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Realistic numerical and analytical modeling of light scattering in brain tissue for optogenetic applications

Modeling of light scattering in brain tissue

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38 **Realistic numerical and analytical modeling of light scattering in
39 brain tissue for optogenetic applications**
40

41 **Abstract**

42 Optogenetics has in recent years become a central tool in neuroscience research. Estimating the
43 transmission of visible light through brain tissue is of crucial importance for controlling the
44 activation levels of neurons in different depths, designing the optical systems and avoiding
45 lesions from excessive power density. The Kubelka-Munk model and Monte Carlo simulations
46 have previously been used to model light propagation through rodents' brain tissue, however,
47 these prior attempts suffer from fundamental shortcomings. Here, we introduce and study two
48 modified approaches for modeling the distributions of light emanating from a multimode fiber
49 and scattering through tissue, using both realistic numerical Monte Carlo simulations and an
50 analytical approach based on the Beam Spread Function approach. We demonstrate a good
51 agreement of the new methods' predictions both with recently published data, and with new
52 measurements in mouse brain cortical slices, where our results yield a new cortical scattering
53 length estimate of $\sim 47 \mu\text{m}$ at $\lambda = 473 \text{ nm}$, significantly shorter than ordinarily assumed in
54 optogenetic applications.

55 **Significance statement**

56 For optogenetic stimulation to become highly controlled, reproducible and safe, a thorough
57 understanding of the deep-tissue scattered light distributions that mediate the excitation is
58 required. However, effective computation tools validated by actual measurements in brain tissue
59 are currently still lacking. In this paper, we introduce, study and validate new numerical and
60 analytical approaches for modeling the distributions of light propagating through brain tissue.

61 We show that both methods lead to consistent results and use the much faster analytical method
62 to iteratively extract the optical parameters from new measurements, suggesting that light
63 penetration into cortical tissue is significantly less than usually assumed. The new level of
64 faithfulness could assist in designing experimental setups and optical interfaces, and help
65 interpret optogenetics experiments.

66 **Introduction**

67 Optogenetic neuromodulation is playing an increasingly central role in neuroscience research
68 and emerging applications (Deisseroth, 2011), with major efforts being directed towards the
69 discovery and development of advanced optogenetic probes (Yizhar et al., 2011; Zhang et al.,
70 2011) and related miniature devices (Deisseroth and Schnitzer, 2013). However, relatively little
71 attention has been given to elucidating and characterizing the passage of light in brain tissue at
72 the relevant visible wavelengths and illumination geometries: since light-tissue interactions at
73 these wavelengths is strongly scattering-dominated, light transfer is heavily affected by multiple
74 scattering events resulting in complex light distributions where the photons deviate considerably
75 from their original directions. Estimating the resulting light distribution is of crucial importance
76 for multiple aspects of optogenetic research including the control and analysis of neuronal
77 excitation levels, comparison of the relative merits for different applications of probes with
78 different excitation spectra, the design of effective optical systems for delivering sufficient light
79 power density to target regions (Pashaie et al., 2014), and for avoiding lesions and light toxicity
80 (Frigault et al., 2009) that may result from excessive light absorption.

81

82 Despite this central importance in interpreting and designing optogenetics experiments,
83 methodical treatment of tissue light transport in this context has been sparse. To date, the central

84 approaches used for studying relevant scattered light distributions in rodent brains were based on
85 a Kubelka-Munk (KM) model fit to empirical results (Aravanis et al., 2007; Yizhar et al., 2011;
86 Adamantidis et al., 2007; Foutz et al., 2012), and on Monte Carlo (MC) simulations of light
87 transport (Bernstein et al., 2008; Chow et al., 2010; Kahn et al., 2011). Unfortunately, the
88 generality and applicability of each of these approaches suffers from major limitations. The KM
89 model (Kubelka, 1948) is a one dimensional model describing the propagation of light through a
90 diffuse scattering medium (with *no* absorption), based on two coupled differential equations that
91 describe the change in the intensity at each point in the slab based on the change of two fluxes:
92 the transmitted light flux and the backscattered flux. However, the KM model is based on
93 fundamental assumptions that are inconsistent with light scattering in tissue geometries and
94 length scales relevant to optogenetics: (1) it assumes isotropic scattering, which becomes true
95 only at the diffusive regime – depths of multiple millimeters, whereas at the distance scales and
96 wavelengths relevant to optogenetics, scattering is highly anisotropic; (2) it assumes isotropic
97 illumination (i.e. illumination from an infinite uniform plane), thus neglecting the finite
98 geometry and size of the illumination, which is typically of comparable size to the tissue of
99 interest. The various limitations of the KM model as suitable for capturing light scattering, are
100 extensively discussed by Neumann and Edst  rm (2010). Likewise, the published MC
101 calculations (Bernstein et al., 2008; Chow et al., 2010; Kahn et al., 2011) were based on (very
102 different, see table 1) scattering parameters for *human* brains (Yaroslavsky et al., 2002), and are
103 unvalidated by empirical data (see discussion). More recently, more extensive sets of
104 measurements for estimating the optical parameters using different experimental strategies were
105 performed in several sub-cortical adult mouse brain areas (Al-Juboori et al., 2013) and in adult
106 rat brains (Azimipour et al., 2014). While important, broad empirical measurement datasets do

107 not provide the type of generality required for tackling a diversity of practical cases and designs,
108 and leaves open the need for a complementary quantitative, practical and empirically validated
109 modeling framework for optogenetic light propagation.

110

111 In this work, we apply two independent methods for *detailed* modeling of the transmission of
112 light launched from a monochromatic optical fiber light source across various thicknesses of
113 brain tissue: the MC method (Fang, 2010) and the Beam Spread Function (BSF) method
114 (McLean et al., 1998), which is applied in this context for the first time. MC simulation uses
115 repeated *numerical* random sampling while BSF is based on convolutions of an *analytical* beam
116 propagation Green's function (an impulse response, which is used via the superposition principle
117 to obtain a solution to more complex initial or boundary conditions). Despite the very different
118 methodologies behind these two methods, we show that their results are both mutually consistent
119 and in agreement with both published and new empirical brain-scattering results. Finally, we
120 discuss the new approaches' relative merits and limitations, as well as directions for future study.

121 **Methods**

122 *2.1 General considerations*

123 In our models and in previous experiments (Yizhar et al., 2011; Aravanis et al., 2007), an optical
124 fiber was located adjacent and perpendicular to an ex-vivo slice of mouse brain tissue. The fiber
125 was emitting light in wavelength $\lambda = 473$ nm, its core radius was 100 μm and numerical aperture
126 (NA) of 0.37. These parameters were also used by Aravanis et al. (2007). We assume that the
127 spatial and angular intensity distributions of the emitted light at the fiber surface are uniform and
128 constant. This assumption holds since the electric field distribution at the fiber tip is composed of

129 superposition of all the linearly polarized modes (amplitude distributions that remain unchanged
130 during propagation in a fiber) supported by the fiber, which are very numerous. The number of
131 modes (M) is typically estimated from the fiber's normalized frequency $V = 2\pi \left(\frac{r_{core}}{\lambda} \right) NA =$
132 491.5 ; (Okamoto, 2006), which indeed implies a very large number of modes $M \approx \frac{4}{\pi^2} V^2 \approx 10^5$.
133 Another important parameter is the beam divergence at the fiber tip, since it determines the
134 angular distribution of the light emanating from each point at the fiber tip. If we assume that the
135 fiber is touching the tissue (i.e. no other interface between them), the half-angle of divergence
136 θ_{div} is

$$\theta_{div} = \sin^{-1} \left(\frac{NA}{n_{tissue}} \right) = 15.8^\circ,$$

137 where $n_{tissue} = 1.36$ is the refractive index of the brain tissue (Vo-Dinh, 2003). We assume a
138 homogenous and isotropic (i.e. there is no preferable direction in the tissue) scattering tissue,
139 characterized by a scattering coefficient μ_s (cm^{-1}), a weak absorption coefficient μ_a (cm^{-1} , $\mu_a \ll$
140 μ_s), and a high anisotropy coefficient g (dimensionless) which represents a tendency for strongly
141 forward scattering at each scattering event. Using the two methods described below, we calculate
142 local intensity (the radiant power passing through a unit surface) in different points across the
143 tissue.

144 2.2 *Monte Carlo simulation*

145 The MC simulation is based on the Mesh-based Monte Carlo (MMC) code developed by Fang
146 (2010), version 0.9.5. Since the MMC software is based on an infinitely narrow beam (pencil
147 beam) light source, we adapted it to a more complex light source using a three-step process:
148 a. The 3D pencil beam response was produced by simulations performed at a logarithmic
149 lateral resolution spanning from $1.2 \mu\text{m}$ near the central beam to $47 \mu\text{m}$ at the edge of the

150 simulated volume, and an axial resolution of 5 μm , with 10^8 simulated photons. The
151 response was then resampled by a uniform isotropic grid of 5 μm .

152 b. The 3D pencil beam response was rotated in 64 intervals over the inclination angle θ_{div}
153 along the rotation axis, which is the entrance point of the pencil beam into the tissue.
154 Sequentially, the result was rotated over a full circle in 64 intervals along the azimuthal
155 direction. The results of all the rotations were summed up to form the angular light
156 pattern that was emitted from each point of the fiber tip (Figure 2a). In effect, the
157 rotations can be formulated in terms of angular convolution with unit vectors that span
158 the inclination angles $[0, \theta_{div}]$ and the azimuth angles $[0, 2\pi]$.

159 c. To take into account the fiber tip area, the result of the previous stage was convolved
160 with a sampled disk of the same diameter as the fiber (Figure 2a).

161 2.3 *Beam spread function simulation*

162 The (BSF) method (McLean et al., 1998) is a uniquely powerful solution for approximating light
163 distributions in highly forward scattering media where the higher-order effects of photons
164 coming via multiple paths of various lengths, thus resulting in *time dispersion* of the light
165 intensity, is also incorporated. The method applies an analytical approximation for unidirectional
166 pulsed source propagation in a turbid medium, which serves as a Green's function that can be
167 used to solve more general problems (i.e. via angular and spatial convolution): the BSF $k(z, \rho, \tau)$
168 is the intensity distribution of light from a pulsed source normalized to the pulse's energy, after
169 propagating a distance z in the medium, where ρ is the radial position vector, and $\tau = t - z/c$ is
170 the multipath time (c is the speed of light in the medium, t is the time since the photons start
171 propagating, $\tau = 0$ for unscattered photons). McLean *et al.* (1998) present a useful decomposition
172 of the scattered photons BSF into a product of a normalized temporal dispersion distribution

173 function $G(z, \tau)$ and a normalized spatial-angular distribution function $h(z, \rho, \tau)$ (see upper part
 174 of Figure 1),

$$k_{sc}(z, \rho, \tau) = e^{-\mu_a(z+c\tau)} G(z, \tau) \cdot h(z, \rho, \tau) \quad (1)$$

175 where μ_a is the absorption coefficient. Following McLean *et al.* (1998), we use the time-
 176 dependent spatial distribution function (derived from the time-independent small-angle
 177 approximation):

$$h(z, \rho, \tau) = \frac{3}{4\pi c z} \exp\left(-\frac{3\rho^2}{4\tau c z}\right), \quad (2)$$

178 and the Gamma probability density function is used as the temporal distribution function
 179 (equivalent to a normal distribution when the variable, τ , is positive definite):

$$G(z, \tau) = \frac{\mu}{\sigma^2 \Gamma\left(\frac{\mu^2}{\sigma^2}\right)} \left(\frac{\mu\tau}{\sigma^2}\right)^{\frac{\mu^2}{\sigma^2}-1} \exp\left(-\frac{\mu\tau}{\sigma^2}\right), \quad (3)$$

180 where μ and σ are the first and second moments of τ , respectively, and are dependent only on the
 181 first and second moments of the cosine of the scattering angle θ (see McLean et al., 1998 for
 182 formulas), and $\Gamma(x)$ is the gamma function. The BSF of the scattered photons, $k_{sc}(z, \rho, \tau)$ was
 183 calculated for the tissue optical parameters (same as for the MC method) and integrated over
 184 time. The unscattered photons were added next to obtain the combined BSF (see lower part of
 185 Figure 1):

$$k(z, \rho, \tau) = \delta(\rho)\delta(\tau)e^{-(\mu_a+\mu_s)z} + (1 - e^{-\mu_s z}) k_{sc}(z, \rho, \tau). \quad (4)$$

186 Subsequently, angular and spatial convolutions were performed to obtain the propagation of light
 187 from the fiber's tip, as was done with the MC method (only steps 2 and 3 are required here, since
 188 the Green's function is calculated for the entire volume, see Figure 2).

189 The calculation of the BSF pencil beam is considerably faster than MC calculation with
190 comparable accuracy (several seconds compared to hours). As a result, curve fitting can be more
191 readily used to obtain the optical parameters of a sample. We implemented the accelerated
192 gradient search method (Beck and Teboulle, 2009) to find the scattering coefficient and
193 anisotropy factor of the published data manually extracted from Aravanis et al. (2007) and of our
194 measurements (Figure 5 below).

195 *2.4 Experimental setup*

196 All procedures were conducted in accordance with the national ethics committee for animal
197 experimentation and with the approval of the Committee on Animal Care at The Technion –
198 Israel Institute of Technology. Mouse brain slices were illuminated from above with a blue laser
199 (473 nm) emanating from a fiber of 200 μm in diameter with NA of 0.37 (Thorlabs BFL37-200,
200 Newton, NJ). The light intensity was measured through a small aperture (about 50 μm in
201 diameter) using a power meter (Newport 818-ST, Irvine, CA), when the fiber tip is adjacent to
202 the slice surface, above the point of maximal intensity (Figure 2c). Oblique, semi-coronal brain
203 slices were obtained from 2 female mice (5 months old, C57/BL6 strain) from the same litter.
204 The slice thicknesses used were 150, 200, 300, 400, 500 and 600 μm . Four measurements per
205 slice were taken in neocortical areas, with 2-3 slices of each thickness obtained per animal ($n =$
206 16 to 20 for each slice thickness). Since we found greater scattering near the white-matter at the
207 deep layers of the cortex, the measurements were performed at central locations. The slices and
208 the fiber were submerged in artificial cerebro-spinal fluid (aCSF) throughout the measurements,
209 and were oxygenated until shortly before the measurement. In addition, radial intensity profile
210 was obtained for the 300 μm and 600 μm thick slices, by moving the fiber tip laterally in 50 μm
211 intervals to 1mm. The measured results were normalized to the measured light intensity without

212 the slice (at the same height above the aperture) divided by the theoretical predicted attenuation
213 due to geometric beam spreading.

214 **Results**

215 We first examined the accuracy of BSF method by comparing it to MC simulation results using
216 two sets of previously published brain tissue optical parameters: scattering coefficient $\mu_s = 168.6$
217 cm^{-1} from Al-Juboori et al. (2013) measured in the mouse's pedunculopontine nucleus using 453
218 nm blue light at the top, and $\mu_s = 120 \text{ cm}^{-1}$ from Yaroslavsky et al. (2002) measured in human
219 brain gray-matter tissue using 480 nm blue light at the bottom. Figure 3a shows contour maps of
220 the calculated light transmission using the MC method, and Figure 3b shows the same using the
221 BSF method. The fiber diameter used for the models in this figure is 100 μm and the NA is 0.22
222 (as reported by Al-Juboori et al.). Due to lack of better data, we used the absorption coefficient
223 and anisotropy factor of native human gray matter from Yaroslavsky et al. (2002), $\mu_a = 0.6 \text{ cm}^{-1}$
224 and $g = 0.88$ in both cases. These results illustrate that the analytical BSF method generally
225 follows the MC predictions quite closely for a parameter regime which is relevant for
226 optogenetics.

227

228 Next, we compared the models' predictions to two published experimental accounts on
229 transmission along the z-axis, that is, the fiber's central axis (Figure 3; Aravanis et al., 2007; Al-
230 Juboori et al., 2013). First, we compared the models' results of Figure 3c to the published decay
231 curves by Al-Juboori et al. (Figure 4b). As discussed above, the results of the MC and the BSF
232 methods are in excellent agreement (root mean square [rms] transmission error of 0.52% over the
233 range 0–1mm), and we find that both provide a very good fit to the experimental measurements
234 (rms error of 0.97% over the range 0-0.3 mm). In contrast, the model-based simulations are in

235 poor agreement with the experimental measurements of Aravanis et al. (2007). The comparison
236 used the experimental setup geometry of Aravanis et al. (2007), where the fiber tip remained in a
237 fixed height while the tissue samples being replaced, and no aperture was used. It can be shown
238 that the light attenuation curve obtained this way is equivalent to depicting the integrated light
239 intensities over the entire layers. A version of the BSF model was adapted to implement this
240 integration, and best-fit curves to the data from Aravanis et al. (2007) used this modification. The
241 obtained optical parameters were: scattering coefficient 60.7 cm^{-1} , absorption coefficient 0.62 cm^{-1}
242 and anisotropy factor $g = 0.89$.

243

244 Finally, we compared model-based predictions to the new set of measurements performed in
245 adult mouse cortical slices (Figure 5). In order to estimate the tissue's scattering parameters, we
246 searched for a BSF model that simultaneously provided the best-fit to both the axial and lateral
247 profiles (obtained parameters: scattering coefficient 211 cm^{-1} and anisotropy factor $g = 0.86$). The
248 results again demonstrate an excellent agreement between the respective simulation methods,
249 and between them and the experimental curves. Overall, these results exhibit a strong attenuation
250 of the light intensity along the z axis due to multiple scattering: the intensity is reduced to 50% at
251 a depth less than $40 \mu\text{m}$, and to just a few percent at depths exceeding $200 \mu\text{m}$ (mean free path is
252 $47 \mu\text{m}$). This finding highlights how the gray matter's high density leads to a large number of
253 scattering events over a relatively very short distance.

254 **Discussion**

255 In this study we sought to develop and experimentally validate solutions for realistic modeling of
256 optogenetic light delivery using an optical fiber embedded in brain tissue. MC simulations, a
257 generally accepted numerical method for simulating light propagation in biological tissues (Zhu

and Liu, 2013), have already been extensively applied to this problem, however, generally using inappropriate tissue parameters (see Table 1) and without capturing the input light source's spatial and angular properties; these issues are particularly important in light of the general lack of experimental validation of simulation results. Additionally, we adapted and extended a powerful analytical method for estimating scattered light distributions, the BSF, and carefully compared it to the MC results and to experimental measurements. Importantly, the results of the analytical solutions were found to be highly consistent with the MC simulation results, with the published attenuation profile measurements by Al-Juboori et al. (2013) in mouse sub-cortical regions (Figure 4b), and with a new set of cortical attenuation measurements (Figure 5). The model-based iso-intensity contours in cortical slices (Figure 5d) are also in rough agreement with the measured results found in Yizhar et al. (2011; their Figure 3E), which is itself in stark disagreement with the attenuation graph of Aravanis et al. (2007; reproduced in Figure 3B in Yizhar et al. 2011). Our method for measuring and estimating the parameters uses a geometry and fits to localized measurements that are directly relevant to optogenetics and does not rely on the multiple assumptions behind diffuse reflectance estimates (Azimipour et al. 2014).

273

The very good inter-model agreement found is probably as good as one can obtain, given that there are several reasons to expect small discrepancies between the two methods. First, the BSF formulation uses several approximations and assumptions. For example, the temporal probability density is modeled as a Gamma distribution, although more recent work (Funk and Pfeilsticker, 1999; Theer and Denk, 2006) suggests the lognormal distribution may be a more accurate model. Moreover, the methods have some inherent numerical errors, especially as a result of integration, interpolations, and the limited volume (spatial, temporal and directional) allocated for the Green

function. Likewise, differences from the empirical measurements can be attributed to tissue inhomogeneity, approximations in the experimental setup (e.g., neglecting the polystyrene and air layers between the slice and the detector, errors in slice thickness, etc.), and errors in the estimated optical parameters used. Finally, while the methods were applied here to a uniform light source, it can be easily accommodated to other beam profiles (e.g. Gaussian beam, multiple fibers, etc.). It is, however, important to note that like almost all current methods that describe the propagation of light in a turbid media, both methods do not take the wave properties of the light into account; thus, when using a coherent source, the interference of photons with different phases (due to different optical path lengths) will form a speckle pattern that can also reduce the total illumination level at each position.

291

Using the new BSF method, the scattering coefficient and anisotropy factor were estimated in measurements performed in mouse cortical slices. This estimation procedure was based on simultaneously optimizing the MSE fit to both the axial and two lateral curves (Figure 5) using only two scattering parameters (or 'degrees of freedom'). This iterative fit procedure was facilitated by the tremendous speed gain of the BSF method relative the MC numerical simulations (~10 seconds/BSF computation vs. ~10 hours/MC to achieve a comparable accuracy on a modern desktop PC).

299

Table 1 compares our results to estimates of these parameters based on the published data by Aravanis et al. (2007), as well as related parameter estimates obtained in the adult mouse pedunculopontine tegmental nucleus (Al-Juboobi et al., 2013), in adult rat cortex (Figure 5; Azimipour et al., 2014) and in human gray matter (Yaroslavsky et al., 2002). This comparison

304 illustrates the much stronger scattering in mouse cortex seen in our results than indicated
 305 by Aravanis et al. (2007) and is generally more consistent with the stronger scattering observed
 306 by Al-Juboori et al. (2013) and Azimipour et al. (2014). Noting the considerable difference in the
 307 optical parameters between human and mouse brains, and between brain areas, we advise to
 308 refrain from using them interchangeably. Indeed, these findings explain the observations in
 309 Bernstein et al. (2008), who report a ratio of ~0.73 in the diameters of the 1% and 10% contours
 310 of light attenuation between their measurements in mouse brain slices and MC simulations,
 311 which were based on human brain optical parameters. Note, however, that these estimates should
 312 be used with caution if scattering is expected to change. For example, measurements should be
 313

Source	Brain sample	Wavelength (nm)	Scattering coef. (cm ⁻¹)	Anisotropy factor
Own experiment	adult mouse cortex, (5 months old)	473	211	0.86
Aravanis	mouse cortex	473	60.7	0.885
Al-Juboori	mouse subcortical, (6-8 week old)	453	168.6	-
Azimipour	rat cortex	532	~170	~0.9
Yaroslavsky	human gray matter	480	120	0.88

314 **Table 1:** Brain tissue optical parameters

315
 316 performed on tissue samples obtained from younger animals, as their scattering has been shown
 317 to be weaker (Oheim et al., 2001).
 318
 319 These results therefore put forward the BSF as a viable analytical approach towards a better
 320 understanding of light propagation and interactions in optogenetics and related fields, while use
 321 of the Kubelka-Munk model should be discouraged due to its theoretical inadequacy. As we have

322 shown, the BSF can be used both for calculating the light distribution in brain tissue, and for
323 estimating the optical parameters from measured attenuation curves. Since the BSF is an
324 analytical method, it is considerably faster than a MC simulation, enabling its implementation to
325 curve fitting algorithms that obtain the optical parameters of the tissue and require multiple
326 calculations of the attenuation curve with different parameters. A major limitation of light
327 propagation models in brain tissue (including the ones portrayed here) is the assumption of
328 homogeneity, whereas the cortical layers have different cytological properties, and necessarily
329 also different optical parameters. These can be obtained in a similar manner, by performing the
330 attenuation curve fitting *in parts* using the histological layers depths. A useful, immediate
331 application of the BSF method for experiment design, is to determine the tissue volume
332 illuminated to various levels by different optical fibers (Table 2). It is noted that exact calculation
333 of the light intensity inside the tissue is a prerequisite for determining the excitation from
334 optogenetic stimulation, but does not completely describe the excitation from optogenetic light.
335 In order to estimate the excitation properly, one has to know the cell morphology, the
336 distribution of the light-sensitive channels and the baseline excitability from sub-threshold
337 oscillations. Moreover, *in vivo* optogenetic stimulation is also prone to absorption by blood
338 (Azimipour et al., 2015), which is highly non-homogenous and remains untreated in our model.

339

Fiber properties		Volume illuminated ($10^{-3} \times \text{mm}^3$)			
NA	Diameter (μm)	>50%	>20%	>5%	>1%
0.1	25	0.02	0.04	0.09	0.20
0.22	50	0.06	0.14	0.34	0.79
0.22	105	0.29	0.68	1.48	3.28
0.22	200	1.07	2.56	5.53	13.7
0.22	365	3.62	8.71	19.5	61.7
0.37	200	1.05	2.52	5.52	14.3
0.39	200	1.05	2.51	5.50	14.4
0.39	300	2.39	5.75	12.7	38.1
0.39	400	4.30	10.4	23.3	79.4
0.48	400	4.76	10.3	23.1	79.0

340 **Table 2:** The illuminated tissue volumes for various commercial optical fibers. Threshold is in percent

341 of maximal illumination.

342 A BSF solver is available at niel.net.technion.ac.il/software.

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430 **Figure 1.** Graphical depiction of the beam spread function (BSF) calculation process: the
431 distribution of the scattered photons $k_{sc}(z,\rho,\tau)$ is a product of the spatial distribution $h(z,\rho,\tau)$ and
432 the temporal dispersion distribution $G(z,\tau)$ (eq. 1). The time-dependent distribution is integrated
433 over time to obtain the intensity values $k_{sc}(z,\rho)$, and added to the distribution of the unscattered
434 photons $k_{usc}(z,\rho)$ for the total distribution $k(z,\rho)$ (eq. 4), called the BSF. Note that the equations
435 also include absorption effects that were omitted from the figure for simplicity.

436

437 **Figure 2.** (a) Simulation procedure: the 1st stage is the calculation of a 3D pencil beam response,
438 the 2nd stage is the angular convolution of the pencil beam response, and the 3rd stage is a spatial
439 convolution with the fiber tip area; (b) Simulation outcomes of the various simulation steps. For
440 better visualization all the figures are in log scale; (c) Illustration of the experimental setup cross-
441 section.

442

443 **Figure 3.** Comparisons of MC and BSF methods for two different tissue scattering parameter
444 settings: $\mu_s = 168.6$

445 cm⁻¹ (top, from Al-Juboori et al. 2013) and $\mu_s = 120$ cm⁻¹ from (bottom, Yaroslavsky et al. 2002).
446 (a) Contour maps of the light distribution in the tissue, created using the MC method; (b)
447 Contours created using the BSF method. The iso-intensity lines are at 50%, 20%, 5%, and 1% of
448 maximum. (c) Light transmission curves along the z-axis.

449

450 **Figure 4.** Transmission of light along the z-axis, comparing published experimental results (red
451 dotted curves) with BSF method (blue curves). (a) Best-fit curves to measured data from
452 Aravanis et al. (2007). (b) Experimental data from Al-Juboori et al. (2013) measured from the

453 peduncopontine tegmental nucleus, the optical parameters used for the BSF curve are explained
454 in the text.

455

456 **Figure. 5.** Experimental results: light transmission in a mouse cortex along the z-axis (a) and the
457 radial axis (b) at 300 μm (blue) and 600 μm (red). The solid lines are the best fit of the BSF
458 model. (c) Surface plot of the simulated light distribution in the slice, obtained with BSF model
459 using the experimentally estimated parameters ($\mu_s = 211 \text{ cm}^{-1}$, $g = 0.86$), with overlaid
460 experimental measurements (colors matched to (a) and (b)). Light transmission is in log scale.
461 (d) Contour map of the simulated light distribution.

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