated rats (Bragin et al., 1997, 2004, 2005).

233 ***Opto-Kindling and the Emergence of Behavioral Seizures***

234 Using this thresholding procedure, we took a subset of animals ($n=7$) through an opto-kindling procedure based
235 on those performed previously with electrical stimulation (Goddard et al., 1969; Racine, 1972a) (**Fig. 2d,e**). Threshold
236 oADs were presented daily for 15 days. Traditional electrical kindling results in reduced thresholds and increased
237 behavioral severity (Racine, 1972a). In contrast, the oAD threshold remained stable (uncorrelated with presentation #)
238 over the course of kindling ($r = 0.0865$, $p = 0.759$, ns, $n=7$) (**Fig. 2d**), in agreement with previously reported optogenetic

239 seizure thresholds obtained by varying stimulus number (Khoshkhoo et al., 2017). The mean oAD threshold during
240 kindling was 1.99 mW (SD 0.827, 95% CI [1.22- 2.75], $n=7$). Repeated oAD induction was correlated with increasingly
241 severe behavioral seizures as quantified using a modified Racine scale ($r = 0.963$, $p < 0.0001$, $n = 7$) (**Fig. 2e**). Animals
242 progressed to stage 5 seizures after 9.6 days (SD 2.4, 95% CI [7.4-12], $n = 7$), considerably faster than corneal or
243 hippocampal kindled mice (Rowley and White, 2010; Stover et al., 2017), but slower than kindling of piriform cortex
244 (McIntyre et al., 1993). The stereotypical behavioral expression (semiology) of the seizure was similar to that observed
245 with electrical kindling (Kairiss et al., 1984; Racine et al., 1972). Spontaneous seizures were not observed during or
246 following the 15 day kindling period.

247 ***oPD Induction and Threshold Measurement***

248 Given the close relationship between the appearance of multiple network wide oPDs following stimulation and
249 subsequent oADs, we sought to determine if the oPD itself was a sufficient indicator of the oADT and therefore, a
250 potential measure of oAD threshold without the need for oAD induction.

251 Single pulse optogenetic stimulation of CA1 at a sufficient intensity (mean 2.85 mW, SD 0.248, 95% CI [2.34-
252 3.36], $n = 30$ mice) produced nearly synchronous PDs across the hippocampal and perihippocampal network (**Fig. 3a,b**).
253 The largest amplitude responses were observed in DG and CA3, as well as contralateral CA1. These unitary oPDs closely
254 resembled those induced in the first few pulses of the optical stimulus train used in the oADT procedure, as well as
255 spontaneous type-2 IIS, observed in AD exposed animals (**Fig. 3a**).

256 In order to precisely measure the oPDT, we developed a novel optogenetic intensity-response curve procedure
257 that takes advantage of the all or none transition between the sub and suprathreshold response at recording sites

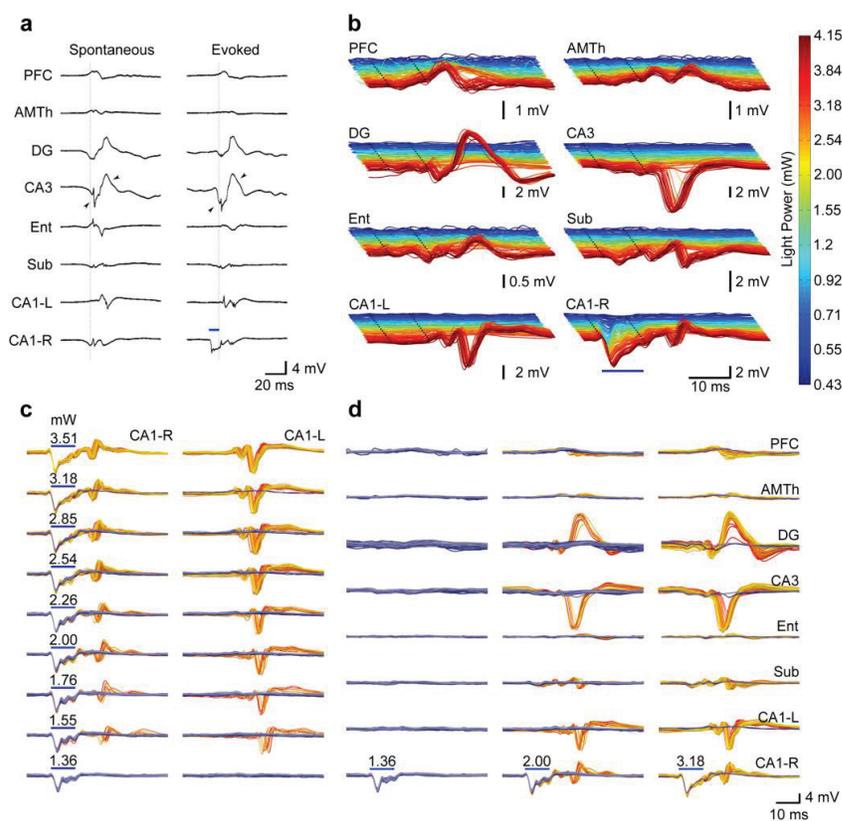


Figure 3 | Optogenetic stimulation produces network wide PDs that closely resemble spontaneous IIS with a probability that increases with light intensity. (a) Example comparing spontaneous IIS to oPDs. Spontaneous IIS are characterized by near synchronous activation in DG, CA3, and CA1-R, and delayed activation in CA1-L. Evoked discharges are led by activation in CA1 (stimulation site) followed by near synchronous activation of DG, CA3, and CA1 with a latency of ~10 ms. Note similar timing and wave shape between stimulus evoked and spontaneous discharges (arrow heads). Blue bars indicate onset and duration of light stimulus in CA1. Inter-stimulus interval (ISI) = 3s (b) Evoked network activity produced by optogenetic stimulation of area CA1 (right side) at varying light intensities in a representative animal (different from that depicted in a). Note large amplitude oPDs evoked at higher intensities. Dotted lines indicate the beginning and end of the light pulse. (c-d) Probability of oPD occurrence in downstream sites, rather than amplitude, increases with light intensity at the stimulation site. In area CA1-L, a

longer latency response is accompanied by a high amplitude PD. The gold colored traces are those in which a PD was detected, the blue are traces where it was absent. Each plot is an overlay of 60 trials and the color gradient indicates chronological order (dark blue/red for early trials, light blue/yellow for late trials). oPD occurrences: 0/60 @ 1.36 mW, 11/60 @ 2 mW, 58/60 @ 3.18 mW. ISI = 3s. Scale bars in **d** also apply to **c**.

258 downstream of the optogenetic stimulation to accurately detect the occurrence of oPDs (**Fig. 3**). Repeated presentation
 259 of the intensity-response curve revealed considerable variability in the response (oPD vs. no oPD) given a particular
 260 stimulus intensity (**Fig. 3 c, d**). However, we found analyzing the probability of an oPD given stimulus intensity x ,
 261 $P(\text{oPD}|x)$, allowed for a more robust estimation of threshold.

262 To generate the oPD probability curve we used twenty intensity levels presented in repeated blocks. Stimuli
 263 were presented in random order without replacement so that each stimulus intensity level was presented once per
 264 block. Stimulus order was independently randomized for each block. oPD probability was then estimated using multiple
 265 replications of stimulus blocks. The intensity levels were selected to linearize the optogenetic response as measured by
 266 the mean amplitude of the first peak at the stimulation site, likely a reflection of the interaction between the Chr2
 267 mediated current and dendritic voltage-gated Na^+ currents (**Fig. 4a-d**). Network oPDs were detected by thresholding a
 268 sliding window root-mean-square (RMS) of the 2nd derivative of the peri-stimulus activity (**Fig. 4e-g**).

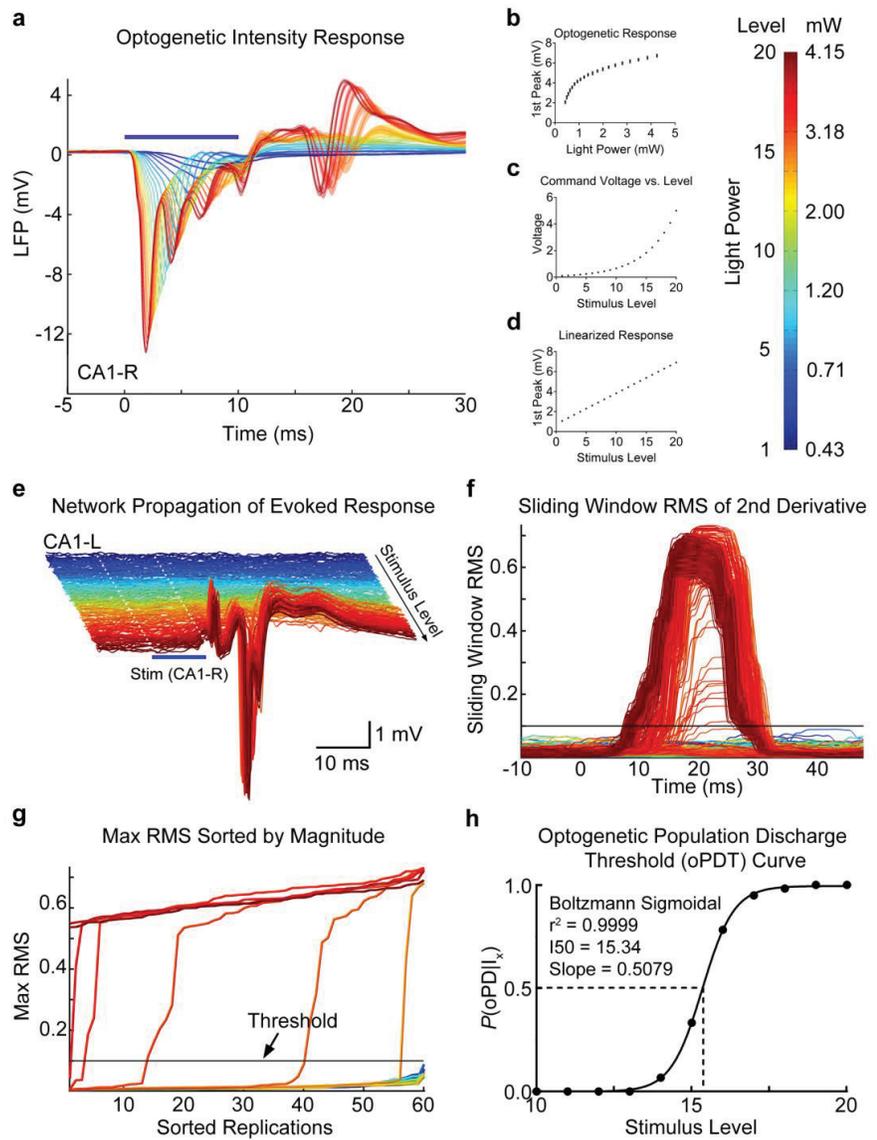
269 The oPD occurs across the network, and therefore, any channel or combination of channels can be used for oPD
270 detection, including the long latency response at the stimulation site; however, we found that contralateral CA1
271 provided the greatest separation between sub- and suprathreshold responses. The sub-supra separation was visualized
272 by plotting the sorted peak values of the RMS for each level (**Fig. 4g**). Good separation produces a steep transition with
273 few intermediate values. This plot is also useful for setting the threshold and the steepness of the transition reduces the
274 detection bias introduced by threshold selection. As a result, the oPDT curve is robust to any choice of threshold within
275 the steep transition region of the sorted peak RMS plot.

276 Once oPDs have been detected, the proportion of oPDs to total stimulus presentations at each level can then be
277 plotted to generate an oPD threshold curve (oPDT). We then fit the data with the Hodgkin and Huxley formulation of the
278 Boltzmann distribution and calculated the I50, or the intensity at which the probability of oPD was 50% (Hodgkin and
279 Huxley, 1952)(**Fig. 4h**). Expressing the I50 in the arbitrary linearized scale (1-20 levels) is convenient for making
280 comparisons, however, it can easily be converted into power (mW) or irradiance (mW/mm^2) (**Fig. 4b-d**). Although the
281 linearized scale improves the fit of the Boltzmann, substituting mW also produces a sigmoidal curve. Using an arbitrary
282 scale and baseline normalization allows for comparisons between animals even when the relationship between power
283 output and optogenetic response varies. In our experience, the variability in baseline I50 between animals, $\text{SD} = 3.41$
284 levels ($n = 20$ animals), was larger than the mean I50 variability within animals, mean $\text{SD} = 1.10$ levels, ($n = 3-10$ baselines
285 per animal). Since ChR2 expression patterns are preserved between animals, it is likely that between-animal differences
286 are due to variations in the surgical preparation and the transmission efficiency of the implanted fiber.

287 ***Relationship between the oPDT and oADT***

288 Our analysis of the oADT revealed that multiple oPDs must be evoked by the train stimulus in order to generate
289 an oAD (**Fig. 2c**). We compared the oADT and the oPDT measured in the same animals using the same chronically
290 implanted fiber. We found that the oADT was correlated with pre-kindling I50 across animals with a slope approaching 1
291 (1st Seizure: Lin. Reg. Slope: 1.05, 95% CI [0.677, 1.42], Pearson's $r = 0.956$, $p = 0.00078$, $n = 7$; Avg Seizure: Lin. Reg.

Figure 4 | Summary of the oPDT procedure. **(a)** Average LFP response to optogenetic activation in CA1 at varying light intensities. Shaded bars = 95% confidence intervals. **(b)** The short latency LFP response was used as an approximation of ChR2 mediated current to generate a light intensity-response curve. Mean and SD are displayed. **(c)** A series of light intensities was chosen to produce a linearized optogenetic response **d.** **(e)** The network propagation of evoked activity from the stimulation site (CA1-R, blue bar) to CA1-L. Individual replicates plotted as bandpass filtered (5-300Hz) traces. Colors correspond to the level of the light stimulus (shown in mW on colorbar). 20 levels x 60 replicates = 1200 total stimuli. ISI = 3s. Note high amplitude PDs. **(f)** Sliding window RMS of the 2nd derivative calculated from **e.** Horizontal line indicates the threshold. **(g)** Max RMS (within time window) for each light level sorted by magnitude. Threshold is set in the steep part of the curve. **(h)** oPD ratio (oPDs/total stimuli) plot fit by the Boltzmann sigmoid allows for calculation of an I50, or the LED power at which 50% of the stimuli produce a oPD.



292 Slope: 0.830, 95% CI [0.462, 1.20], Pearson's $r = 0.933$, $p = 0.0021$, $n = 7$ (**Fig. 5a**). This finding combined with the fact
 293 that train stimuli subthreshold for the oPD also failed to produce an oAD, indicate that the oPDT and the oADT are
 294 equivalent in terms of light intensity delivered from the same implanted fiber, because both require the oPD.

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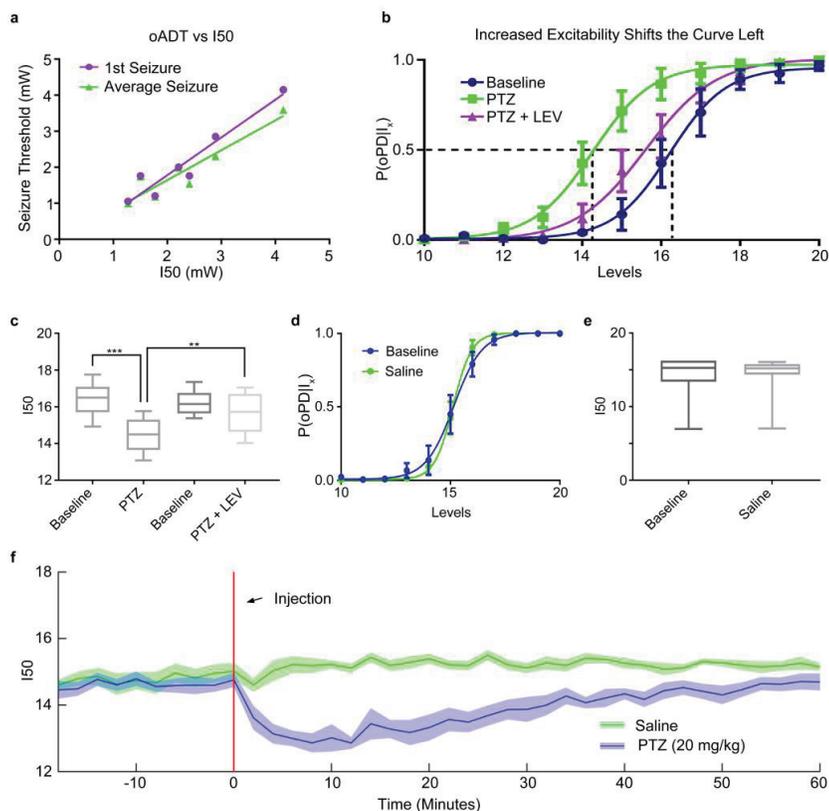
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298 **Changes in Excitability Shift the oPD Curve**

299 To test the hypothesis that the $P(oPD|I_x)$ changes with the balance of excitation and inhibition, we used a well-
 300 known chemoconvulsant drug, pentylenetetrazol (PTZ), in non-kindled animals. Despite its ability to induce acute
 301 seizures, PTZ does not produce a shift in the electrical AD threshold (Karler et al., 1989). In contrast, the oPDT was
 302 sensitive to PTZ at sub-convulsive doses (20 mg/kg). The I50 was significantly shifted to the left relative to baseline
 303 (Baseline = 16.4 levels, SD 0.943, 95% CI [15.4, 17.4], PTZ = 14.5 levels, SD 0.949, 95% CI [13.5, 15.5], $p = 0.00041$, $n = 6$)
 304 (Fig. 5a,b), which indicated a reduction in threshold.

305 Although the antiepileptic drug levetiracetam (LEV) failed to show efficacy in the traditional MES and s.c. PTZ
 306 acute seizure models (Löscher, 2011), it does increase the ADT in kindled rats (Löscher et al., 2000). Pre-treatment with
 307 LEV (40 mg/kg) partially reversed the leftward shift produced by subthreshold PTZ and returned threshold to near
 308 baseline levels (PTZ+LEV = 15.7 levels, SD 1.11, 95% CI [14.5, 16.8]) (Baseline vs. PTZ, $p = 0.00043$, Baseline vs PTZ+LEV,

Figure 5 | The I50 is sensitive to changes in network excitability. (a) The relationship between pre-seizure I50 and the 1st oADT (purple) or the average oADT throughout 15 kindling sessions (green). (b,c) The GABAa antagonist PTZ (20 mg/kg) shifts the oPD curve leftward and treatment with the anticonvulsant drug levetiracetam (40 mg/kg) partially reverses the shift. $n = 6$ animals. *** $p = 0.00043$, ** $p = 0.0034$. Curve error bars indicate the 95% CI. (d,e) Handling and IP saline administration did not significantly shift the oPD curve compared to baseline (paired t-test, $n = 7$). (f) I50 measurements reveal the time course of PTZ-induced hyperexcitability (disinhibition). Plot of the I50 over time. 6 block bins, $n = 9$ presentations of each condition (3 trials x 3 animals). Shaded area is mean \pm 95% CI.



309 $p = 0.12$, PTZ vs. PTZ+LEV, $p = 0.0034$, $n = 6$ repeated-measures ANOVA with Tukey's correction for multiple
310 comparisons) (**Fig. 5a,b**). Saline injection did not significantly shift the curve (Baseline vs. Saline, $p = 0.99$, $n = 7$, paired t-
311 test).

312 By breaking the stimulus period into bins of presentation blocks, $P(oPD|I_x)$ can be measured over time.
313 Administration of subthreshold PTZ (i.p.) produced a rapid shift in excitability that partially recovered by about 60 min
314 post-injection (**Fig. 5f**), compared to saline, consistent with the pharmacokinetic curve of PTZ (Yonekawa et al., 1980).
315 For this example, 6 block bins were used to estimate the I50 at 2 min intervals (6 blocks x 20 stimuli per block x 1s ISI =
316 120s), but higher temporal resolution is possible by decreasing the bin size and/or the number of stimuli per block.

317 ***Stability and Reliability of the oPDT***

318 We assessed the reliability of oPDT measurements, in terms of short- and long-term stability, by analyzing
319 baseline data. Two inter-stimulus intervals (1s and 3s) were used to produce intensity-response curves. This allowed for
320 a comparison of the stability of baseline I50 values generated using each protocol, with the caveat that the data came
321 from different animals. Baselines were selected for further analysis if they were collected in naïve animals (pre-kindling,
322 pre-treatment) ($n = 67$ sessions in 13 animals for 1s, $n = 41$ sessions in 17 animals for 3s int).

323 First we looked at the test-retest reliability of measurements (20 levels, 60 replications each) taken on
324 consecutive days (**Fig. 6a**). The measured I50s were consistently reliable with an overall correlation coefficient > 0.85 (1s
325 int: $r = 0.917$, 95% CI [0.705, 0.979], $p < 0.0001$, $n = 11$ pairs, 3s int: $r = 0.856$, 95% CI [0.446, 0.969], $p = 0.0032$, $n = 9$
326 pairs, Pearson's).

327 Mono-synaptic stimulation of CA1 afferents at 1 s intervals has been shown to induce long-term depression
328 (LTD) *in vivo* (Thiels et al., 1994; Olier et al., 1997; Massey and Bashir, 2007). In order to determine if the multi-synaptic
329 I50 was drifting over time in our preparation, we broke each 60-block session into 10 x 6-block bins and calculated
330 intermediate I50 values normalized by subtracting the overall session I50 (**Fig. 6b**). Following a transient increase for
331 both, session I50 values gradually increased for the 1s interval and decreased for 3s interval (1s int: slope greater than
332 zero, slope: 0.00442 [0.00206, 0.00678], $p = 0.0031$, 3s int: slope less than zero slope: -0.0101 [-0.0158, -0.00441], $p =$

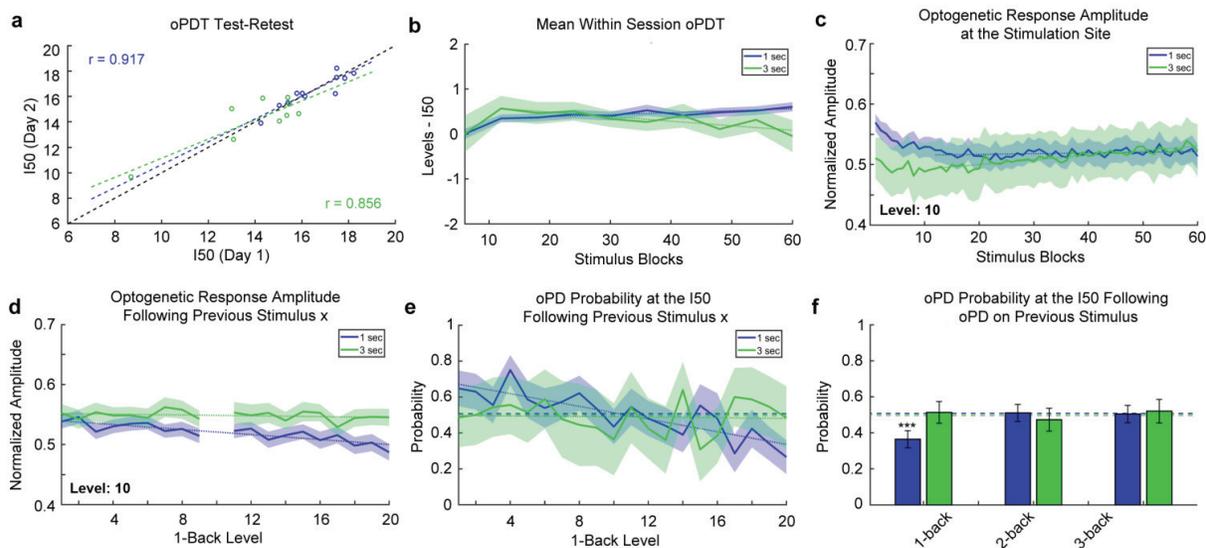


Figure 6 | Stability and Reliability of the oPDT (a) Test-retest comparison of session I50s on consecutive days. $n = 11$ pairs for 1s int and $n = 9$ pairs for 3s int. Each session I50 is calculated from 60 replicates. Dashed black line indicates the diagonal. (b) I50 is relatively stable over the course of a session. Mean normalized intermediate I50s (6 replicate bins) for 1 and 3 sec ISIs. Each stimulus block consisted of 20 intensity levels presented in random order. Order was randomized independently for each block. Session duration is 20 min for the 1s ISI and 60 min for the 3s ISI. $n = 67$ and 41 sessions for the 1s and 3s ISI respectively. Shaded bars indicate 95% CI. Dotted lines indicate best fit (linear regression) excluding blocks 1-12. (c) Optogenetic response amplitude is reduced within the first 5 min of recording, likely due to ChR2 desensitization. Values were transformed via min-max normalization for the entire curve. Same dataset as in b. Dotted lines indicate best fit (linear regression) excluding blocks 1-12. (d) The optogenetic response amplitude at the stimulation site is reduced following high intensity stimuli (1-back stimuli are plotted on the x-axis). The y-axis indicates the mean normalized response amplitude at level 10. Same dataset as in b. (e) The probability of an oPDT at the I50 depends on the intensity of the previous stimulus for 1s intervals. Dashed lines indicate the overall probability of an oPDT at a level within ± 0.25 of the I50. Dotted lines indicate best fit (linear regression). 1s: $n = 29$ sessions, 1740 trials, 3s: $n = 10$ sessions, 600 trials. (f) oPDTs that occur $< 2s$ prior have a suppressive effect on the probability of an oPDT at the I50. Dashed lines indicate the overall probability of an oPDT at a level within ± 0.25 of the I50. Error bars indicate the 95% CI. Same subset as in e.

333 0.0040, linear regression of the means excluding the first 12 replicates).

334 This gradual shift in the I50 through time could be a result of plasticity in the network but also ChR2 desensitization at

335 the stimulation site. All ChR variants exhibit desensitization with varying degrees of reduction in peak photocurrents

336 following repeated activation (Lin, 2010; Williams et al., 2013). We checked for ChR2 desensitization by measuring the

337 peak amplitude (session min/max normalized) of the optogenetic response at the stimulation site over time (Fig. 6c). We

338 found that the response amplitude is reduced (3%) within the first 4 minutes, likely an effect of desensitization, after

339 which it increased slightly (1s int: slope greater than zero, slope: 1.16×10^{-4} , 95% CI [7.62×10^{-6} , 2.25×10^{-4}], $p = 0.037$, 3s

340 int: slope greater than zero, slope: 7.63×10^{-4} , 95% CI [6.52×10^{-4} , 8.75×10^{-4}], $p < 0.0001$, linear regression of the means
341 excluding the first 12 replicates). Overall, the baseline drift in the response amplitude and the I50 over time was small
342 relative to the effects of subthreshold PTZ, for instance (**Fig. 5b,f**). Nevertheless, drift must be accounted for in the
343 interpretation of experimental results and all results should be compared to a vehicle control (**Fig. 5e,f**).

344 Next, we examined possible short term effects of stimulation on the $P(\text{oPD} | I_x)$ and assessed trial independence.
345 The extent of ChR2 desensitization depends on the strength of previous activation and higher intensity stimuli are
346 expected to produce greater desensitization than lower intensity stimuli. Since the stimuli are presented in random
347 order, we were able to quantify this effect by measuring the extent of desensitization produced by each stimulus pair.
348 We measured the peak amplitude of the response to a stimulus (level 10) following each of the other stimulus levels
349 (**Fig. 6d**). There was a small reduction in amplitude of the response for strong preceding stimuli (1s int: slope less than
350 zero, slope: -0.00208 , 95% CI [-0.00271 , -0.00145], $p < 0.0001$, 3s int: slope not different from zero, slope: -3.58×10^{-4} ,
351 95% CI [-9.56×10^{-4} , 2.40×10^{-4}] $p = 0.22$, ns, linear regression of the means). In order to determine if this change in
352 amplitude translated into a shift in the oPD probability, we calculated the oPDT probability at or near the I50 for each
353 preceding stimulus (**Fig. 6e**). A subset of the data was selected for this analysis restricted to those sessions with I50
354 values that were near a presented stimulus level (within ± 0.25 levels of a whole number) (1s: $n = 29$ sessions, 1740
355 trials, 3s: $n = 10$ sessions, 600 trials). This allowed us to determine if deviations from chance were related to the stimulus
356 order. The probability of oPD was negatively associated with the intensity of the previous stimulus for the 1s but not 3s
357 interval (1s int: slope less than zero, slope: -0.0177 , 95% CI [-0.0232 , -0.0121], $p < 0.0001$, 3s int: slope not different from
358 zero, slope: -8.37×10^{-4} 95% CI [-0.008 , 0.007], $p = 0.82$). This suggests that the reduction in amplitude (**Fig. 6d**)
359 translates into a reduction in oPD probability.

360 Higher intensity stimuli are also more likely to produce an oPD, so we checked for effects of the oPD itself on the
361 oPD probability at the I50. We calculated the conditional probability of an oPD at stimulus levels within ± 0.25 of the I50
362 (where the probability of an oPD should be close to chance), given an oPD on the n th previous stimulus (any level). Each
363 n -back probability was calculated independently. We found a strong suppressive effect of a previous PD for the 1-back
364 stimulus with a 1s ISI compared to the overall probability of an oPD at the I50 ($p < 0.0001$, Fisher's Exact Test, corrected

365 for multiple comparisons using the Holm-Sidak method). PD probability did not differ significantly from chance at 2 and
366 3 back for the 1s interval ($p = 0.91$ and 0.32 respectively, Fisher's Exact Test, corrected). PD probability remained at
367 chance for 1, 2, and 3-back for the 3s interval ($p = 0.91, 0.51, 0.45$ respectively, Fisher's Exact Test, corrected).
368 Therefore, an interval of $>2s$ is expected to be sufficient to produce independent trials and the 1s interval is expected to
369 produce I50s that slightly overestimate the oPDT, likely due to a combination of Chr2 desensitization and after-
370 hyperpolarization produced by the oPD. For this reason, it is important to compare measurements to baselines collected
371 using the same protocol with the same ISI. It is important to note that all of the above measurements were taken from
372 awake behaving animals and include random variation due to changes in ongoing activity. Taken together, these results
373 indicate that the oPDT curve offers exceptional precision and reliability and as such provides a new clear window into
374 the excitability state of the intact brain.

375 Discussion

376 Neuronal activity occurs on a background of synaptic and intrinsic excitability governed by the biophysical
377 properties of the component cells, synaptic plasticity, and the control of these parameters by internal homeostasis and
378 brainstem modulatory systems (Sterling and Laughlin, 2015). The complex dynamics of neural circuitry makes it difficult
379 to predict excitability from discrete measurements in reduced preparations, and obtaining direct measurements in
380 behaving animals is technically challenging (Petersen, 2017). Changes in excitability relevant to seizure susceptibility are
381 not fully captured by measurements of individual contributing factors and determining how these factors should be
382 combined to define network excitability is a non-trivial problem. Using a novel light intensity-response procedure, we
383 have developed and validated a new quantitative estimate of network excitability state based on PD probability.
384 Network PDs are an unambiguous indicator of the transition from normal to abnormal functional states; by mapping the
385 probability distribution of optogenetically induced PDs as a function of input magnitude, we derive a surrogate measure
386 of network excitability, the I50, that depends not only on the excitability of the population of cells directly stimulated,
387 but also on the receiving cells in the rest of the network. This approach has several important features: first, combining
388 optogenetic modulators with a high precision LED light source allows for tighter control over induced currents in specific
389 cell populations than previously possible with electrical stimulation; second, our multi-site recording technique allows us

390 to simultaneously induce and monitor PDs as they propagate throughout the network, critical for unambiguous
391 classification; third, our chronic preparation permits tracking of excitability dynamics over multiple timescales, from
392 minutes to months; and finally, because the oPDT procedure does not produce seizures and the baseline I50 is relatively
393 stable over time, pharmacological or molecular interventions can be tested within subjects, greatly increasing the ability
394 to detect functional changes as a result of genetic and/or pharmacological manipulation.

395 The electrical ADT has been used extensively as a measure of seizure threshold (Löscher, 2017). In many ways,
396 the oADT is the optogenetic equivalent of the electrical ADT, both produce similar acute after-discharges and repeated
397 presentations lead to behavioral seizure (kindling). Although seizures are an unmistakable sign that a threshold has been
398 crossed, they also produce long lasting effects on the brain, including widespread changes in gene expression (Altar et
399 al., 2004). In contrast, the oPDT does not produce seizures, nor kindling, and therefore can be used to measure
400 thresholds over time allowing within-subjects comparisons free from the confounds of seizure exposure. This property
401 may allow the oPDT to be used to track changes in excitability in models of epileptogenesis as a way to gain insight into
402 mechanisms and measure the effectiveness of various pharmacological and molecular interventions.

403 Previously optogenetic seizure thresholds have been determined by varying the number of stimulus bouts
404 (Khoshkhoo 2017). The oADT represents the first example of systematic optogenetic intensity-response curves, using a
405 high-precision LED, to precisely determine seizure thresholds (keeping stimulation frequency, pulse width, and train
406 duration constant). When the oADT and the oPDT are combined, the oADT, in the context of a known oPDT provides
407 additional information about seizure susceptibility. Although the thresholds for both metrics are the same in terms of
408 light intensity, the oADT requires repeated oPD inductions in order to produce an AD. This suggests that distinct
409 mechanisms are involved in the oAD generation, possibly the accumulation of extracellular K⁺ and the switch to
410 depolarizing GABA (Alfonsa et al., 2015; Buchin et al., 2016; Cossart et al., 2005; Miles et al., 2012). Comparing the
411 results of each approach might allow for identification of drugs and manipulations that prevent AD but do not change
412 baseline excitability, and therefore can be expected to have fewer side effects.

413 Electrically-evoked potential amplitude has previously been used as a measure of excitability in animal models
414 and patients with epilepsy (Maru and Goddard, 1987; Freestone et al., 2011; Enatsu et al., 2012; Wendling et al., 2016;

415 Keller et al., 2018). However, without knowing the details of underlying synaptic currents and their influence on the LFP,
416 it is difficult to estimate excitability from amplitude alone given that somatic inhibition and dendritic excitation produce
417 similar sink/source patterns (Buzsáki et al., 2012; Hales and Pockett, 2014; Herreras, 2016). Because network wide PDs
418 are readily differentiated from subthreshold synaptic potentials, our preparation provides an unambiguous
419 measurement of excitability that does not require knowledge of the sink/source patterns needed to interpret the LFP
420 itself.

421 Electrical stimulation activates cells and fibers of passage which act upon a sparse and widely distributed
422 population of neurons whose identity cannot be predicted ahead of time, nor known with certainty afterwards (Histed
423 et al., 2009). In contrast, optogenetic expression patterns can readily be determined histologically and light spread can
424 be accurately modeled based on fiber location and power output. Light spreads out in a cone from the tip of the fiber
425 and drops off quickly with distance in brain tissue due to scattering (Aravanis et al., 2007; Yizhar et al., 2011). As the light
426 intensity increases, cells directly under the fiber will be increasingly depolarized to threshold followed by neighboring
427 cells. Thus, the optogenetic intensity-response curve varies both the magnitude of depolarization in individual cells as
428 well as the overall size of the activated population. Cells in the center that have already reached threshold cannot be
429 depolarized further, in part because ChR2 currents are voltage dependent (Williams et al., 2013). From the perspective
430 of downstream areas, the intensity-response curve varies the number of synchronously active projections emanating
431 from the stimulation site. This is important because, while synchronous firing is an important feature of the function of
432 these circuits, exceeding normal ranges would be expected to produce non-specific propagation of the synchronous
433 discharge when some critical number of downstream cells is induced to fire synchronously.

434 The sharp transition between sub and suprathreshold activity may reflect a breakdown between the balance of
435 feedforward inhibition and excitation (Buzsáki, 1984; Wahlstrom-Helgren and Klyachko, 2016). If the magnitude of the
436 population EPSP exceeds that of feedforward inhibition, it could produce a highly synchronous discharge that would
437 propagate to other areas (Johnston and Brown, 1981). This would explain the sensitivity of the oPDT curve to GABA
438 antagonists such as PTZ. In addition to the balance of inhibition and excitation, a number of other functional properties
439 might be expected to modulate the oPDT, the oADT, or both. Synaptic strength determines the threshold for

440 downstream propagation of the synchronous discharge (Nicoll, 2017), intrinsic excitability modulates the responsiveness
441 of downstream cells, which is governed by the relative expression and cellular localization of voltage-gated Na^+ , K^+ , and
442 Ca^{2+} channels (Graef and Godwin, 2010; Lisman et al., 2018; Meadows et al., 2016), and the regulation of the
443 extracellular space by glia (Devinsky et al., 2013).

444 The Thy1-ChR2 mice (line 18) used in these experiments express high levels of wild-type ChR2-EYFP in deep
445 (calbindin-negative) pyramidal neurons in CA1 (Arenkiel et al., 2007; Dobbins et al., 2018). Importantly, transgenic
446 animals provide more consistent and specific ChR2 expression patterns than could be achieved with virus injection.
447 Compared to neighboring superficial cells, deep pyramidal neurons in CA1 are more prone to burst firing, have unique
448 input and output pathways, and lack calcium buffering proteins, potentially making them more susceptible to seizure
449 activity (Mizuseki et al., 2011; Sloviter, 1989; Valero et al., 2015). By selectively targeting this population of excitatory
450 neurons the inhibitory population is free to respond, preserving the strong reciprocal relationship they have with the
451 excitatory cells being stimulated, and allowing them to participate in the generation of the synchronous discharge (Cobb
452 et al., 1995; Ellender et al., 2014; Sessolo et al., 2015; Yekhleif et al., 2015; Khoshkhoo et al., 2017; Wang et al., 2017;
453 Chang et al., 2018a; Magloire et al., 2018).

454 The fact that the evoked discharges initiated in CA1 occurred simultaneously in multiple hippocampal structures
455 supports the hypothesis that synchronous activation of entorhinal cortex was responsible (Avoli et al., 2002; Yeckel and
456 Berger, 1990). The oPD was most prominent in areas CA3 and DG; reciprocally connected areas prone to
457 hypersynchronous discharge (Traub and Jefferys, 1994). CA3 and DG lead during spontaneous discharges suggesting that
458 synchronous inputs to these areas are responsible for generating the IIS, and optogenetically generated synchronous
459 input from CA1 via subiculum and entorhinal cortex serves as a trigger for the oPD. These results are also consistent with
460 the dentate gate hypothesis, which posits that dentate granule cells, because of their relatively high functional
461 threshold, act as a gate that prevents the propagation of seizure activity into the rest of hippocampus (Heinemann et al.,
462 1992; Lothman et al., 1992; Goldberg and Coulter, 2013). Although hippocampus has multiple interacting nested loops, if
463 the dentate gyrus is the last to reach “critical mass”, a synchronous discharge there could be responsible for the all-or-
464 none expression of the oPD. If this is true, the oPDT, in its current configuration, is a sensitive measure of the strength of

465 the “dentate gate” and could be useful for evaluating therapeutic interventions in this area (Krook-Magnuson et al.,
466 2013, 2015). Non-synaptic propagation, often neglected in earlier studies of seizure, is also likely to play a role in
467 generating the synchronous discharge in the closely situated structures of the hippocampus (Zhang et al., 2014).

468 Despite the widespread synchronous nature of the discharge, it is transient, and the system is surprisingly
469 resilient to its effects on short time scales. By analyzing the oPD probabilities from one stimulus to the next, we found
470 that the response is functionally independent of the previous stimulus in just a few seconds. Furthermore, closely
471 spaced oPDs (1s ISI) are suppressive to the system, significantly reducing the probability of another oPD in response to
472 the subsequent stimulus. The suppressive effect of the oPD is likely due to a combination of ChR2 desensitization and
473 the slow after-hyperpolarization (I_{sAHP}) (Alger and Nicoll, 1980; Lancaster and Adams, 1986). The fact that unitary PDs
474 are suppressive and multiple repeated oPDs are required to initiate seizure suggests that either there is a reduction in
475 the suppressive effect with each oPD, or that multiple PDs produce sufficient excitation to overcome the suppressive
476 effects. In the context of spontaneous seizure, this makes it clear that seizures are a result of a slow transition to
477 abnormal brain states, such as those presumably induced by persistence repetitive synchronous discharges in our
478 model, which are permissive to self-sustaining seizure activity and that they are not simply the result of transient
479 synchronous activity alone (Chang et al., 2018b).

480 The oPDT procedure allows for multiple threshold measurements over time; an important advantage over
481 previous methods. For comparison, the recovery time for the 6hz – psychomotor seizure and minimal electroshock
482 threshold is at least 4.4 and 7.5 minutes respectively (Brown et al., 1953). The enhanced temporal resolution of the
483 oPDT can be used to estimate the functional pharmacokinetics of anti-epileptic drugs or to study the natural fluctuations
484 in excitability that depend on brain state and behavior (Baud et al., 2018, 2019). The temporal resolution of the oPDT is
485 limited by the number of stimuli used to generate the curve and the ISI. As we have demonstrated, stimuli are
486 functionally independent when presented with ISI > 2s. Further reductions could be achieved by using a reduced subset
487 of stimuli, optimized for baseline curves in each animal. For small changes, sampling at the I50 alone should be
488 sufficient. When implemented in a closed-loop system, optimization techniques could be used to further reduce the
489 number of stimuli necessary (MacKay, 1992).

490 On longer time scales (days to weeks), repeated stimulation of the brain is expected to produce a number of
491 changes, some of which involve changes in plasticity and homeostatic regulation of the stimulated cells (Thiels et al.,
492 1994; Oliek et al., 1997; Massey and Bashir, 2007). Recently, it was demonstrated that long-term (24hrs) optogenetic
493 stimulation of CA1 produces changes in spine density and synaptic plasticity (Moulin et al., 2019). Although we have
494 demonstrated that the oPDT is stable over time, appropriate control experiments should be used and care should be
495 taken when interpreting results to account for potential changes in the brain as a result of stimulation.

496 The current study is focused on using optogenetic intensity-response curves to quantify excitability in the
497 context of seizure activity, but the same procedure could be applied to any study that uses optogenetic stimulation as
498 the independent variable with a stochastic dependent variable. Similar procedures could be performed with any
499 appropriate optogenetically induced cellular, molecular, physiological, or behavioral output metric (Allen et al., 2015;
500 Bugaj et al., 2016; Tischer and Weiner, 2014). Abnormal excitability is also associated with a number of other
501 neurological disorders including depression, autism, Alzheimer's, anxiety, drug addiction (and withdrawal), and
502 schizophrenia (Crabtree et al., 2017; Friedman et al., 2014; Kourrich et al., 2015; Rau et al., 2015; Santos et al., 2010;
503 Takarae and Sweeney, 2017). Correlating changes in excitability with behavior or neurochemical state in the context of
504 these disorders may provide novel insights into the mechanisms of the underlying disease.

505 In summary, we show that synchronous optogenetic activation is sufficient to induce epileptiform population
506 discharges, and the systematic modulation of light intensity allows for precise estimation of the threshold between
507 normal and abnormal activity. This approach provides a novel platform for testing the effects of therapeutic
508 interventions on network excitability.

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513 abstract form (Klorig et al., 2014, 2017).

514 **Contributions**

515 DK and GA designed experiments and performed surgeries. DK, GA, and TS collected data. DK developed the
516 analysis. DK, DG, and GA wrote the paper.

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