

Research Article: New Research / Development

## Pubertal testosterone programs adult behavioral adaptations to sexual experience through infralimbic cortex $\Delta$ FosB

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**Title:** Pubertal testosterone programs adult behavioral adaptations to sexual experience through infralimbic cortex  $\Delta$ FosB

**Abbreviated title:** Testosterone programs social proficiency via  $\Delta$ FosB

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**Abstract**

1 Acquisition of social proficiency entails behavioral adaptations to social experience,  
2 including both behavioral flexibility and inhibition of behaviors inappropriate in specific  
3 social contexts. Here, we investigated the contributions of testosterone and  $\Delta$ FosB, a  
4 transcription factor linked to experience-dependent neural plasticity, to the adolescent  
5 maturation of social proficiency in male-female social interactions. To determine  
6 whether pubertal testosterone organizes circuits underlying social proficiency, we first  
7 compared behavioral adaptations to sexual experience in male Syrian hamsters that  
8 were deprived of testosterone during puberty (prepubertal castration; NoT@P) to those  
9 of males deprived of testosterone for an equivalent period of time in adulthood  
10 (postpubertal castration; T@P). All males were given testosterone replacement in  
11 adulthood for two weeks before sexual behavior testing, where males were allowed to  
12 interact with a receptive female once per week for five consecutive weeks. T@P males  
13 showed the expected decrease in ectopic (mis-directed) mounts with sexual experience,  
14 whereas NoT@P males did not. In addition, sexual experience induced *FosB* gene  
15 products expression in the infralimbic cortex (IL) in T@P, but not NoT@P, males. Over-  
16 expression of  $\Delta$ FosB via an adeno-associated viral vector in the IL of NoT@P males  
17 prior to sexual behavior testing was sufficient to produce a behavioral phenotype similar  
18 to that of experienced T@P males. Finally, over-expression of  $\Delta$ FosB in IL increased  
19 the density of immature spines on IL dendrites. Our findings provide evidence that  
20 social proficiency acquired through sexual experience is organized by pubertal  
21 testosterone through the regulation of  $\Delta$ FosB in the IL, possibly through increasing  
22 synaptic lability.

23 **Significance Statement**

24 Social proficiency is the ability to make experience-dependent behavioral adaptations  
25 that enhance the success of subsequent social interactions. In male rodents, social  
26 proficiency in adulthood is programmed by the pubertal rise in testosterone, but  
27 neuroendocrine mechanisms underlying this behavioral plasticity are not understood.  
28 We show that pubertal testosterone is necessary for both sexual proficiency and  
29 experience-dependent induction of  $\Delta$ FosB in the infralimbic (IL) medial prefrontal cortex  
30 in adulthood. Furthermore, over-expression of  $\Delta$ FosB in the IL increases immature  
31 dendritic spines on IL neurons and is sufficient to restore a socially proficient phenotype  
32 in males that lacked testosterone during puberty. Hormonal programming of  
33 experience-dependent regulation of prefrontal  $\Delta$ FosB is a novel mechanism of  
34 adolescent development of behavioral and neural plasticity in adulthood.

35  
36 **Introduction**

37 A vital aspect of adolescent development is the acquisition of social behaviors  
38 and skills that prepare an individual for successful adult social interactions and promote  
39 evolutionary fitness. During adolescence, the primary social sphere transitions from  
40 family to peers, resulting in new social experiences and competencies (Nelson et al.,  
41 2005). Social proficiency is the ability of an individual to make experience-dependent  
42 behavioral adaptations that enhance the success of subsequent social interactions, and  
43 this proficiency involves behavioral flexibility and inhibition of maladaptive behaviors.  
44 Adolescent maturation of behavioral inhibition and social proficiency necessarily involves  
45 circuits underlying executive control of social motivation and learning (De Lorme et al.,

2013), but the neural and endocrine mechanisms of this developmental change are largely unexplored; the present experiments were designed to identify these potential mechanisms.

Many of the behavioral changes related to the adolescent maturation of social proficiency have been attributed to puberty, which defines the onset of adolescence and is characterized by an increase in gonadal hormone secretion as reproductive maturation begins. The single-most important social interaction for evolutionary fitness is sexual behavior that leads to the production of offspring. Adolescent maturation of male sexual behavior is achieved in part through organizational effects of testosterone on the developing brain to program sexual proficiency, as shown in studies using male Syrian hamsters. For example, during a first sexual encounter with a receptive female, sexually naïve adult male hamsters typically display a high rate of ectopic (mis-directed) mounts in addition to vaginally oriented mounts. With sexual experience, however, the number of ectopic mounts decreases, thereby improving sexual proficiency and reproductive success (Schulz and Sisk, 2006). Notably, the acquisition of sexual proficiency is not observed in adult hamsters deprived of testosterone during puberty via prepubertal castration; such males continue to show high rates of ectopic mounts even after repeated sexual encounters (Schulz and Sisk, 2006; De Lorme and Sisk, 2016). These data suggest that testosterone programs social proficiency by organizing neural circuitry involved in behavioral inhibition.

The medial prefrontal cortex (mPFC) and nucleus accumbens (NAc) are key components of the neural circuitry that regulates motivated behaviors. The mPFC is involved in behavioral flexibility and inhibition, whereas the NAc is critical for processing

69 and evaluating social information and then generating a behavioral response (Sesack  
 70 and Grace, 2010; Euston et al., 2012). Sexual experience induces long-term expression  
 71 of the transcription factor  $\Delta$ FosB within both the mPFC and NAc of male and female  
 72 rodents, and experimental over-expression of  $\Delta$ FosB in the NAc of sexually naïve female  
 73 and male rodents increases sexual performance and motivation (Wallace et al., 2008;  
 74 Hedges et al., 2009; Pitchers et al., 2010). Therefore,  $\Delta$ FosB induction within the mPFC  
 75 and NAc appears to be an element of the restructuring of neural circuits that underlie  
 76 long-term behavioral adaptations with sexual experience. One possible mechanism by  
 77 which the induction of  $\Delta$ FosB mediates experience-dependent plasticity is through the  
 78 formation of immature dendritic spines, as  $\Delta$ FosB over-expression in the NAc increases  
 79 immature dendritic spines (Grueter et al., 2013; Robison et al., 2013; Eagle et al., 2015).  
 80 Thus,  $\Delta$ FosB may regulate behavioral plasticity by modulating transcription of  
 81 downstream target genes related to synaptic plasticity.

82        Here, we investigated the neural mechanisms by which pubertal testosterone  
 83 programs sexual proficiency in adulthood. First, to determine whether pubertal  
 84 testosterone affects regulation of  $\Delta$ FosB, the effects of sexual experience on  $\Delta$ FosB  
 85 expression in the mPFC and NAc were compared in male hamsters that underwent  
 86 adolescent development in either the presence or absence of testosterone during  
 87 puberty. Next, to link  $\Delta$ FosB with behavioral flexibility and inhibition, we determined  
 88 whether over-expression of  $\Delta$ FosB in the infralimbic cortex (IL) of the mPFC is sufficient  
 89 to restore sexual proficiency in males that were deprived of testosterone during puberty.  
 90 Finally, we asked whether sexual experience or over-expression of  $\Delta$ FosB in the IL of  
 91 sexually naïve males induce similar changes in IL dendritic spines. We discovered that

pubertal testosterone programs behavioral adaptability through the regulation of  $\Delta$ FosB in the IL, and our data also suggest that  $\Delta$ FosB in the IL may exert its behavioral effects through changes in glutamatergic synapse formation and/or stability.

## Materials and Methods

### General Methods

#### *Animals*

To exclude age at shipment as a potentially confounding variable, and to ensure that post-weaning housing conditions were similar for all experimental subjects in Experiments 1 and 2, gonad-intact weanling (postnatal day (P)21-26) male Syrian hamsters were ordered from Harlan Laboratories (Madison, WI). In addition, so that prepubertal and postpubertal gonadectomies, stereotaxic injections, behavioral testing, and tissue collection could be performed at the same time for all groups in Experiments 1 and 2, the males that were gonadectomized prepubertally were shipped and received 4 weeks later than males that were gonadectomized postpubertally (described below; see Figure 1). For Experiment 3, sexually naïve, gonad-intact adult male hamsters were ordered from Harlan. For all experiments, hamsters were individually housed in clear polycarbonate cages (30.5 x 10.2 x 20.3 cm) with *ad libitum* access to food and water in a 14:10 light/dark cycle (lights out at 1400 h) upon arrival. Sample sizes and experimental manipulations are described for each experiment below. Ovariectomized, sexually experienced female Syrian hamsters (4-7 months of age) from our colony (also originally obtained from Harlan) were used as stimulus animals in behavioral tests. All animals were treated in accordance with the NIH Guide for the Care and Use of

115 Laboratory Animals and protocols were approved by the Michigan State University  
116 Institutional Animal Care and Use Committee.

#### 117 *Gonadectomy*

118 Gonadectomies were performed on male hamsters under isoflurane anesthesia  
119 and aseptic conditions. Before the procedure, ketoprofen analgesic (5 mg/kg, sc) was  
120 administered to each male. For the surgery, a bilateral scrotal incision 8-10 mm in  
121 length was made, the testes were then gently pulled through the incision, and the  
122 testicular veins and arteries were tied with suture silk (3-0) before removal of the testes.  
123 For prepubertal animals, testes were removed via cauterization of the testicular veins  
124 and arteries. For sham surgeries in Experiment 1, a bilateral scrotal incision 8-10 mm in  
125 length was made, the testes were then gently pulled through the incision, and then  
126 placed back into the incision. After removal of the testes (gonadectomy) or replacement  
127 of testes back into the incision (sham surgery), the incisions were closed with suture silk  
128 (5-0).

#### 129 *Testosterone replacement*

130 Two silastic pellets (13 mm and 5 mm length with 4 mm of sealing glue on both  
131 ends; inner diameter 1.98 mm; outer diameter 3.18 mm) that contained either  
132 testosterone or nothing were inserted subcutaneously through a 5 mm incision made on  
133 the dorsal midline between the scapulae of the animal while anesthetized with  
134 isoflurane. The pellets are constructed by loading silastic tubing with powdered  
135 testosterone (or left empty) and sealing each end of the tube with surgical grade  
136 adhesive.

#### 137 *Stimulus Females*



138 Behavioral receptivity was induced in ovariectomized female hamsters by  
139 treatment with estradiol benzoate (10 µg in 0.05 mL sesame oil, sc injection) and  
140 progesterone (500 µg in 0.1 mL sesame oil, sc injection) 52 hours and 4-5 hours,  
141 respectively, prior to use in sexual behavior tests with males. Each receptive female was  
142 used only once per sexual behavior test and was never paired with the same male more  
143 than once throughout the experiments.

#### 144 *Sexual behavior testing*

145 In all experiments, testing began 1 hour into the dark phase of the light-dark cycle  
146 under dim red light. Following a 2-minute acclimation period in a clean large glass  
147 aquarium, each male was allowed to interact with a receptive female until the male  
148 achieved the sexual behavior criteria for that trial or after 30 minutes had passed,  
149 whichever came first. Previous experiments showed that during fixed-time tests, males  
150 deprived of testosterone during puberty achieve fewer intromissions and ejaculations  
151 than males deprived after puberty, and consequently, less sensory feedback that is  
152 potentially important for behavioral adaptations (Schulz et al., 2004; Schulz and Sisk,  
153 2006). To address this possible confound, instead of absolute amount of time with the  
154 female, sexual behavior was equated for all males to ensure that any behavioral  
155 differences between groups were not due to different sensory experience. The  
156 behavioral criteria that ended each trial were: one ejaculation for trial 1, one ejaculation  
157 plus two intromissions for trial 2, two ejaculations for trial 3, one ejaculation plus two  
158 intromissions for trial 4, and one ejaculation for trial 5. The behavioral criteria were varied  
159 because we found in a previous study that when the same criterion was applied for each  
160 sexual behavioral test (achieving five intromissions) both gonad-intact and T@P male

161 hamsters would decrease their sexual behavior after trial 3 (De Lorme and Sisk, 2016).  
162 Behavior testing was conducted once a week for five consecutive weeks (one of the five  
163 above-described trials/week). Males were excluded from further study if they did not  
164 meet the behavioral criteria in at least 3 out of the first 4 trials. Behavior during each trial  
165 was digitally recorded for later quantification.

166 *Sexual behavior quantification*

167       The behaviors investigated for Experiments 1 and 2 were: rate (instances/minute)  
168 of ectopic mounts (male grips female tightly and displays fast thrusting, but the mount is  
169 not vaginally oriented), latency to mount (male orients himself on the female's hind  
170 flanks, grips her tightly with his forepaws, and displays fast thrusts), latency to intromit  
171 (male is vaginally-oriented and makes a long-lasting thrust resulting in vaginal  
172 penetration), latency to ejaculate (occurring after a series of intromissions followed by  
173 the male self-grooming and showing no sexual interest in the female for at least 20  
174 seconds), and number of intromissions to reach ejaculation. Ejaculation latency and  
175 intromissions to ejaculate reflect sexual performance, whereas latencies to mount or  
176 intromit are measures of sexual motivation (Hull et al., 2002). Latencies to mount and  
177 intromit were timed from the moment the female was introduced to the male in the  
178 aquarium, and latency to ejaculate was defined as the amount of time that passed  
179 between the first intromission and ejaculation. Rate of ectopic mounting was used  
180 because males reached behavioral criteria to end the trial within varying times; rate was  
181 calculated by dividing the frequency of ectopic mounts displayed by the total test time  
182 per male per trial. All behavioral statistical analyses were performed using IBM SPSS  
183 software (version 19).

184 Experiment 1: Determine the effects of pubertal testosterone on sexual proficiency and  
185  $\Delta$ FosB expression in the mPFC and NAc.

186 *Animals* (Figure 1)

187        This experiment was conducted in three consecutive cohorts, with all  
188 experimental and control groups represented in each cohort. A total of 109 male  
189 hamsters were used in the experiment. Four to five weeks after the first group of  
190 weanling males arrived and 2-7 days after the second group of weanling males arrived  
191 (see above for age at shipping), half of the first group (now adults, P56) and half of the  
192 second group (prepubertal, P28) males were either gonadectomized (GDX; T@P and  
193 NoT@P, respectively) or received sham surgeries (sham-T@P and sham-NoT@P,  
194 respectively). The sham groups were used as age-matched methodological controls to  
195 confirm that behavioral differences found between T@P and NoT@P males were due to  
196 the presence or absence of testosterone during puberty, and not to age at the time of  
197 surgery or at the time of behavior testing. Four weeks after surgery, when all males  
198 were in adulthood, the T@P and NoT@P males received two testosterone-filled  
199 capsules and the sham-T@P and sham-NoT@P males received blank capsules of  
200 matched size. Two weeks later, approximately half of the males from each group began  
201 sexual behavior testing, while the other half of each group remained sexually naïve.  
202 The sexually naïve males were placed in an empty aquarium for 5 minutes before  
203 sexual behavior testing began for the sexually experienced males. This was done to  
204 ensure that the sexually naïve males were not exposed to female pheromones that  
205 could have been present in the behavior testing room following sexual behavior testing,  
206 and eliminated any confound of handling and being placed in an aquarium, each of

207 which could potentially influence the expression of  $\Delta$ FosB in brain regions of interest.  
208 Thus, this design yielded eight experimental groups: 1) naïve T@P, 2) experienced  
209 T@P, 3) naïve NoT@P, 4) experienced NoT@P, 5) naïve sham-T@P, 6) experienced  
210 sham-T@P, 7) naïve sham-NoT@P, and 8) experienced sham-NoT@P.

#### 211 *Behavioral outliers and sample sizes*

212 For each behavior, a box-plot utilizing stem-and-leaf descriptives was used to  
213 identify the extreme data points within each experimental group. Dixon's Q-test was  
214 then used to determine if the extreme was a single statistical outlier. If the extreme was  
215 identified as an outlier for any behavior, the data for that animal were taken out of the  
216 analysis. One T@P male was an extreme high outlier for intromissions to ejaculation  
217 after sexual experience in Experiment 1. Final sample sizes for each behavior analyzed  
218 are provided in the respective figures or figure legends.

#### 219 *Sexual behavior statistical analyses:*

220 Sexual behavior was analyzed using multilevel modeling (MLM), which provides  
221 an integrated assessment of experimental group (T@P, NoT@P) and/or sexual  
222 experience (trial 1: naïve vs. trial 5: experienced) on the measures of behavior described  
223 above. The model treated the animal as the upper-level sampling unit and sexual  
224 experience as the lower-level sampling unit. Experimental groups (between subjects  
225 variable) and sexual experience (trials 1 and 5, within subject variable) were independent  
226 variables. The error structure was modeled to impose the traditional homoscedasticity  
227 assumption used in analysis of variance (ANOVA). MLM provides a more powerful  
228 analysis than a traditional repeated measures ANOVA because it integrates non-  
229 independence between samples from the same subject in the model, and allows unequal

230 sample sizes within the repeated measures. Analyses were performed separately for  
231 experimental and sham groups.  $p \leq 0.05$  was considered significant.

#### 232 *Tissue collection*

233 Twenty-four hours after the final behavior test, 64 males ( $n = 8$  per group,  
234 randomly chosen) were deeply anesthetized with an overdose of sodium pentobarbital  
235 (150mg/kg, ip). The pan-FosB primary antibody used here for immunohistochemistry  
236 (rabbit  $\alpha$ -FosB, sc-48 Santa Cruz Biotechnology, Santa Cruz, CA, USA) detects both  
237 FosB and  $\Delta$ FosB; however, previous studies have confirmed that most full-length FosB  
238 is degraded within 18-24 hours post-stimulus (in this case either sexual behavior or  
239 being placed in an empty aquarium). Thus, the FosB immunoreactive cells are  
240 specifically enriched for  $\Delta$ FosB when examined at the chosen time of 24 hours relative to  
241 the behavioral manipulation (Perrotti et al., 2004; Perrotti et al., 2005; Perrotti et al.,  
242 2008; Wallace et al., 2008; Pitchers et al., 2010). Blood was collected via cardiac  
243 puncture, and the animals were perfused with 100 ml of buffered saline rinse and 150 ml  
244 of 4% paraformaldehyde. Brains were collected, post-fixed over-night in 4%  
245 paraformaldehyde, and then stored in 20% sucrose until sectioning. Sections were cut  
246 (40 $\mu$ m) into four coronal series using a cryostat and stored in cryoprotectant at -20°C  
247 until staining; one series was used for  $\Delta$ FosB immunohistochemistry to identify, trace,  
248 and count cells in the cingulate (Cg1), prelimbic (PrL), and infralimbic (IL) cortices of the  
249 mPFC and shell and core of NAc (described below).

#### 250 *Radioimmunoassay*

251 In addition to cardiac blood collection from hamsters used for  $\Delta$ FosB  
252 immunohistochemistry (described above), trunk blood was collected from the rest of the

253 hamsters (n = 5-7 per group), which were not perfused, via rapid decapitation 24 hours  
254 after the final behavior test. Plasma from both blood collections was used to determine  
255 testosterone concentrations by radioimmunoassay. Plasma concentrations of  
256 testosterone were determined from duplicate 50  $\mu$ l samples in a single assay using the  
257 Coat-A-Count Total Testosterone Kit (Diagnostic Products, Los Angeles, CA). The  
258 intra-assay coefficient of variance was 3.5%, and the minimum limit of detectability was  
259 0.12 ng/ml. All sexually naïve and sexually experienced males within each  
260 experimental group had adult physiological concentrations of circulating testosterone  
261 (Table 1).

#### 262 *$\Delta$ FosB Immunohistochemistry*

263 Free floating sections were first rinsed 4 times for 5 minutes with 0.05 M Tris-  
264 buffered saline (TBS; pH 7.6) to remove cryoprotectant, and subsequently rinsed 3  
265 times for 5 minutes with TBS between all incubations with reagents. Sections were  
266 exposed to 0.1% hydrogen peroxide for 10 minutes at room temperature to destroy  
267 endogenous peroxidases. The sections were then blocked in TBS containing 20%  
268 normal goat serum (NGS) and 0.3% Triton X-100 for 60 minutes. Sections were then  
269 incubated overnight at 4°C in 2% NGS and 0.3% Triton X-100 and the pan-FosB rabbit  
270 polyclonal antibody (1:10,000 dilution for a final concentration of 0.02  $\mu$ g/ml; sc-48  
271 Santa Cruz Biotechnology, Santa Cruz, CA, USA). After primary antibody incubation,  
272 the sections were washed in TBS, and then incubated for 1 hour in goat anti-rabbit  
273 horseradish peroxidase-conjugated secondary antibody (1:500 dilution) containing 2%  
274 NGS and 0.3% Triton X-100 in TBS. Then, the sections were incubated in Vectastain  
275 ABC Elite kit (Vector, Burlingame, CA) for 1 hour at room temperature before visualizing

276 the immunoreactivity with diaminobenzidine (DAB, 0.5 mg/ml plus NiCl with 0.025%  
277 H<sub>2</sub>O<sub>2</sub>). The sections were rinsed in TBS 4 times before mounting them onto glass  
278 slides. The mounted sections were then put through a series of ethanols and xylene  
279 before coverslipping.

#### 280 *Immunohistochemistry analysis*

281 The number of  $\Delta$ FosB-ir cells was quantified in 3 anatomically matched sections  
282 for both mPFC and NAc. For the mPFC, a 450 x 450  $\mu$ m box was placed in each  
283 subregion (Cg1, PrL, IL) relative to brain midline and corpus callosum landmarks, and for  
284 the NAc, two 250 x 250  $\mu$ m boxes were placed in the NAc core and a 250 x 250  $\mu$ m box  
285 in the NAc shell relative to anterior commissure and lateral ventricle. The Morin and  
286 Wood (2001) hamster atlas was also used as a reference. Box placements were  
287 determined bilaterally under a 4x objective.

288 Cell counts were made within each contour by an experimenter blind to treatment  
289 group with an UPlanSApo 40x (0.9NA) objective. Cells were considered  $\Delta$ FosB-ir if  
290 they had a distinct nucleus with visible puncta stained opaque, dark purple-blue; cells  
291 that had translucent, lighter stained nuclei were not counted. Sample images of stained  
292 cells were also used as a guide to determine which cells met the criteria described  
293 above. All analyses were performed on an Olympus BX51 microscope under brightfield  
294 illumination using Neurolucida (version 9; Microbrightfield, Williston, VT). The number  
295 of  $\Delta$ FosB-ir cells from the three tissue sections per subregion per hamster was used in  
296 statistical analysis (described below).

#### 297 *$\Delta$ FosB-immunoreactive (-ir) expression statistical analysis:*

298 To provide an integrated assessment of pubertal testosterone and sexual  
 299 experience on  $\Delta$ FosB-ir expression within the mPFC and NAc, multilevel modeling  
 300 (MLM) was used. For the analysis, the model treated the animal as the upper-level  
 301 sampling unit and tissue section as the lower-level sampling unit, with pubertal  
 302 testosterone and sexual experience as independent variables and  $\Delta$ FosB-ir cell number  
 303 as the dependent variable. Interactions were followed up by MLMs within a subset of  
 304 animals, as appropriate. All statistical analyses were performed using IBM SPSS  
 305 software (version 19). Analysis was performed separately for experimental and sham  
 306 groups;  $p \leq 0.05$  was considered significant. Due to poor tissue quality for some males,  
 307 the sample sizes varied between groups of animals. Final sample sizes for each brain  
 308 region are provided in the data figures.

309 Experiment 2: Determine whether over-expression of  $\Delta$ FosB in the IL is sufficient to  
 310 restore sexual proficiency in NoT@P males

311 Experiment 1 showed that the absence of testosterone during puberty impaired sexual  
 312 proficiency: NoT@P males continued to show high rates of ectopic mounts even after  
 313 sexual experience. In addition, sexual experience led to an increase in  $\Delta$ FosB  
 314 expression in the IL mPFC and NAc core only in T@P males. Experiment 2 was  
 315 designed to probe the role of  $\Delta$ FosB in sexual proficiency by asking whether over-  
 316 expression of  $\Delta$ FosB in the IL of NoT@P males is sufficient to instate sexual proficiency.  
 317 We chose to overexpress  $\Delta$ FosB in the IL instead of NAc core because the impairment  
 318 in sexual proficiency seen in NoT@P males appears to be related to impairment in  
 319 behavioral inhibition, which is more closely linked to IL function than to NAc core function  
 320 (Vertes, 2006; Euston et al., 2012).



321 *Animals*

322       Thirty-four male hamsters were used for this experiment; they arrived as gonad-  
323 intact weanlings in two groups 4 weeks apart, as in Experiment 1. Four to five weeks  
324 after the first group arrived and 2 to 7 days after the second group arrived, the first group  
325 (now adults P56; T@P) and the second group (prepubertal P28; NoT@P) males were  
326 GDX. Four weeks later, under isoflurane anesthesia, all of the T@P (P84) and NoT@P  
327 (P56) males received two testosterone-filled capsules and bilateral microinjections of  
328 recombinant adeno-associated viral (rAAV) vectors encoding either green fluorescence  
329 protein (GFP) or GFP and wild-type  $\Delta$ FosB aimed at the IL. Thus, there were three  
330 groups: T@P-GFP, NoT@P-GFP, and NoT@P- $\Delta$ FosB. For the microinjections, a small  
331 hole was drilled in the skull and a 5  $\mu$ l Hamilton syringe (26-gauge, Hamilton) was  
332 lowered at a 20° angle to the level of the IL (3.3 mm rostral,  $\pm$  1.6 mm lateral, and 4.5  
333 mm ventral relative to bregma) based on the Morin and Wood (2001) atlas. The syringe  
334 was kept in place for 2 minutes prior to injections and then either rAAV- $\Delta$ FosB or rAAV-  
335 GFP (1.0  $\mu$ l per hemisphere) was injected into the IL over 10 minutes, with the syringe  
336 kept in place for an additional 5 minutes after injection was complete. AAV2/5 viral  
337 vectors were purchased from the University of North Carolina Viral Vector Core, and  
338 titres were approximately  $1.0 \times 10^{13}$  transducing particles per  $\mu$ L. These AAV vectors  
339 reach maximal expression around 10 days and sustain expression indefinitely (Vialou et  
340 al., 2010; Eagle et al., 2015; Sarno and Robison, 2018). These vectors only infect  
341 neurons and are no more toxic than vehicle alone (Zachariou et al., 2006). This AAV  
342 overexpression methodology provides the advantages of temporal (in this case,  
343 adulthood) and spatial (in this case, IL neurons) specificity, and the disadvantages of a

greater level of expression than is typically seen in neurons and expression throughout the neuron, rather than specifically in the nucleus (Vialou et al., 2010; Robison et al., 2013; Eagle et al., 2015). As no other strategy for testing the role of  $\Delta$ FosB in hamsters is currently available, we feel the advantages of viral overexpression outweigh the disadvantages, and this approach can yield critical new understanding of the molecular mechanisms of hamster behavior. Two weeks later (P70 and P98, respectively), all of the males from each group underwent sexual behavior testing over the next 5 weeks, as described in General Methods above.

#### *Viral vector placement, exclusion criteria, and sample sizes*

Based on the previously described behavioral outlier criteria for Experiment 1, one NoT@P- $\Delta$ FosB male was an extreme high outlier for ectopic mounts per minute after sexual experience. Additionally, males were excluded from behavioral analysis if injections were misplaced or the viral vector was not expressed ( $n = 8$ ), or if they displayed impaired motor behavior (e.g., difficulty walking or slowed movement) following stereotaxic surgery ( $n = 2$ ). The GFP control males were included in analyses if the over-expression was located within any subregion of the mPFC, whereas NoT@P- $\Delta$ FosB males were included only if the over-expression was located bilaterally in the IL. Of the five NoT@P- $\Delta$ FosB males removed from analysis, three of them had evidence of viral vector expression in other regions of the brain (two in the Cg1/ posterior PrL and one in the secondary motor cortex), while the other two males did not show any evidence of viral vector expression. Thus, a total of 10 males were excluded from behavioral analysis yielding a total of 24 males, with T@P-GFP  $n = 7$ , NoT@P-GFP  $n = 10$ , and NoT@P-  $\Delta$ FosB  $n = 7$ . It should be noted that in 4 out of the 7 NoT@P- $\Delta$ FosB

367 group, over-expression of  $\Delta$ FosB occurred in both the IL and the ventral region of the  
368 PrL. Final sample sizes for each behavior analyzed are provided in the respective  
369 figures or figure legends.

370 *Sexual behavior statistical analysis:*

371 Statistical analysis for sexual behavior in Experiment 2 was the same as  
372 previously described for Experiment 1. In addition, the nature of the main effect of  
373 experimental group (T@P-GFP, NoT@P-GFP, NoT@P-  $\Delta$ FosB) was determined using a  
374 Bonferroni correction, and interactions were followed up by one-way ANOVAs for  
375 between subject measures or MLM for repeated measures within a subset of animals, as  
376 appropriate.  $p \leq 0.05$  was considered significant.

377 *Tissue processing*

378 Twenty-four hours after the final behavior test, all hamsters were deeply  
379 anesthetized with an overdose of sodium pentobarbital (150 mg/kg, ip). Blood was  
380 collected via cardiac puncture, and the animals were perfused with 100 ml of buffered  
381 saline rinse and 150 ml of 4% paraformaldehyde. Brains were collected, post-fixed  
382 overnight in 4% paraformaldehyde, and then stored in 20% sucrose until sectioning. To  
383 verify the correct placement of the injection using GFP as a marker, sections were cut  
384 into 40 $\mu$ m coronal sections using a cryostat and stored in cryoprotectant for 30-60  
385 minutes until mounting. The sections were then washed in TBS, mounted, and  
386 coverslipped while still wet with Vectashield hard set mounting medium (Vector  
387 Laboratories, Burlingame, CA). The  $\Delta$ FosB vector contains a segment expressing GFP,  
388 allowing for the injection site and extent of infection of cells to be verified by GFP  
389 visualization using an Olympus BX51 microscope under fluorescence illumination.

390 *Radioimmunoassay*

391 Plasma from blood collection was used to determine testosterone concentrations  
 392 by radioimmunoassay as described above. The intra-assay coefficient of variance was  
 393 5.4% and the minimum limit of detectability was 0.11 ng/ml. All males had adult  
 394 physiological concentrations of circulating testosterone, with no significant differences  
 395 among the groups (T@P-GFP  $4.07 \pm 1.16$  ng/ml, NoT@P-GFP  $4.76 \pm 0.85$  ng/ml,  
 396 NoT@P- $\Delta$ FosB  $3.84 \pm 0.73$  ng/ml).

397 Experiment 3: Determine the effects of sexual experience and over-expression of  $\Delta$ FosB  
 398 in IL on dendritic spine number and morphology

399 Experiments 1 and 2 provided evidence that pubertal testosterone programs sexual  
 400 proficiency through the regulation of  $\Delta$ FosB in the IL. To explore a possible mechanism  
 401 through which  $\Delta$ FosB in the IL mediates this experience-induced plasticity, Experiment 3  
 402 investigated whether sexual experience and over-expression of  $\Delta$ FosB in IL have similar  
 403 effects on IL dendritic spine number and morphology, as has been reported for sexual  
 404 experience and  $\Delta$ FosB in NAc (Pitchers et al., 2013).

405 *Animals*

406 A total of 10 gonad-intact adult male hamsters were used for this experiment.  
 407 Stereotaxic surgery and sexual behavior testing were performed as described in  
 408 Experiment 2. Hamsters were randomly assigned to one of three groups to investigate  
 409 the effects of sexual experience and  $\Delta$ FosB overexpression on spine density in the IL:  
 410 sexually naïve plus GFP (Naïve-GFP;  $n = 4$ ), sexually experienced (Experienced-GFP;  $n$   
 411  $= 3$ ), and sexually naïve plus  $\Delta$ FosB (Naïve- $\Delta$ FosB;  $n = 3$ ) males. AAV injections were  
 412 performed as previously described in Experiment 2. Twenty-one days later, males in the

413 Experienced-GFP group underwent 5 weeks of sexual behavior experience as described  
414 above; males in the Naïve-GFP and Naïve- $\Delta$ FosB groups were placed in clean empty  
415 glass aquaria for 5 min in lieu of a sexual behavior experience.

416 *Tissue collection and processing*

417 Twenty-four hours after the final behavior test, all hamsters were deeply  
418 anesthetized with an overdose of sodium pentobarbital (150 mg/kg, ip). Animals were  
419 then transcardially perfused with 100ml ice-cold phosphate buffered saline (PBS)  
420 followed by 150 ml 4% paraformaldehyde. Brains were postfixed 24 h in 4%  
421 paraformaldehyde and cryopreserved in 20% sucrose. Brains were cut into 100  $\mu$ m  
422 sections on a Vibratome 3000 EP (Leica Microsystems) and rinsed in PBS. Free-  
423 floating immunofluorescent staining was performed using a goat anti-GFP primary  
424 antibody (ab5450, 1:1000, Abcam) followed by an Alexa Fluor 488 secondary antibody  
425 (705-545-147, 1:200, Jackson Immunoresearch Labs). Sections were mounted on  
426 slides using DPX mounting medium (Sigma-Aldrich).

427 *Dendritic spine quantification*

428 GFP/Alexa 488 fluorescence was visualized using an Olympus FluoView 1000  
429 Filter-based Laser Scanning Confocal Microscope with the z-step size of 0.5  
430 micrometers and numerical aperture of 1.40 using a 100x lens. Spines were on the  
431 dendritic arbors of cortical pyramidal neurons in IL layers III, V, and VI, and analyzed  
432 essentially as previously described (Christoffel et al., 2011). Briefly, dendritic segments  
433 50–150  $\mu$ m away from the soma were randomly chosen from IL neurons that expressed  
434 GFP. Z-stack images were acquired for reconstruction and morphological analysis using  
435 NeuronStudio with the rayburst algorithm. NeuronStudio classifies spines as thin,

436 mushroom, or stubby based on the following values: (1) aspect ratio, (2) head to neck  
 437 ratio, and (3) head diameter. Spines with a neck can be classified as either thin or  
 438 mushroom, and those without a significant neck are classified as stubby. Spines with a  
 439 neck are labeled as thin or mushroom based on head diameter.

#### 440 *Dendritic spine statistical analysis*

441 The three groups were analyzed for differences in dendritic spine density by one-  
 442 way ANOVA followed by Bonferroni *post hoc* test for pairwise differences between  
 443 individual groups. In this model, the unit of analysis was the number of dendrites within  
 444 each animal group, yielding sample sizes as: Naïve-GFP = 22, Experienced-GFP = 21,  
 445 and Naïve-ΔFosB = 22.  $p \leq 0.05$  was considered significant. Statistical analysis was  
 446 performed using IBM SPSS software (version 19).

## 448 **Results**

449 Statistics for all results are reported in respective tables.

### 450 Sham controls: Age at surgery does not affect sexual behavior or ΔFosB in the mPFC

451 Sham controls were used to confirm that any differences we found between T@P  
 452 and NoT@P males are due to hormonal manipulation and not age of testing or surgery.  
 453 The sham-T@P and sham-NoT@P males were tested at the same time and using the  
 454 same protocol as Experiment 1. There were no significant differences between the two  
 455 sham groups for any of the behaviors (data not shown). In both groups, latency to  
 456 mount, latency to intromit, latency to ejaculate, and intromissions to ejaculation all  
 457 significantly decreased with sexual experience (Table 2). Additionally, the two sham  
 458 groups did not differ in overall expression of ΔFosB in the mPFC subregions analyzed,

459 and sexual experience induced  $\Delta$ FosB in the IL in both sham groups (Table 2). These  
 460 findings from the sham groups indicate that differences in behavioral or neural  
 461 measures observed between T@P and NoT@P males are due to the presence or  
 462 absence of testosterone during puberty, and not to age at the time of surgery or at the  
 463 time of behavior testing. Results from sham groups will not be further discussed nor  
 464 represented in the figures.

465 Experiment 1: Pubertal testosterone programs behavioral adaptations to sexual  
 466 experience and experience-dependent expression of  $\Delta$ FosB in the mPFC and NAc  
 467 (Table 3)

468       The absence of testosterone during puberty led to significantly higher overall  
 469 rates of ectopic mounting in NoT@P males compared with T@P males, independent of  
 470 sexual experience (Figure 2). Although the pubertal testosterone x sexual experience  
 471 interaction was not statistically significant, only T@P males showed a clear decrease in  
 472 the rate of ectopic mounting with sexual experience (naïve mean  $\pm$  SEM rate:  $0.492 \pm$   
 473  $0.156$ , experienced mean  $\pm$  SEM rate:  $0.239 \pm 0.156$ ) compared to NoT@P males  
 474 (naïve mean  $\pm$  SEM rate:  $0.748 \pm 0.151$ , experienced mean  $\pm$  SEM rate:  $0.732 \pm 0.151$ ).  
 475 In contrast, the latency to mount, latency to intromit, and number of intromissions to  
 476 reach ejaculation were all significantly reduced by sexual experience (Figure 3),  
 477 independent of pubertal testosterone. There was an interaction between sexual  
 478 experience and pubertal testosterone for ejaculation latency because latency to  
 479 ejaculate was much higher in naïve NoT@P males compared with naïve T@P males  
 480 (Figure 3).

481 The subregions of the mPFC were traced according to the Morin and Wood  
 482 (2001) hamster atlas (Figure 4A) as shown by a representative microphotograph in  
 483 Figure 4B. Sexual experience led to a significant increase in  $\Delta$ FosB expression in the IL  
 484 of the mPFC only in T@P males (Figure 4C and D). In contrast, sexual experience did  
 485 not increase  $\Delta$ FosB expression in the Cg1 or PrL in either T@P or NoT@P males  
 486 (Figure 4D). Although the interaction between pubertal testosterone and experience  
 487 was not statistically significant within the PrL ( $p = 0.122$ ), experience appeared to  
 488 increase  $\Delta$ FosB expression in the PrL in T@P, but not NoT@P, males.

489 The shell and core of the NAc were also traced according to the Morin and Wood  
 490 (2001) hamster atlas (Figure 5A) with a representative microphotograph shown in  
 491 Figure 5B. Sexual experience significantly increased  $\Delta$ FosB expression in the NAc core  
 492 only in T@P males (Figure 5C). Sexual experience led to a significant increase in  
 493  $\Delta$ FosB expression in NAc shell (Figure 5C); however, pubertal testosterone did not  
 494 affect  $\Delta$ FosB expression in the shell nor was there an interaction. Similar to the PrL,  
 495 although the interaction between pubertal testosterone and experience was not  
 496 statistically significant within the shell ( $p = 0.115$ ), experience appeared to increase  
 497  $\Delta$ FosB expression in the shell in T@P, but not NoT@P, males.

498 Experiment 2: Over-expression of  $\Delta$ FosB in the IL restores social proficiency in NoT@P  
 499 males (Table 4)

500 Placement of the injection site and extent of transduced cells in the IL was  
 501 verified using fluorescence microscopy (Figure 6). Overexpression of  $\Delta$ FosB in the IL  
 502 decreased the overall rate of ectopic mounting (Figure 7), with NoT@P- $\Delta$ FosB males  
 503 displaying less ectopic mounts per minute than NoT@P-GFP males. Sexual experience



504 did not affect the rate of ectopic mounting, nor was there an interaction between  
 505 experimental group and sexual experience. Interestingly, sexually naïve NoT@P-  
 506  $\Delta$ FosB males had similar rates of ectopic mounting as sexually experienced T@P  
 507 males, suggesting that they become sexually proficient within a single sexual encounter.

508 Sexual experience significantly reduced the latency to intromit, latency to  
 509 ejaculate, and number of intromissions to reach ejaculation (Figure 8), independent of  
 510 overexpression of  $\Delta$ FosB in the IL, and with no interactions. There was an interaction  
 511 between sexual experience and over-expression of  $\Delta$ FosB in the IL for mount latency  
 512 due to sexual experience decreasing the latency to mount in NoT@P- $\Delta$ FosB males, but  
 513 not in GFP control males (Figure 8). To assess region specificity, behaviors of the three  
 514 NoT@P- $\Delta$ FosB males with misplaced injections were compared with those of NoT@P-  
 515  $\Delta$ FosB males with accurately placed injections. Due to the low sample size and variable  
 516 brain region hits, these data were not analyzed statistically, but overall NoT@P- $\Delta$ FosB  
 517 males with misplaced injections did not show evidence of social proficiency similar to  
 518 that seen in NoT@P- $\Delta$ FosB males with accurately placed injections (data not shown).

519 Experiment 3: Both sexual experience and overexpression of  $\Delta$ FosB increase spine  
 520 density in the IL (Table 5)

521 Overexpression of  $\Delta$ FosB in the IL increased thin dendritic spine density (Figure  
 522 9B), with naïve- $\Delta$ FosB males having significantly more thin spines compared to both  
 523 groups of GFP males. There was no effect of sexual experience or overexpression of  
 524  $\Delta$ FosB in the IL on stubby spines (Figure 9B). Sexual experience significantly increased  
 525 mushroom spine density (Figure 9B;), with experienced-GFP males having more  
 526 mushroom spines compared to naïve-GFP males. Overexpression of  $\Delta$ FosB in the IL

527 increased total dendritic spine density (Figure 9B), with naïve- $\Delta$ FosB males having  
528 significantly more total spines compared to naïve-GFP control males and experienced-  
529 GFP males not differing significantly from either group. Thus, we found that males with  
530 overexpressed  $\Delta$ FosB in the IL had a significant increase in total spine density driven by  
531 a significant increase in thin spines and a (nonsignificant) increase in mushroom spines.

## 533 Discussion

534 These studies provide evidence that during puberty, testosterone is necessary for  
535 experience-dependent induction of  $\Delta$ FosB in the IL, thereby programming sexual  
536 proficiency in adulthood, possibly through modulation of synaptic lability. We first  
537 replicated our previous finding that pubertal testosterone is required for male hamsters to  
538 display behavioral adaptations with sexual experience (i.e., social proficiency). We then  
539 showed that the presence of testosterone during puberty is necessary for social  
540 experience-dependent increases in  $\Delta$ FosB in both the ventral mPFC and NAc core,  
541 providing a correlation between dysregulation of  $\Delta$ FosB and impairment in social  
542 proficiency. Next, we demonstrated that over-expression of  $\Delta$ FosB in the IL is sufficient  
543 to restore a socially proficient phenotype in males that lacked testosterone during  
544 puberty. In addition, both  $\Delta$ FosB and sexual experience increase the density of dendritic  
545 spines on IL neurons, albeit in different patterns, suggesting a potential mechanism by  
546 which pubertal testosterone programs experience-dependent neural and behavioral  
547 adaptations in adulthood. To our knowledge, this is the first report to implicate  $\Delta$ FosB as  
548 a key player in experience-dependent neural and behavioral plasticity that is hormonally

549 programmed during a sensitive period of social development, providing new mechanistic  
550 insight into the development of social cognition during puberty and adolescence.

551         In the present study, we found that induction of  $\Delta$ FosB in the IL occurred after  
552 sexual experience in only T@P males, suggesting a possible site of action in which  
553 pubertal testosterone programs the ability to inhibit maladaptive behaviors. Because  
554  $\Delta$ FosB is induced by persistent neuronal activity (Robison and Nestler, 2011), these data  
555 may indicate that the IL is preferentially activated by sexual experience in T@P males,  
556 and is not activated to the same extent in NoT@P males. This suggests that pubertal  
557 testosterone may rewire the brain to allow increased excitatory input (or less inhibitory  
558 input) to the IL, which then regulates behavioral inhibition during social behaviors.  
559 Substantial projections from the ventral hippocampal formation (CA1 and subiculum,  
560 specifically) and the basolateral amygdala to the IL may contribute to the formation of  
561 social memories and social learning through reward-related experience, both of which  
562 are required for adaptive behavioral flexibility (Hoover and Vertes, 2007; Wassum and  
563 Izquierdo, 2015; Hegde et al., 2016). Indeed, ovarian hormones during puberty organize  
564 inhibitory transmission in the cingulate region of the mPFC to program behavioral  
565 flexibility in non-social learning tasks in mice (Piekarski et al., 2017). Thus, the notion  
566 that pubertal hormones rewire the brain to fine-tune behavioral inhibition is not unique to  
567 testicular hormones and social proficiency, and generalizes to ovarian hormones and  
568 other prefrontal-dependent forms of behavioral flexibility across species.

569         The ventral mPFC, which includes the IL and PrL, is critical for behavioral inhibition  
570 in sexual contexts. Male rats with ventral mPFC lesions continue to mate with females  
571 even when sexual behavior is paired with aversive consequences (Davis et al., 2010).

572 Furthermore,  $\Delta$ FosB is integral in inducing neural plasticity in response to both natural  
 573 and drug rewards by regulating gene expression (Nestler et al., 1999; McClung et al.,  
 574 2004; Pitchers et al., 2013). Therefore, NoT@P males may not have the capacity for  
 575 behavioral inhibition as a result of lacking this crucial  $\Delta$ FosB-driven plasticity within the  
 576 IL. Indeed, we found that NoT@P males over-expressing  $\Delta$ FosB show low rates of  
 577 ectopic mounting overall compared to control NoT@P males. Although NoT@P- $\Delta$ FosB  
 578 males did not show a decrease in ectopic mounting with sexual experience, this is likely  
 579 due to floor effect as they had very low rates even when sexually naïve. In fact, sexually  
 580 naïve NoT@P- $\Delta$ FosB males had ectopic mounting rates similar to sexually experienced  
 581 T@P males, suggesting that  $\Delta$ FosB over-expression reduces this maladaptive behavior  
 582 even in the absence of experience.

583 Our group and others have found that over-expression of  $\Delta$ FosB causes an  
 584 increase in immature dendritic spine number in medium spiny neurons of the NAc  
 585 (Maze et al., 2010; Grueter et al., 2013; Robison et al., 2013) as well as in hippocampal  
 586 pyramidal neurons (Eagle et al., 2015). Therefore, we hypothesized that  $\Delta$ FosB might  
 587 exert its effects on social proficiency through alterations in the number and structure of  
 588 dendritic spines on IL pyramidal neurons. Indeed, we found that both sexual experience  
 589 and over-expression of  $\Delta$ FosB significantly increased the density of spines on IL  
 590 pyramidal neurons, with sexual experience increasing mature mushroom spines and  
 591 over-expression of  $\Delta$ FosB increasing thin and total spines. These results are consistent  
 592 with previous work: sexual experience in female hamsters increases NAc spine density  
 593 (Staffend et al., 2014); in other rodents, sexual experience in males increases mPFC  
 594 pyramidal neuron spine density (Glasper et al., 2015), early-life stress reduces both

595 social interaction and mPFC spines (Farrell et al., 2016), and antidepressant treatment  
 596 increases both dendritic spine number and  $\Delta$ FosB expression in PFC (Li et al., 2010;  
 597 Vialou et al., 2014). One intriguing potential explanation for these findings is that sexual  
 598 experience increases  $\Delta$ FosB expression driving an initial increase in thin spines, while  
 599 consolidation of memories encoding learned sexual behavior is accompanied by a  
 600 return to basal  $\Delta$ FosB levels and a maturation of spines into a mushroom shape. In  
 601 experiments in which  $\Delta$ FosB expression is maintained virally without sexual experience,  
 602 as we have done here, new immature spines are constantly generated, but no learning  
 603 occurs to cause them to form into mature mushroom spines. The gene targets of  $\Delta$ FosB  
 604 in the mPFC are largely unknown, though in other brain regions, including NAc, it  
 605 regulates the expression of multiple genes critical for spine dynamics and glutamatergic  
 606 synapse function, including CaMKII $\alpha$  (Robison et al., 2013) and GluA2 (Kelz et al.,  
 607 1999; Vialou et al., 2010). These studies, together with the current findings, suggest that  
 608  $\Delta$ FosB increases the potential for synaptic plasticity via the formation of immature  
 609 spines, and that behavioral experience is needed to promote conversion of labile thin  
 610 spines into more stable mushroom spines.

611 Sexual proficiency is gained through learning from experience and making  
 612 behavioral adaptations in part through the inhibition of behaviors that become  
 613 maladaptive with experience, such as ectopic mounting. The major behavioral difference  
 614 found between T@P and NoT@P males was rate of ectopic mounting. NoT@P males  
 615 showed initial high rates of ectopic mounting and, even after sexual experience,  
 616 continued to show high rates. Conversely, sexually naïve T@P males had lower rates of  
 617 ectopic mounting compared to NoT@P males, and also showed a decrease in ectopic

618 mounting with sexual experience. Being able to inhibit behaviors that are maladaptive is  
619 imperative to successful social interactions. Therefore, these data indicate that pubertal  
620 testosterone programs the ability to inhibit behaviors that are not rewarding or  
621 advantageous, and thus, maladaptive.

622       Here, we provide evidence that pubertal testosterone organizes the ability to  
623 inhibit inappropriate behavior. However, there are some limitations to the present set of  
624 experiments. Although the male Syrian hamster is an excellent model to study both  
625 sexual reward and sexual proficiency, hamsters are a solitary species. Thus, the  
626 generalizability of our results to more social species is limited. Perhaps pubertal  
627 testosterone plays a bigger role in organizing the brain in solitary species compared to  
628 social species, as solitary animals do not have as much exposure to social experience to  
629 help shape the brain. Experiments that address this issue in a more social species, such  
630 as rats, would be useful. Additionally, sexual proficiency is only one example of social  
631 cognition, and it remains to be seen whether the principles we have derived from our  
632 studies on sexual proficiency generalize to other types of social proficiency and  
633 cognition. We have shown similar deficits in social cognition during male-male agonistic  
634 encounters of NoT@P males (Schulz et al., 2006; De Lorme and Sisk, 2013). Thus, we  
635 hypothesize that the social ineptness of NoT@P males is not unique to a specific social  
636 context, but reflects a more global dysfunction in the expression of context-appropriate  
637 social behavior. Finally, it is worth noting that we also found an increase in  $\Delta$ FosB in the  
638 NAc core after sexual experience in T@P, but not NoT@P, males, and it is possible that  
639 a similar increase in  $\Delta$ FosB and/or dendritic spine density occurred in other regions that  
640 we did not investigate. Therefore, although we have shown that over-expression of

641  $\Delta$ FosB in ventral mPFC is sufficient to induce a socially proficient behavioral phenotype,  
642 additional experiments are needed to show that an increase in  $\Delta$ FosB in the IL is  
643 necessary for social proficiency to be acquired.

644       Given that social contexts are ever changing, social proficiency is a fundamental  
645 asset in adulthood because it increases the probability of successful social interactions.  
646 We show here that, in males, exposure to testosterone during puberty is critical for the  
647 ability to make behavioral adjustments with sexual experience. Without pubertal  
648 testosterone, males show neither the neural (increase in  $\Delta$ FosB expression) nor  
649 behavioral (decrease in ectopic mounts) adaptations to sexual experience in adulthood  
650 that are observed in typically developing males. We also show that, in males who were  
651 exposed to testosterone during puberty, the over-expression of  $\Delta$ FosB in IL increases  
652 the density of immature spines and sexual experience increases the density of mature  
653 spines, suggesting a mechanism by which pubertal testosterone programs neural and  
654 behavioral plasticity in adulthood. We speculate that in the absence of testosterone  
655 during puberty, adult males fail to acquire social proficiency as a result of the lack of  
656  $\Delta$ FosB-induced formation of immature spines in the IL that could mature into functional  
657 glutamatergic synapses with social experience. That is, without the potential for neural  
658 plasticity in executive control brain regions, there is less potential for experience-  
659 dependent behavioral plasticity. The sites and mechanisms of action for hormonal  
660 programming of brain and behavior during puberty are largely unknown, and thus, our  
661 findings prompt new avenues of investigation to advance understanding of adolescent  
662 maturation of social cognition.

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#### 784 **Figure Legends**

785 **Figure 1. Experimental design of Experiment 1.** T@P and sham-T@P males arrived 4  
 786 weeks prior to NoT@P and sham-NoT@P males to control for the age of shipping and  
 787 environment during puberty. Two to 7 days after the NoT@P and sham-NoT@P arrived,  
 788 males were either gonadectomized (GDX) or sham-GDX during adulthood (P56; T@P  
 789 and sham-T@P) or prepubertally (P28; NoT@P and sham-NoT@P). Four weeks later,  
 790 T@P and NoT@P males received testosterone (T)-filled capsules and sham males  
 791 received empty (blank) capsules of the same size. Sexual behavior testing began two  
 792 weeks later.

793 **Figure 2. Rate of ectopic mounting is dependent on pubertal testosterone.** T@P  
 794 males had significantly fewer ectopic mounts per minute compared to NoT@P males.  
 795 Bars represent mean ( $\pm$ SEM); numbers on bars indicate sample size. \*Main effect of  
 796 pubertal testosterone,  $p \leq 0.05$ .

797 **Figure 3: The effects of pubertal testosterone and sexual experience on latency to**  
 798 **mount, intromit, and ejaculate and number of intromissions to ejaculation.** Mount  
 799 latency: There was a main effect (ME) of sexual experience on mount latency with  
 800 sexually experienced males having shorter latencies to mount compared to sexually  
 801 naïve males. Intromission latency: There was an ME of sexual experience on  
 802 intromission latency with sexually experienced males having shorter latencies to intromit  
 803 compared to sexually naïve males. Ejaculation latency: There was a pubertal  
 804 testosterone x sexual experience interaction on ejaculation latency with sexually naïve  
 805 NoT@P males having a longer latency to ejaculate compared to sexually naïve T@P  
 806 males. This effect was not seen in sexually experienced males. Intromissions to  
 807 ejaculate: There was an ME of sexual experience for intromissions to ejaculate with  
 808 sexually experienced males having less intromissions to achieve ejaculation compared  
 809 to sexually naïve males. Bars represent mean ( $\pm$ SEM); numbers on bars indicate  
 810 sample size. +Interaction between pubertal testosterone and sexual experience,  $p \leq$   
 811 0.05.

812 **Figure 4: Number of  $\Delta$ FosB-ir cells in infralimbic cortex (IL) is dependent on**  
 813 **pubertal testosterone and sexual experience.** A: Brain atlas (Morin and Wood,  
 814 2001) representation of a coronal section containing the mPFC. B: Photomicrographs of  
 815 drawn contours of the mPFC onto immunohistochemically-treated tissue sections at 4x  
 816 objective. The mPFC included the anterior cingulate (Cg1), prelimbic (PrL), and  
 817 infralimbic (IL) cortex; scale bar = 250  $\mu$ m. C: The 2 x 2 panel of photomicrographs  
 818 below the bar graph are representative images of  $\Delta$ FosB-ir in the IL for the specified  
 819 group of males; scale bars = 25  $\mu$ m. D: In the CgL and PrL, there were no effects or

820 interactions of pubertal testosterone and sexual experience on  $\Delta$ FosB-ir cells,  
821 respectively. In the IL, there was an interaction between pubertal testosterone and  
822 sexual experience on  $\Delta$ FosB-ir cells with sexual experienced T@P males having  
823 significantly more  $\Delta$ FosB-ir cells compared to sexually naïve T@P males. There were  
824 no significant differences in  $\Delta$ FosB-ir cells as a function of sexual experience within  
825 NoT@P males. Bars represent mean ( $\pm$ SEM); numbers on bars indicate sample size.  
826 +Interaction between pubertal testosterone and sexual experience,  $p \leq 0.05$ .

827 **Figure 5: Number of  $\Delta$ FosB-ir cells in the nucleus accumbens (NAc) core and**  
828 **shell is dependent on pubertal testosterone and sexual experience.** A: Brain atlas  
829 (Morin and Wood, 2001) representation of a coronal section containing the NAc. B:  
830 Photomicrographs of drawn contours of the NAc onto immunohistochemically-treated  
831 tissue sections. The NAc included the shell and core. LV = lateral ventricle; ac =  
832 anterior commissure. Scale bar = 250  $\mu$ m. C: In the core, there was an interaction  
833 between pubertal testosterone and sexual experience on  $\Delta$ FosB-ir cells with sexual  
834 experienced T@P males having significantly more  $\Delta$ FosB-ir cells compared to sexually  
835 naïve T@P males. There were no significant differences in  $\Delta$ FosB-ir cells as a function  
836 of sexual experience within NoT@P males. In the shell, there was a main effect (ME) of  
837 sexual experience on  $\Delta$ FosB-ir cells with sexually experienced males having more  
838  $\Delta$ FosB-ir expression compared to sexually naïve males. Bars represent mean ( $\pm$ SEM);  
839 numbers on bars indicate sample sizes. +Interaction between pubertal testosterone and  
840 sexual experience,  $p \leq 0.05$ .

841 **Figure 6: Visualization of GFP to verify injection site and extent of infected cells**  
842 **in the infralimbic cortex (IL).** A: Boxes of representative injection sites in the IL for

843 NoT@P-ΔFosB males over coronal atlas diagram (Morin and Wood, 2001). B:  
844 Photomicrograph of GFP over-expression in a NoT@P-ΔFosB male; scale bar = 250  
845 μm. C: Photomicrograph of GFP over-expression in a NoT@P-ΔFosB male; scale bar =  
846 100 μm.

847 **Figure 7: Over-expression of ΔFosB in the IL decreases the rate of ectopic**  
848 **mounting in NoT@P males.** NoT@P-ΔFosB males (n = 6) had significantly less  
849 ectopic mounts per minute compared to NoT@P-GFP males (n = 9). T@P-GFP males  
850 (n = 7) did not differ from either group in rate of ectopic mounting. Bars represent mean  
851 (±SEM). \*Main effect of experimental group,  $p \leq 0.05$ .

852 **Figure 8. The effects of ΔFosB over-expression in the IL and sexual experience on**  
853 **latency to mount, intromit, and ejaculate and number of intromissions to**  
854 **ejaculation.** For mount latency, there was a pubertal testosterone x sexual experience  
855 interaction with sexually naïve NoT@P-ΔFosB males having a longer latency to mount  
856 compared to sexually experienced NoT@P-ΔFosB males. This effect of sexual  
857 experience was not found in T@P-GFP or NoT@P-GFP males. For intromission  
858 latency and ejaculation latency, there was a main effect of sexual experience with  
859 sexually experienced males having shorter latencies to mount and intromit compared to  
860 sexually naïve males. For intromissions to ejaculate, there was a main effect (ME) of  
861 sexual experience with sexually experienced males having less intromissions to achieve  
862 ejaculation compared to sexually naïve males. Bars represent mean (±SEM); numbers  
863 on bars indicate sample size. +Interaction between experimental group and sexual  
864 experience,  $p \leq 0.05$



865 **Figure 9: Both sexual experience and  $\Delta$ FosB increase dendritic spines in vmPFC.**

866 A: AAV-GFP was injected into the IL of naïve (n = 22) or sexually experienced (n = 21)

867 males, and AAV-GFP- $\Delta$ FosB was injected into the IL of naïve males (n = 22).

868 Immunofluorescence using a GFP antibody reveals spines of IL pyramidal neurons in all

869 three groups. B: Thin spine density was increased by  $\Delta$ FosB overexpression. Stubby

870 spine density was not affected by either sexual experience nor  $\Delta$ FosB overexpression.

871 Mushroom spine density increased with sexual experience and showed a trend to

872 increase by  $\Delta$ FosB overexpression. Overall, total spine density was increased by

873  $\Delta$ FosB overexpression. Bars represent mean ( $\pm$ SEM). \*Main effect of experimental

874 group,  $p < 0.05$ .

## 875 Tables

876 Table 1. Concentrations of plasma testosterone

### Plasma Testosterone (ng/ml)

Group	Sexual Experience	
	Naïve	Experienced
T@P	2.77 $\pm$ 1.01	3.54 $\pm$ 1.66
NoT@P	2.77 $\pm$ 1.21	3.68 $\pm$ 1.30
sham-T@P	1.71 $\pm$ 0.72	2.59 $\pm$ 0.78
sham-NoT@P	1.67 $\pm$ 0.88	2.57 $\pm$ 0.72

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878 Table 2. Statistics for Sham Controls

Figure	Independent variable(s)	Dependent variable	Statistics (*significant)
NA	sexual experience	Latency to mount	$F(1, 24) = 14.65; p = 0.001^*$
		Latency to intromit	$F(1, 24) = 14.33; p = 0.001^*$
		Latency to ejaculate	$F(1, 24) = 31.27; p = 0.001^*$
		intromissions to ejaculation	$F(1, 17) = 12.24; p = 0.003^*$
		$\Delta$ FosB in the IL	$F(1, 23) = 4.45; p = 0.046^*$

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880 Table 3. Statistics for Experiment 1

Figure	Independent variable(s)	Dependent variable	Statistics (*significant)	Post hoc comparison (if appropriate)	Post hoc statistics (*significant)
2	pubertal testosterone sexual experience pubertal testosterone x sexual experience	ectopic mounting	$F(1, 27) = 6.75; p = 0.015^*$ $F(1, 27) = 0.69; p > 0.05$ $F(1, 27) = 0.54; p > 0.05$		
3	pubertal testosterone sexual experience pubertal testosterone x sexual experience	Latency to mount	$F(1, 27) = 0.272; p > 0.05$ $F(1, 27) = 17.43; p < 0.001^*$ $F(1, 27) = 0.309; p > 0.05$		
	pubertal testosterone sexual experience pubertal testosterone x sexual experience	Latency to intromit	$F(1, 27) = 1.01; p > 0.05$ $F(1, 27) = 15.84; p < 0.001^*$ $F(1, 27) = 2.50; p > 0.05$		
	pubertal testosterone x sexual experience	Latency to ejaculate	$F(1, 27) = 12.70; p = 0.001^*$	pubertal testosterone in naïve males pubertal testosterone in experienced males	$F(1, 24) = 10.33; p = 0.004^*$ $F(1, 27) = 0.641; p > 0.05$
	pubertal testosterone sexual experience pubertal testosterone x sexual experience	intromissions to ejaculation	$F(1, 26) = 0.465; p > 0.05$ $F(1, 26) = 25.00; p < 0.001^*$ $F(1, 26) = 2.73; p > 0.05$		
4D	pubertal testosterone x sexual experience	$\Delta$ FosB in the IL	$F(1, 23) = 10.86; p = 0.003^*$	sexual experience in T@P males sexual experience in NoT@P males	$F(1, 12) = 14.06; p = 0.003^*$ $F(1, 11) = 0.721; p > 0.05$
	pubertal testosterone	$\Delta$ FosB in the Cg1	$F(1, 23) = 0.046; p > 0.05$		

	sexual experience		$F(1, 23) = 0.082; p > 0.05$	
	pubertal testosterone x sexual experience		$F(1, 23) = 0.66; p > 0.05$	
	pubertal testosterone	$\Delta$ FosB in the PrL	$F(1, 23) = 0.133; p > 0.05$	
	sexual experience		$F(1, 23) = 2.04; p > 0.05$	
	pubertal testosterone x sexual experience		$F(1, 23) = 2.57; p > 0.05$	
5C	pubertal testosterone x sexual experience	$\Delta$ FosB in the NAc core	<b><math>F(1, 23) = 5.42; p = 0.029^*</math></b>	sexual experience in T@P males <b><math>F(1, 12) = 9.66; p = 0.009^*</math></b>
				sexual experience in NoT@P males $F(1, 11) = 0.042; p > 0.05$
	pubertal testosterone	$\Delta$ FosB in the NAc shell	$F(1, 23) = 1.60; p > 0.05$	
	sexual experience		<b><math>F(1, 23) = 7.041; p = 0.014^*</math></b>	
	pubertal testosterone x sexual experience		$F(1, 23) = 2.68; p > 0.05$	

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898 Table 4. Statistics for Experiment 2  
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Figure	Independent variable(s)	Dependent variable	Statistics (*significant)	Post hoc comparison (if appropriate)	Post hoc statistics (*significant)
7	$\Delta$ FosB over-expression sexual experience $\Delta$ FosB over-expression x sexual experience	ectopic mounting	$F(2, 22) = 3.94; p = 0.035^*$ $F(1, 21) = 1.25; p > 0.05$ $F(2, 21) = 1.20; p > 0.05$	NoT@P- $\Delta$ FosB vs. NoT@P-GFP males	$p = 0.043^*$
8	$\Delta$ FosB over-expression x sexual experience	Latency to mount	$F(2, 19) = 3.61; p = 0.047^*$	sexual experience in NoT@P- $\Delta$ FosB males  sexual experience in T@P-GFP males  sexual experience in NoT@P-GFP males	$F(1, 6) = 11.00; p = 0.015^*$  $F(1, 6) = 1.61; p > 0.05$  $F(1, 7) = 0.61; p > 0.05$
	$\Delta$ FosB over-expression sexual experience $\Delta$ FosB over-expression x sexual experience	Latency to intromit	$F(2, 20) = 1.12; p > 0.05$ $F(1, 20) = 14.09; p = 0.001^*$ $F(2, 20) = 3.06; p > 0.05$		
	$\Delta$ FosB over-expression sexual experience $\Delta$ FosB over-expression x sexual experience	Latency to ejaculate	$F(2, 20) = 2.23; p > 0.05$ $F(1, 21) = 15.20; p < 0.001^*$ $F(2, 20) = 1.64; p > 0.05$		
	$\Delta$ FosB over-expression sexual experience $\Delta$ FosB over-expression x sexual experience	intromissions to ejaculation	$F(2, 21) = 0.87; p > 0.05$ $F(1, 20) = 11.70; p = 0.003^*$ $F(2, 20) = 0.06; p > 0.05$		

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902 Table 5. Statistics for Experiment 3  
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Figure	Independent variable(s)	Dependent variable	Statistics (*significant)	Post hoc comparison (if appropriate)	Post hoc statistics (*significant)
9B	experimental group (naïve-GFP, experienced-GFP, naïve-ΔFosB )	thin spines	$F(2, 62) = 1.717; p < 0.001^*$	naïve-ΔFosB vs. naïve-GFP males  naïve-ΔFosB vs. experienced-GFP males	$p < 0.001^*$  $p = 0.016^*$
	experimental group (naïve-GFP, experienced-GFP, naïve-ΔFosB )	stubby spines	$F(2, 62) = 0.723; p > 0.05$		
	experimental group (naïve-GFP, experienced-GFP, naïve-ΔFosB )	mushroom spines	$F(2, 61) = 4.080; p = 0.022^*$	naïve-GFP vs. experienced-GFP males	$p = 0.029^*$
	experimental group (naïve-GFP, experienced-GFP, naïve-ΔFosB )	total spines	$F(2, 62) = 9.359; p < 0.001^*$	naïve-ΔFosB vs. naïve-GFP males	$p < 0.001^*$

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